

FEATURED ARTICLE

# JA-CHRODIS Final Conference successfully ends the three-year Joint Action



The last event organised by JA-CHRODIS took place on the 27th and 28th February 2017 in Brussels. A total of 238 participants, including health policymakers, researchers, networks and representatives of patient groups, attended the day-and-a-half event consisting of keynote presentations from high-level decision-makers, panel discussions and workshops.

Keynote speakers included Vytenis Andriukaitis, European Commissioner for Health and Food Safety, who took the opportunity to praise the achievements of JA-CHRODIS in the area of health promotion. Identifying good practices and the factors affecting their transfer to other areas has been crucial: "The time has come to implement best practices to make a real impact on the ground."

The event also provided a forum for exchanging insights into the successes of the Joint Action and the next steps for building on the positive outcomes as well as maximising the impact of results. During the conference, the "12 steps towards implementing practices to reduce the burden of chronic disease" were presented by Carlos Segovia, the Joint Action's coordinator, and the CHRODIS Platform was officially launched to the public.

The speakers' presentations, pictures and other results are now available on [JA-CHRODIS website](#)

## 12 Steps available in eight European languages

Launched at the Final Conference, the "12 steps towards implementing practices to reduce the burden of chronic diseases" are based on and encompass the Joint Action's three-year work at European level on the prevention and management of chronic diseases and are meant to provide recommendations for the implementation of practices during the next Joint Action CHRODIS+. The document has now been translated and is available in the following languages: French, German, Italian, Lithuanian, Portuguese, Slovenian and Spanish.

The 12 steps and the translations can be downloaded [here](#).

## Discover the CHRODIS Platform now!

The CHRODIS Platform, one of the main outcomes of the Joint Action, was officially presented at the Final Conference in a dedicated session, which focused on how patients, decision-makers, practitioners and researchers can make the best use of this online knowledge-sharing resource. It consists of an up-to-date clearinghouse of evaluated good practices for the prevention and care of patients with chronic diseases. It also includes an online helpdesk to offer guidance and answer questions on implementation and a digital library consisting of a wide range of relevant content.

Join the CHRODIS Platform and share your good practice on chronic diseases at: [platform.chrodis.eu](https://platform.chrodis.eu)

## In other news...

### ... goodbye and see you in CHRODIS+!

JA-CHRODIS has officially come to an end on the 31st of March. Exciting and innovative work has been produced in the fields of health promotion, multimorbidity and diabetes as a case study for the management of chronic diseases, and key outcomes include the multimorbidity care model, which is already being piloted in the Netherlands, a policy brief and concrete recommendations for improving the quality of care of people with diabetes, and the identification of good practices and success factors, which enable their transfer or scaling up in the field of health promotion and disease prevention. All outcomes are at your fingertips on the JA-CHRODIS website, under **Outcomes & Results**. A big thanks goes to all associate and collaborating partners and to all contributors who made it possible to achieve such results through their hard work.

Now, it is time for implementation! Building on this past knowledge, the next Joint Action, CHRODIS+, will put these outcomes into practice and make its contribution towards a healthier Europe.

Stay tuned for the next developments of the new Joint Action!

## Upcoming Events

- 5th April: **Sunfrail seminar on frailty and multimorbidity** (Brussels, Belgium)
- 3rd May: JA-CHRODIS guest session at EWMA 2017 (Amsterdam, the Netherlands)

## Publications

- 12 Steps towards implementing practices to reduce the burden of chronic diseases  
>**Read more**
- Results from high level group on nutrition and physical activity, Brussels, 8th March 2017  
>**Read more**
- JA-CHRODIS video: addressing chronic diseases and healthy ageing across the life cycle  
>**Watch the video**

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## Get involved

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