



Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (CHRODIS-JA)

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Kick Off Meeting

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CHRODIS-JA - What should it be

- **It is a networking effort of the participant National Governments**
- **It is a linkage and exchange methodology, based on the current policy agenda and existing experiences across Europe**
- **It is a research initiative using scientific methodology –sound and replicable- to inform the best policies and practices**
- **In the end of the day, it is an initiative meant to yield an EXCHANGE KNOWLEDGE SYSTEM focused on informing on the best policies and practices as well managers and practitioners, on how to act when implementing policies and practices on chronicity (CVD, stroke and diabetes)**



What the JACD should not be

- It is not a mere think tank pouring opinions about the strategies within each participant country;
- It is not a research project focused on specific research questions;
- It is not a discussion forum (only)



Some facts about CHRODIS-JA

- 26 countries
- 36 Associated Partners
- 23 Collaborating Partners in the original proposal
- 60 partners in total
- Number of tasks: 30
- Duration: 3 years

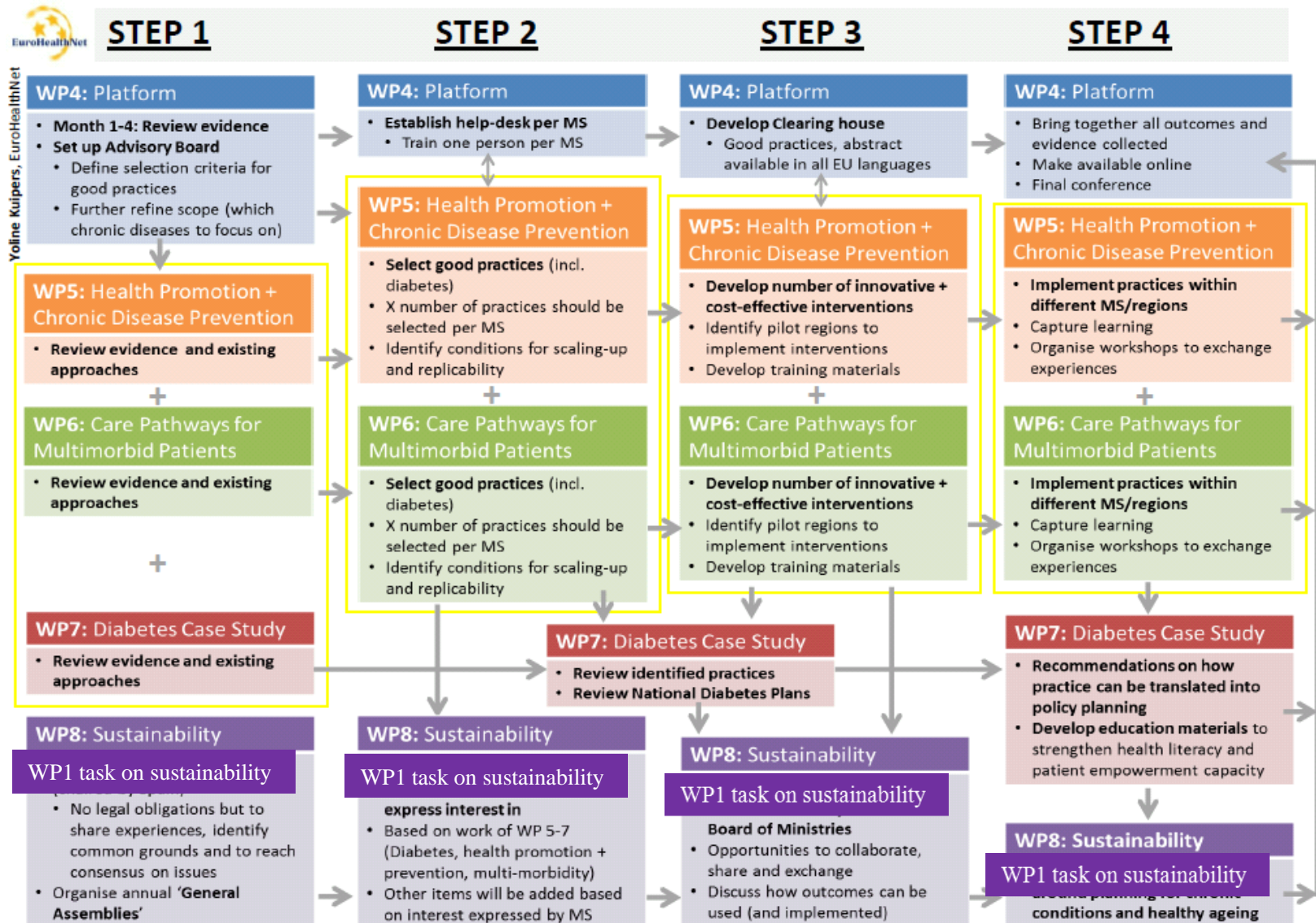


The structure of CHRODIS-JA

- **WP 1.** Coordination of the Joint Action
- **WP 2.** Dissemination of the Joint Action
- **WP 3.** Evaluation of the Joint Action
- **WP 4.** Platform for knowledge exchange
- **WP 5.** Good practices in the field of health promotion and chronic disease prevention across the life cycle
- **WP 6.** Development of common guidance and methodologies for care pathways for multi-morbid patients
- **WP 7.** Diabetes: a case study on strengthening health care for people with chronic diseases



CHRODIS-JA at a glance





General Objective of CHRODIS-JA

To identify, exchange, scale-up and transfer best practices and effective interventions on health promotion and chronic disease prevention, multi-morbidity focusing mainly cardiovascular diseases including stroke and diabetes based on a Platform for Knowledge Exchange and a clearinghouse.

This is to be achieved by collecting experiences, interventions and plans and developing a methodology that will support identification and selection of potentially effective interventions for exchange or transfer to other settings.

Taking into account in CHRODIS-JA

- Major behavioral and individual risk factors such as diet, physical inactivity, alcohol abuse and smoking with a special focus on the elderly.
- Wider social and economic determinants along with their implications on inequalities in health, with specific reference to minorities, migrants, or low income groups.
- Dissemination of tCHRIDS-JA activities.
- The sustainability of CHRODIS after its 3-years activity will be explored in order to keep giving service to the society.



Specific objectives of CHRODIS-JA

- Building a Platform for Knowledge Exchange, including a help desk and a clearinghouse
- To promote the exchange, scaling up, and transfer of highly promising, cost-effective and innovative health promotion and chronic disease prevention practices (among elderly)
- To design and implement innovative, cost-effective and patient-centred approaches for multi-morbid patients including case management training programmes for care personnel
- To identify preventive, early detection, non-pharmacological & educational best practices & multidisciplinary interventions for diabetes to be transferred among regions & support national plans
- To discuss the sustainability of CHRODIS-JA after its end based on the collaborative initiative among Ministries



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LET'S FOCUS OUR TASKS AND OBJECTIVES

Thank you very much for your cooperation!