

# Implementation of CHRODIS Integrated Care Model for Multimorbidity in Aragón, Spain

Antonio Gimeno<sup>1</sup>, María Bestué<sup>2</sup>, Mabel Cano<sup>2</sup>, Carmen Chaverri<sup>2</sup>, Mercedes Febrel<sup>2</sup>, Alexandra Prados<sup>1</sup>, MultiPAP Group; on behalf of the LIWG\*

<sup>1</sup>EpiChron Research Group, IACS, Zaragoza, Spain

<sup>2</sup>Departamento de Sanidad, Gobierno de Aragón, Spain

\*Local Implementation Working Group  
[agimenomi.iacs@aragon.es](mailto:agimenomi.iacs@aragon.es)



## Our goal

To pilot the implementation of the **Integrated Care Model for Multimorbidity (ICMM)** in an Spanish regional healthcare setting to:

- Test the **feasibility** of implementation
- Assess the **success** of the implementation
- Develop country-specific **adaptations**

Kronikune's Implementation strategy

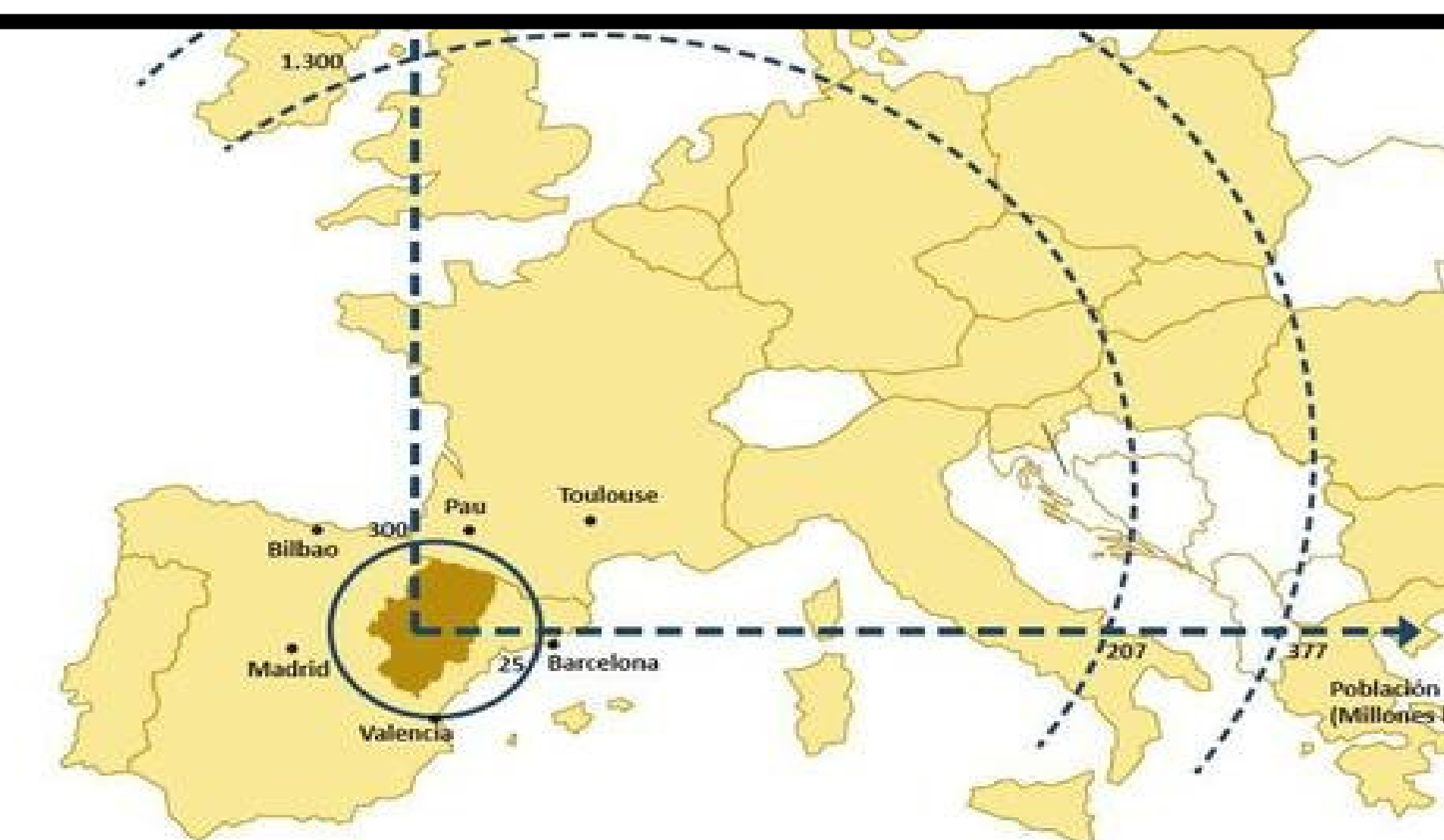
## Aragón (Spain)

13 Primary Care Centres + 3 Hospitals

21 Family Physician – Nurse teams involved

**312 patients:** 65+ yrs, multimorbidity, polypharmacy

December 2018 – December 2019



### Training of professionals

in multimorbidity, polypharmacy and patient-centred care through an **online course**

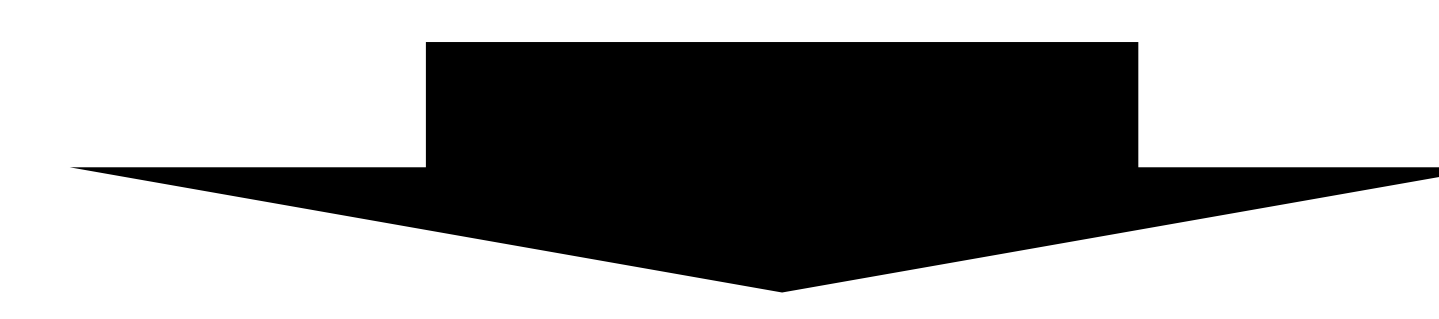


### Complex Chronic Patient Care Strategy

- Comprehensive assessment and individualized care plan
- Case manager
- Chronic care unit at hospital
- Interconsultation system
- Sharing of patient's information among levels of care

### Community Care Strategy

- Detection of social needs and referral to social services
- Recommendation of community assets



**Better healthcare models for better health outcomes in multimorbid patients**

