

CHRODIS PLUS Joint Action

Over **60 organisations** representing **21 EU countries** join forces and share experiences to fight chronic diseases



IMPLEMENTING GOOD PRACTICES FOR CHRONIC DISEASES









MISSION

EU Member States employ a wealth of models and policies on effective and efficient ways to prevent and manage chronic diseases. By making better use of this knowledge, there is significant potential for reducing the burden of these diseases. The CHRODIS PLUS Joint Action actively contributes to sharing these various models and policies.

21 IMPLEMENTATION PROJECTS

With a focus on

- Health promotion & primary prevention
- Integrated multimorbidity care model
- Fostering the quality of care for people with chronic diseases
- ICT-based patient empowerment
- Employment & chronic diseases

17 POLICY DIALOGUES

- 15 at the national level and 2 at the EU level
- Aim: to increase decision-makers' awareness and acceptance of improved actions to combat chronic diseases



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18-19 September 2017

Kick-off meeting in Vilnius (Lithuania)

May 2019

Budapest Conference (Hungary)

June 2020

Final Conference

This three-year initiative (2017-2020) under the Third Health Programme (2014-2020) is funded by the European Commission and the participating partner organisations.

WORK PACKAGE LEADERS

WP4 - Integration into national policies and sustainability

WP5 - Health Promotion & Disease Prevention

WP6 - Multimorbidity Care Model

WP7 - Fostering the Quality of Care WP8 - Employment & Chronic Diseases WP1 - Coordination

WP2 - Communication

WP3 - Evaluation

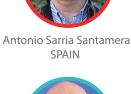


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IMPLEMENTATION PROJECTS

Implementing and testing public health models

HEALTH PROMOTION AND DISEASE PREVENTION

Focus 1 > Apply good practices through the implementation projects that target three different groups: children, the working population and older people

Focus 2 > Showcase the better integration of health promotion and disease prevention in different country settings and validate the applicability of various best practices in different health care settings

5 good practices are implemented by 8 organisations in 5 countries: Italy, Lithuania, Iceland, Malta and Spain.

MULTIMORBIDITY CARE MODEL

Focus 1 > Field test the new **Integrated Multimorbidity** Care Model for people with multiple morbidities

Focus 2 >> Produce an adapted version of the Integrated Multimorbidity Care Model that can be applied in various contries and settings

The Multimorbidity Care Model is implemented by 5 organisations: primary and tertiary care hospitals in Lithuania, Italy and Spain.

OUALITY CRITERIA AND RECOMMENDATIONS TOOL

Focus 1 > Implement the Quality Criteria and Recommendations (QCR) Tool, a set of nine areas to be addressed to improve the quality of care for people with chronic diseases

Focus 2 > Evaluate the applicability and transferability of the QCR Tool across European countries to identify key factors that foster health and care provision, including the use of mobile technology

The Quality Criteria and Recommendations Tool is implemented by 8 organisations in: Bulgaria, Croatia, Finland, Germany, Greece, Serbia, Slovenia and Spain.

EMPLOYMENT AND CHRONIC DISEASES

Focus 1 > Identify and implement good practices in the area of employment and chronic non - communicable diseases (NCDs) that constitute a novelty for the health and social sectors

Focus 2 Develop a Training Tool for Employers and a Toolkit for Adaptation of the Workplace to increase inclusion, reintegration and retention of people with NCDs in workplace settings

The good practice developed by the Lombardy Workplace Health Promotion Network is implemented in Spain.

POLICY DIALOGUES

A policy dialogue is an essential component of the policy and decision-making process intended to contribute to informing, developing or implementing a policy change following a round of evidence-based discussions, workshops, and consultations on a particular subject.



- map additional measures and complementary actions of federal and regional health authorities in the framework of the national policy plan "Integrated care for better health"
- » identify gaps and overlaps and developing an approach to address them

CROATIA

explore how to improve health and well-being with a clear focus on the reduction of premature mortality from NCDs by 30% with due consideration to the UN Sustainable Development Goals

GREECE

- implement relevant policies and practices to address integrated care for the elderly
- focus on the adoption of integrated care at the Primary Care level of the national Health and Social Care System

HUNGARY

- increase the protection of adolescents with regards to access to tobacco products
- » examine the process of establishing a more efficiently controlled process for the sale of cigarettes in authorised tobacco shops

ICELAND

- explore how the Health promoting community program (HPCP) can support the implementation of the WHO Sustainable Development Goals (SDGs)
- » special focus on SDG no 3: Ensure healthy lives and promote well-being for all at all ages

IRELAND

- » practice, explore and document some of the opportunities and challenges in tackling inequalities within national tobacco control policies and programmes
- acquire knowledge on how inequality dimensions can be built into policy

LITHUANIA

begin discussions on an action plan to reduce the harmful use of alcohol in Lithuania

MAITA

promote discussion of how access to and availability of safe drinking water can be promoted at the neighbourhood or locality level

NETHERLANDS

discuss measures to be taken to increase the healthy life expectancy among the Dutch population with a low socioeconomic status by one year

POLAND

prevention of cardiovascular system and respiratory system diseases and the improvement of healthcare efficiency for the elderly

PORTUGAL

promote a collaborative approach to child nutrition and physical activity at the national level

SLOVAKIA

» establish a collaborative approach to decrease childhood obesity with a particular focus on a whole life course approach and nationwide screening programmes

SLOVENIA

bring together core stakeholders to agree on identifying potential priorities, opportunities, and barriers for creating an integrated care system for chronic conditions

SPAIN

- raise awareness about health in all policies
- develop a cross-sectoral approach to implement the Health Promotion and Prevention Strategy at the national level

EUROPEAN UNION

Policy Dialogue 1

- » promote awareness about chronic diseases and their impact on employment, and
- » present to the international community
 - the strategies developed by **CHRODIS Plus for supporting** employers of employees developing or suffering from chronic diseases
 - the strategies that may help enterprises and employers to better adapt workplaces for people suffering from chronic diseases

Policy Dialogue 2

explore techniques and approaches for the innovative financing of health promotion

Please note: This is not the full list of national policy dialogues, and the contents of some dialogues are still subject to change.

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