

Joint Action on Chronic Diseases
Kick-off meeting
Madrid, 29th - 30th January 2014

WP7
Diabetes: a case study on strengthening health care for people with chronic diseases

Work plan

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WP7 - DIACHRONIC

Our goal

Recommendations to improve early detection and preventive interventions, to strengthen health literacy, patient empowerment and training for health professionals especially, and to develop National Diabetes Plans. Definition and agreement on a common minimum set of indicators.

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*"A goal without a plan is just a wish."
Antoine de Saint-Exupéry*



Failing to plan is planning to fail

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WP7 - DIACHRONIC Tasks


- 1. Prevention of diabetes: focus on people at high risk**
Task Leader: Jaana Lindström, Finland
- 2. Secondary prevention of type 2 diabetes**
Task Leader: Ulrike Rothe, Germany
- 3. Non-pharmacologic interventions - Health promotion interventions**
Task Leader: Monica Sørensen, Norway
- 4. Education strategies and approaches**
Task Leader: Andrea Icks, Germany
- 5. National diabetes plans**
Task Leader: Jelka Zaletel, Slovenia

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Things to do

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1. Prevention of diabetes: focus on people at high risk

Identification of existing prevention strategies (including identification of high-risk individuals and early detection of type 2 diabetes, followed by preventive interventions): what's happening in the various Countries?

- Definition of the search strategy
- Definition of core elements of the questionnaire for the collection of data
- Search scientific literature
- Collection of questionnaires' results
- Evaluation of collected data

Development of cross-national recommendations to improve the identification of high-risk people, early detection of diabetes and preventive interventions.

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2. Secondary prevention of type 2 diabetes

Identification of existing intervention strategies in Countries included in the Joint Action, and other MSs. Models of care delivery, and centeredness of people with diabetes will be the main focus.

- Epidemiology of diabetes in Europe
- Development of a common template to evaluate the current situation of diabetes care organization.
- Review of the state of the art in the care pathways for diabetic people, instruments and support structures.
- Identification of the core elements of successful strategies.
- Identification of social and psychological barriers for the access to care.
- Agreement on a common minimum set of indicators.

Development of cross-national recommendations to improve the quality of care for people with diabetes.

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3. Health promotion interventions
Non-pharmacologic interventions

Assessment of early non-pharmacologic (*psycho-socio-educational*) intervention strategies for type 2 diabetes, identification, recommendation, and sharing of good practises.

- Review of non-pharmacologic intervention strategies at all stages of the disease.
- Identification of existing intervention strategies.
- Definition of the minimum data set and of the extraction form to collect data.
- Identification of social and psychological barriers for the access to care and for empowerment.

Development of cross-national recommendations on early non-pharmacologic intervention strategies.

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4. Education strategies and approaches

- Identification of participation preferences and information needs of people with diabetes and those at high risk, with particular attention on groups with special needs (pregnant women, migrants, disadvantaged people, elderly persons, ...).
- Overview of existing guidelines on effective training for health professionals and other stakeholders, aimed at health literacy and patient empowerment.
- Survey on available training models and tools.
- Review of effective educational strategies and interventions to strengthen health literacy and patient empowerment capacity.
- Identification of social and psychological barriers for the access to care and for empowerment.

Development of recommendations on appropriate patient education strategies and interventions to strengthen health literacy and patient empowerment capacity and assessment of their impacts.

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5. National diabetes plans


- Mapping and overview of national policy documents related to diabetes.
- Mapping of existing NDPs (translated) in Member States will be performed, provided from MSs representatives.
- Collection of additional data using a web-based questionnaire, developed by the working group.
- Systematic overview of all NDPs of MSs and answers to the questionnaire. Overview will focus on contents of the NDPs, supportive/inhibitory processes and opportunities and barriers for development, implementation and sustainability of NDPs.
- Collection of additional data by semi-structured interviews.

Development of a NDP guidelines including the essential elements of any diabetes plan, with enough room for adaptation to local implementation conditions in any kind of social, economic and cultural context, including definition and agreement on a common minimum set of indicators for the monitoring of the NDP

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Methods and means

- ✓ A collaborative method based on consensual decisions made by the task leaders, WP leader and co-leader, in accordance with the JA Executive Board.
- ✓ Task coherent work plans.
- ✓ Use of the platform as the main tool for supporting all the activities.
- ✓ Create a Community of Practice



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Chronogramme


Main Tasks	1st year 2014							2nd year 2015							3rd year 2016											
	1	2	3	4	5	6	7	8-17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
Definition of the detailed work plan																										
Definition of core elements and tools for the collection of data																										
Development of a common template to evaluate the current situation of diabetes care organization																										
Identification of the core elements of successful strategies and of barriers for the access to care																										
Review of non-pharmacologic intervention strategies																										
Review of effective education materials for patient empowerment																										
Survey on available training models for health professionals																										
Mapping of existing NDPs, semi-structured interviews																										
Data analysis																										
Workshop to analyse collected data on processes in NDP development, implementation, sustainability																										
Draft of cross-national recommendations																										
Draft of guidelines for NDP development																										
Finalized recommendations																										
WP7 JAG Experts/industrial meeting																										
Dissemination/publication of results																										

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What we expect from partners

Identification of Aps, CPs representatives
Collaboration to the
definition of questionnaires for the collection of data
(documents, existing strategies, good practises...)
Collection, analysis and comparison of information collected
in the different tasks



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Community of Practice aims

- Knowledge and expertise sharing on WP7 domain
- Tools creation
- Knowledge management
- Generation of new knowledge

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Respond to the WP7 goals

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2014 definition of work plan and tools
collection of data

2015 analysis and comparison of
information collected in the
different tasks

2016 draft recommendations
finalized recommendations

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