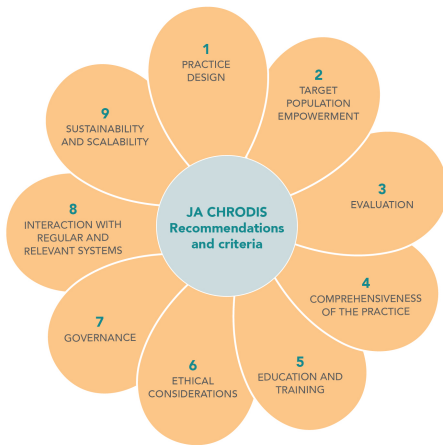




## GUIDE FOR THE IMPLEMENTATION OF GOOD PRACTICES

based on results of JA CHRODIS PLUS from 8 countries using JA CHRODIS RECOMMENDATIONS AND CRITERIA (QCR)

Authors: Core writing group on behalf of WP7 partners  
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The Guide was developed in Joint action **CHRODIS PLUS**, a three-year initiative (2017-2020) funded by the European Commission and participating organisations with 42 beneficiaries representing 20 European countries. The purpose of CHRODIS PLUS was to tackle the increasing burden of chronic diseases by promoting the implementation of policies and practices in this field. The Guide provides a step-by-step tutorial for the implementation of JA CHRODIS Recommendations and criteria (1.) based on pilot action experiences across 8 different countries collaborating in Work package 7: Fostering quality of care for people with chronic diseases.

### SEVEN STEPS OF THE IMPLEMENTATION PROCESS

**Establishment of the core leadership group and the implementation working group:** involvement of stakeholders with varying degree of participation – individuals, institutions or organizations that are in any way affected by the implemented practice, or are important for the sustainability/scalability of the practice. Target population participation is key!

**Scope of the practice:** problem, general purpose, target population are outlined and core features of the practice are selected.

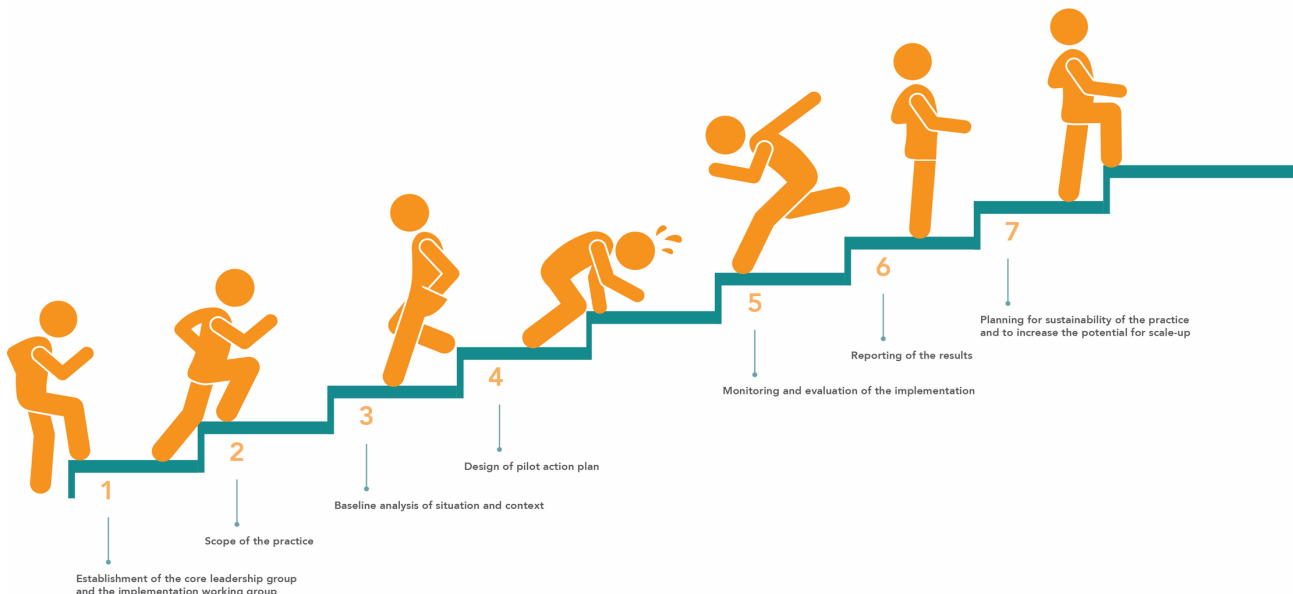
**Baseline analysis of situation and context:** identification of contextual factors that might affect the implementation using quantitative, qualitative or mixed methodology.

**Design of pilot action plan:** specific objectives, activities, responsibilities, timeline and key performance indicators are defined.

**Monitoring and evaluation of the implementation:** using PDSA (Plan-Do-Study-Act) methodology, the outcomes of the evaluation are linked to action to foster continuous learning and/or improvement and/or to further reshape the practice.

**Reporting of the results:** reporting conveys core information and messages the scientific, professional and lay communities as well as to the decision-makers, and is an essential building element for the sustainability and scalability.

**Planning for sustainability of the practice and to increase the potential for scale-up:** sustainability of the practice can be ensured through institutional anchoring and/or ownership/broad support by the relevant stakeholders or communities. Sustainability is to be planned from day one of the implementation journey.



(1) Available at: *Int. J. Environ. Res. Public Health* 2020; 17; 951: doi: 10.3390/ijerph17030951