

Joint Action on Chronic Diseases and Promoting Healthy Ageing Across the Life Cycle

1st STAKEHOLDER FORUM REPORT

Madrid, 24 October 2014



This document arises from the EU CHRODIS Joint Action which has received funding from the European Union, in the framework of the Health Programme (2008-2013). Sole responsibility lies with the author and the Executive Agency for Health and Consumers is not responsible for any use that may be made of the information contained therein

JA-CHRODIS FIRST STAKEHOLDER FORUM

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Forum Report

The meeting was co-chaired by Maria Iglesias, Albrecht Werner from the DG SANCO, Elena Andradas from Spanish Ministry of Health, Alfonso Beltrán from the Institute of Health Carlos III (ISCIII) and, Juan E. Riese, Coordinator of the Joint Actions CHRODIS. 64 participants from 13 countries from the following organisations: Gesundheit Österreich (GmbH), DG SANCO, European Heart Network, EuroHealthNet, Pharmaceutical Group of the EU, Servier Monde, ROCHE, Federal Centre for Health Education (BZgA), Saxonian Diabetes Association, e-Health Unit "SOTIRIA" Hospital (YPE), Istituto Superiore di Sanità (ISS), Agenzia Italiana del Farmaco (AIFA), Vilnius University Hospital Santariskiu klinikos (VULSK), University of Medicine and Pharmacy "Carol Davila" Bucharest, Slovenian National Institute of Public Health (NIJZ), Osakidetza-Basque Health Service, Ministry of Health Social Services and Equality (MSSSI), Consejería de Salud y Política Sociosanitaria of Extremadura, Institute of Health Carlos III (ISCIII), Boston Scientific, Instituto Aragonés de Ciencias de la Salud (IACS), Spanish Society of Primary Care (SEMERGEN), Spanish Association of Nursing in Cardiology, Merc & Co, Regional Government of Cantabria Health Social Welfare, Spanish National Centre of Epidemiology, Gerencia Atención Primaria de la Comunidad de Madrid, Telefónica, Novo Nordisk, ISCIII-Telemedicine Unit, University Hospital of Getafe, Institute of Genetic Medicine of Newcastle University, Platform for Better Oral Health in Europe attended the Forum. The list of participants to the JA-CHRODIS first stakeholder forum is available at: <http://www.chrodis.eu/wp-content/uploads/2014/10/PARTICIPANTS-LIST.pdf>



Opening session

Alfonso Beltran welcomed everyone on behalf of the Director of the ISCIII. Elena Andradas welcomed the participants and explained the experience and leading role of the Spanish MoH on addressing chronicity.

The representatives of DG SANCO underlined on the importance of Joint Actions emphasising on the mechanism of having Member States committed to a better health in Europe. They highlighted three challenges that the European Commission (EC) is faced with, the health system reorganisaton, prevention strategies and rolling out supportive environments. The EC emphasised that in the EU we have the tools on how to treat chronic diseases but need to implement those, e.g early diagnosis screening tools are there, we should be cautious to not reinvent the wheel.

The contribution of the European Innovation Partnership on Active Healthy Ageing (EIP on AHA) to JA-CHRODIS was also described following by the presentation of the EIP-AHA by DG SANCO, highlighting the good practice collection, the work of the Action Groups, and synergies across the action groups as well as the monitoring framework and scaling up strategy.

The representative of Institute of Aragon highlighted the work in the integrated care group of the EIP on AHA where they are using the good practice collection with a focus on patient driven interventions and organisation or systematic organization interventions for this JA.

Lecoadio Rodríguez Mañas spoke on the functionality aspect, to look at the effect on functionality of person with a chronic condition and manage that; in terms of prevention need to focus on understanding the link between chronic diseases and frailty.

The JA-CHRODIS coordinator emphasised on the main objective of the JA which is to promote the exchange of good practices in order to improve the life style of people with chonic conditions across the life cycle with special focus on healthy ageing.



The objectives of the first Stakeholder Forum are to:

- Inform stakeholders and provide them with first-hand information,
- Gather views and contributions on various elements of the Joint Action,
- Assess the potential stakeholder contributions in each Work Package,
- Disseminate results throughout the stakeholder groups.
- Link the JA-CHRODIS to other initiatives and projects

It is important to create the right linkages between Joint Actions themselves and also with other external groups relevant in the field, as this helps to work on a synergic basic. Stakeholders will also play an important role in disseminating the Joint Action outputs, as work Package 2 leader explained in her presentation.

The Stakeholder Forum was split into two breakout groups. Short (10 minutes) presentations from all of the Work Packages were given to both groups– one section focused on horizontal work (Coordination, Dissemination, Evaluation), the other on core work (Platform of Knowledge Exchange, Health promotion, multimorbidity and diabetes type 2). All of the presentations are available online at <http://www.chrodis.eu/events/ja-chrodis-stakeholder-forum/>

Breakout sessions

The breakout groups were moderated by Albrecht Werner from DG SANCO and Fernando García from the Spanish National Centre of Epidemiology of the Institute of Health Carlos III.

The main discussion points/conclusions from both groups were:

1.- Horizontal work packages (Coordination, Dissemination and Evaluation)

- To develop ways for stakeholders participation and establish a way for them to contribute to the work of JA (contact with WP Leader and the stakeholder forum and use the platform of knowledge exchange).
- Take advance of the experience of different stakeholder as a tool for the transfer of Good Practices.



- For the Governing Board:
 - It is important to work with the intersector relationship with other Ministries.
 - The Governing Board should work in the progress of the project not only in the final results.
- An active participation of all partners and stakeholders of the JA in the dissemination is essential for the success of the JA.
- They will take into account the difficulties with the translations and different languages for all the people.
- The presented model of the evaluation needs to take into account the monitoring of the progress of the project as well as the evaluation of the outcomes, with a clear timeline.
- It is also important to evaluate the collaboration level of the partners in the JA.
- The transfer of good practices should be the final goal but it is also important to have a mid-term evaluation of progress with the setting of clear and common list of criteria.

2.- Core work packages

➤ **WP4: Platform of Knowledge Exchange**

- The Platform of Knowledge Exchange (PKE) will be the place where policy-makers, practitioners, patients, researchers will find and share the best practices on chronic care, at EU level.
- Experts behind the helpdesk will answer all kind of questions, and there will have a broad range of online tools available. Nonetheless this part of the platform is still under design.
- A business plan is being designed to address sustainability and scaling up of the platform, probably by adding new functionalities.
- A stakeholder's review is suggested and will be taking into account.

➤ **WP5: Health Promotion**

- Addressing factors such as mental status was discussed but the partners had decided at first meeting to focus on main risk factors for cardiovascular disease and diabetes.



- Knowledge from previous works and projects at EU level will be integrated and linked.
- Healthy ageing is considered because of the evidence that prevention is effective at all ages. Nonetheless, a life cycle perspective is taken.
- This JA focuses on identifying practices already tested, which are successful and can be transferred. The goal is to know how far we have come and move on from there.

➤ **WP6: multimorbidity**

- A local database analysis performed by the involved partners and literature review will provide an insight into the problems across different healthcare models.
- The WP6 will consider effectiveness, cost-effectiveness and replicability while selecting the care pathways, which will be combined on a single “model” care pathway.
- Progressive steps of involvement and management of multi-morbidity will be described. The “how to do” will be made clear to policy makers in order to drive the change.
- A review of the existing training Programmes and suggested optional adjustments will allow training the personnel as per suggested multi-morbidity single “model” care pathway.

➤ **WP7: diabetes**

- Main objective of this WP is to improve coordination and cooperation among European countries to act on diabetes, searching for “EU added value”.
- Cultural and social aspects (“the drivers to change”) will be of great importance in order to achieve a real success. A policy commitment is not enough.
- Need of professional cultural changes will be in part addressed by inviting scientific associations to get involved on this WP and JA as stakeholders.



- National diabetes plans are only a tool that needs to be used properly.
- The goal is not so much to have a national plan for diabetes but to cover all nuclear aspects of diabetes prevention and care at a country level

Closing session

The participants considered the forum as very useful. Its success should also be measured by how widely the JA is disseminated and implemented at national level.

Albrecht Werner invited the JA –CHRODIS leaders to also disseminate at a political level.

Collaborating partners are invited to contact respective Work Package Leaders on ways to collaborate within each specific Work Package. The list of Collaborating Partners is not closed and more partners can be added as the Joint Action progresses. For information on becoming a Collaborating Partner, please contact info@chrodis.eu.

A web forum will be set up in order to exchange and receive the contribution from stakeholders.

This Stakeholder Forum was the first of three such meetings in the duration of the Joint Action. The next Stakeholder Forum is provisionally scheduled to take place in Brussels as a strategic place in Spring 2015. The list of stakeholders will be updated. Inputs from the evaluation form will be taken into account in order to improve the organization and content of future JA-CHRODIS stakeholders fora.

