

# **COLLABORATIVE APPROACH IN CONTROL AND PREVENTION OF CARDIOVASCULAR AND METABOLIC DISORDERS**

*(Organised by the Ministry of Health - 29 October 2019)*

## **BACKGROUND**

Cardiovascular diseases and cancer account for almost three-quarters of deaths in Slovakia. Heart diseases and stroke are the leading causes of death, followed by lung and colorectal cancers. Slovakia wishes to support health promotion across the broader health system, increase the use of clinical preventive services, provide services that extend care outside the clinical setting, implement interventions that reach the whole population.

## **OBJECTIVES**

To discuss with the experts on diabetology, cardiology, general medicine and public health how to collaboratively approach prevention of cardiovascular and metabolic disorders. More specifically, participants aimed to prepare the concept of the National Program of Health Promotion and Healthy Lifestyle and discuss the creation and implementation of standard diagnostic and therapeutic procedures in the field of diabetology for adults and children.

## **CONCLUSIONS AND MAIN ACTION POINTS**

The conclusions of the dialogue will serve as a starting point for the creation of a new National Health Promotion and Healthy Lifestyle Programme for 2020-2026, which the Ministry of Health should submit for the Government's meeting discussion and further approval. This process requires the highest political support, as well as appropriate investment in terms of stakeholder efforts, prioritization and financial resources.