CHRODIS PLUS is a high-level response by the EU to support Member States by stepping up together and sharing good practices to alleviate the burden of chronic diseases.

CHRODIS PLUS Joint Action

Over 60 organisations representing 21 EU countries join forces and share experiences to fight chronic diseases

Implementing Good Practices for Chronic Diseases

Co-funded by the Third Health Programme of the European Union

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MISSION
EU Member States employ a wealth of models and policies on effective and efficient ways to prevent and manage chronic diseases. By making better use of this knowledge, there is significant potential for reducing the burden of these diseases. The CHRODIS PLUS Joint Action actively contributes to sharing these various models and policies.

21 IMPLEMENTATION PROJECTS
With a focus on
• Health promotion & primary prevention
• Integrated multimorbidity care model
• Fostering the quality of care for people with chronic diseases
• ICT-based patient empowerment
• Employment & chronic diseases

17 POLICY DIALOGUES
• 15 at the national level and 2 at the EU level
• Aim: to increase decision-makers’ awareness and acceptance of improved actions to combat chronic diseases

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18-19 September 2017
Kick-off meeting in Vilnius (Lithuania)

May 2019
Budapest Conference (Hungary)

June 2020
Final Conference

This three-year initiative (2017-2020) under the Third Health Programme (2014-2020) is funded by the European Commission and the participating partner organisations.
IMPLEMENTATION PROJECTS
Implementing and testing public health models

**HEALTH PROMOTION AND DISEASE PREVENTION**

**Focus 1**  Apply good practices through the implementation projects that target three different groups: children, the working population and older people.

**Focus 2**  Showcase the better integration of health promotion and disease prevention in different country settings and validate the applicability of various best practices in different health care settings.

5 good practices are implemented by 8 organisations in 5 countries: Italy, Lithuania, Iceland, Malta and Spain.

**MULTIMORBIDITY CARE MODEL**

**Focus 1**  Field test the new Integrated Multimorbidity Care Model for people with multiple morbidities.

**Focus 2**  Produce an adapted version of the Integrated Multimorbidity Care Model that can be applied in various countries and settings.

*The Multimorbidity Care Model is implemented by 5 organisations: primary and tertiary care hospitals in Lithuania, Italy and Spain.*

**QUALITY CRITERIA AND RECOMMENDATIONS TOOL**

**Focus 1**  Implement the Quality Criteria and Recommendations (QCR) Tool, a set of nine areas to be addressed to improve the quality of care for people with chronic diseases.

**Focus 2**  Evaluate the applicability and transferability of the QCR Tool across European countries to identify key factors that foster health and care provision, including the use of mobile technology.

*The Quality Criteria and Recommendations Tool is implemented by 8 organisations in: Bulgaria, Croatia, Finland, Germany, Greece, Serbia, Slovenia and Spain.*

**EMPLOYMENT AND CHRONIC DISEASES**

**Focus 1**  Identify and implement good practices in the area of employment and chronic non-communicable diseases (NCDs) that constitute a novelty for the health and social sectors.

**Focus 2**  Develop a Training Tool for Employers and a Toolkit for Adaptation of the Workplace to increase inclusion, reintegration and retention of people with NCDs in workplace settings.

The good practice developed by the Lombardy Workplace Health Promotion Network is implemented in Spain.
A policy dialogue is an essential component of the policy and decision-making process intended to contribute to informing, developing or implementing a policy change following a round of evidence-based discussions, workshops, and consultations on a particular subject.

**POLICY DIALOGUES**

Belgium
- Map additional measures and complementary actions of federal and regional health authorities in the framework of the national policy plan “Integrated care for better health”
- Identify gaps and overlaps and developing an approach to address them

Croatia
- Explore how to improve health and well-being with a clear focus on the reduction of premature mortality from NCDs by 30% with due consideration to the UN Sustainable Development Goals

Ireland
- Practice, explore and document some of the opportunities and challenges in tackling inequalities within national tobacco control policies and programmes
- Acquire knowledge on how inequality dimensions can be built into policy

Lithuania
- Begin discussions on an action plan to reduce the harmful use of alcohol in Lithuania

Malta
- Promote discussion of how access to and availability of safe drinking water can be promoted at the neighbourhood or locality level

Poland
- Prevention of cardiovascular system and respiratory system diseases and the improvement of healthcare efficiency for the elderly

Malta
- Explore how to improve health and well-being with a clear focus on the reduction of premature mortality from NCDs by 30% with due consideration to the UN Sustainable Development Goals

Slovenia
- Bring together core stakeholders to agree on identifying potential priorities, opportunities, and barriers for creating an integrated care system for chronic conditions

Spain
- Raise awareness about health in all policies
- Develop a cross-sectoral approach to implement the Health Promotion and Prevention Strategy at the national level

Greece
- Implement relevant policies and practices to address integrated care for the elderly
- Focus on the adoption of integrated care at the Primary Care level of the national Health and Social Care System

Hungary
- Increase the protection of adolescents with regards to access to tobacco products
- Examine the process of establishing a more efficiently controlled process for the sale of cigarettes in authorised tobacco shops

Iceland
- Explore how the Health promoting community program (HPCP) can support the implementation of the WHO Sustainable Development Goals (SDGs)
- Special focus on SDG no 3: Ensure healthy lives and promote well-being for all at all ages

Portugal
- Promote a collaborative approach to child nutrition and physical activity at the national level

Slovakia
- Establish a collaborative approach to decrease childhood obesity with a particular focus on a whole life course approach and nationwide screening programmes

Please note: This is not the full list of national policy dialogues, and the contents of some dialogues are still subject to change.

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