

Care pathways –Task 2

- Review (BMJ 2012 Sep 3;345:e5205) → **Evidence on the care of patients with multimorbidity is limited... Interventions had mixed effects...**
- Update (NIVEL) → **Programs varied** in the target patient groups, implementation settings, number of included interventions, and number of chronic care model components ... **Different components of the intervention were identified (comprehensive programs)**



Lack of standardization

Needs

- Identify components of interventions
- Assess their cost-effectiveness
- Identify target population for each component
- How to standardize components?
- Setting?

Needs

- **Identify components of interventions**
 - based on the work by NIVEL

Component 1

- Delivery system design
 - Case manager
 - Multidisciplinary team
 - Individualized care plans
 - Comprehensive assessment

Component 2

- Decision support
 - Implementation of EBM
 - Team training

Component 3

- Self management
 - Health literacy
 - Patient education (verbal education + educational material)
 - Family education
 - Self-management approach for patients
 - Patient assessment of quality of care

Component 4

- Community resources
 - Access to community resources
 - Involvement of social network
 - Psychosocial support

Component 5

- Clinical information system
 - Electronic patients records
 - Computerized clinical charts

Needs

- Identify components of interventions
- **Assess their cost-effectiveness**
- **Identify target population for each component**
- **How to standardize components?**
- **Setting**

Expert meeting

1. Expert judgment

- Effectiveness
- Cost effectiveness
- Reliability
- Applicability

2. Identify target population for each component based on risk factors.

3. Define minimum set of key characteristics to standardize them

Your opinion

- Programme
- Components
- Expert meeting and issues to assess
- Experts?