



CHRODIS+
IMPLEMENTING GOOD PRACTICES FOR CHRONIC DISEASES



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Use of the JA CHRODIS Quality Criteria and
recommendations: enablers, barriers and key messages

Experience from *Greece*

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Title of our pilot action

Interpretation of low Greek potential policies regarding prevention and self-management of chronic disease. Use of the QRC toll as a possible approach method to overcome the policy barriers.



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- Educate medical and paramedical staff in the culture of the prevention medicine and the self-management of hypertension and diabetes.
- Awakening of the stakeholders in order to overcome communication and collaboration barriers between them, forming a effective team.



Enablers



What helped you in the past and/or is helping you to use JA CHRODIS Quality Criteria and Recommendations (QCR Tool)

1. High level of education and knowledge from Greek trainers (Experts in Greece are very familiar with the educational procedure since a lot of seminars and lectures in Greek medical societies events and congresses took place every year)

2. Social media are very strictly and well corporates with doctors in health topics

3. Communities of patients with chronic disease already exist

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Barriers



What was a barrier in the past and/or is still a barrier to the use JA CHRODIS Quality Criteria and Recommendations (QCR Tool)

1. Stiffness culture in novel tactics and practices
2. Lack of potential infrastructure and human resources (medical and paramedical personnel)
3. Lack of willines from the politicians to brake the communication and corporation barrier between them and the stakeholders in chronic disease management

Key messages

Key messages from the use JA CHRODIS Quality Criteria and Recommendations (QCR Tool) in your pilot action

1. Patient voice is not a usually “tactic” in Greek medical culture (revealed by using the QRC tools)
2. Greek people health prevention culture is at very low level (revealed by using the QRC tools)
3. Patients’ resignation from the education and training process for their disease/s and for their treatment regimens. (revealed by using the QRC tools)
4. The QRC tool must be developed in a parallel way with flexibility according every country special needs
5. The QRC tool could be a possible potential way to <broke> the barriers between politics the stakeholders

„Personalised“ conclusion or message

The use of QRC tool thought our pilot action plan could be a possible potential way to reveille and <broke> the barriers in communication and corporation between politics and stakeholders, in order to awake self-management culture and prevention of diabetes and hypertension in Greece.



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The Joint Action on Implementing good practices for chronic diseases (CHRODIS PLUS)

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