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# CHRODIS+

IMPLEMENTING GOOD PRACTICES FOR CHRONIC DISEASES

## JA Chrodis Plus WP6 Workshop

# The Pathway Toward Sustainability

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# SWOT Analysis: Enablers & Barriers

Piloting a care model for patients with multimorbidity (ICMM): delivery of the care model system, decision support, self management support, information systems and technology, social and community resources

## Enablers

- Institutional leadership, consolidated policies and strategies
- Multidisciplinary teams (incl. primary care professionals), motivation, roles, responsibilities and coordination between levels of care, case manager
- Available protocols and guidelines
- Primary Care professionals trained in chronic care
- Population awareness and ICT literacy, involvement of Patient's Associations
- International networks (EIP-AHA, Chrodis+, Advantage)
- Availability of Information Systems



# SWOT Analysis: Enablers & Barriers

## Barriers

- Changes in political situation and shifts in health priorities
- Unresolved continuity of care between care levels and sectors (eg: social)
- Limited resources (time, personnel, funds), compared to population increasing needs (*sustainability*)
- Information systems not focussing on multimorbidity
- Resistance to organizational changes from the population and professionals
- Guidelines or structured training not always available
- Patient's high expectations, scarce information material, limited self management
- Lengthy approval of studies from Bioethics Committee (vs. short implementation period)
- Pressure from the Pharmaceutical Industry



# Designing the Pilot Action Plan

## Main Difficulties

- Complete description of the **Intervention** (6):
  - what (activities), where (settings), when (timing), by whom (responsibilities), with whom (collaboration)
- **Study** of the Intervention (7) and **Measures** (8):
  - relevance** of the evaluation framework
  - sources of information
  - indicators **coherent** with what is necessary to measure
  - correct** formulation of indicators



# Designing the Pilot Action Plan

## Main Difficulties

- Coherence** between weaknesses & threats (SWOT), improvement areas and activities
- Potential benefits of proposed activities (**evidences**)
- Exhaustive activities **details** (eg: training of professionals-needs identification, guidelines, training, monitoring, results)
- Activities **realistic timing**
- Feasible** attribution of **responsibilities**



# Key Recommendations to Enhance Sustainability

- Further involvement of local and national **authorities**
- Widen the **intersectoral** approach (health, social, community, education, workplaces): *sharing resources/tools*
  - Enhance the involvement of primary care facilities/actors (GPs, nurses, pharmacists), as gatekeepers to secondary care services
- Involve **patients** and their associations (social, equity, access to care)
- Improve **M&E Frameworks**:
  - according to existent HIS systems and resources
  - using also qualitative investigations: patient's and professional's in-depth opinions and suggestions
  - if possible plan for future HIS developments



# Enhancing and Reporting Sustainability (Guidelines on Implementation Strategy)

***Institutional:*** describe if, as effect of the activities, there was a further involvement of key institutions at the sub national and national level and the related effects in terms of strategies, policies regarding the project's objectives and expected results.

***Stakeholder's involvement:*** describe the involvement of beneficiaries, institutions and actors important for the development and continuation of the activities beyond the implementation;

***Intersectoral collaboration:*** describe the involvement of relevant sectors (health, social, community, others);

***Allocation of Resources:*** describe if, as effect of the project activities, funding and resources were allocated to continue the activities beyond the implementation;

***Organizational changes:*** describe if, as effect of the project activities, decisions of changes in the design and delivery of services were taken;

***Multiplier effect:*** describe the changes in terms of replication and extension of good practices, Model and tools.

