

# Internal Newsletter No. 2

*The CHRODIS PLUS Joint Action: a key EU project actively contributing to an exchange of public health models and policies for chronic diseases in EU Member States*



## WELCOME

from the Communications Work Package

*Dear Reader,*

We believe that all of you have enjoyed a well deserved rest over the summer break and a fresh restart of work during the first sunny autumn months. At CHRODIS PLUS Communications Team we have been fortunate to have a healthy balance between work and a bit of play. Now we are pleased to provide you with the latest information as to what is going on with the project, and how it has progressed.

This second Internal Newsletter will bring you up to date on the latest information regarding some selected events from the previous four months.

This Newsletter is to bring your attention to the followings:

- The site visit of the Andalusian implementation team of the good practice from Lombardy, and the site visit in Helsinki within the JOGG Implementation project. We believe that these may inspire those of you still in the preparatory phase for your own implementation projects.
- Development on Policy dialogues in Ireland and Greece. Keep reading to learn more about the latest developments with respect to the progress of these two policy dialogues.
- Videos with CHRODIS PLUS Governing Board members; *and*
- The CHRODIS PLUS Events Reporting Template.



**Zuzana Matlonova**  
Ministry of Health, Slovakia



**Zoltan Aszalos**  
Semmelweis University, Hungary



## Site visit to learn more about the good practice from Lombardy to be implemented in Andalusia

### An Italian good practice implemented in Spain under CHRODIS PLUS

The Italian Joint Action Chrodis good practice “Lombardy Workplace Health Promotion Network” is a public-private partnership that promotes healthy lifestyles through different actions and information that target healthy eating, smoking cessation, increased physical activity, alcohol reduction and safe walking/biking to work.



Some elements of the Lombardy Workplace Health Promotion Network are being implemented by the Andalusian Regional Ministry of Health in Spain within the framework of the CHRODIS PLUS Joint Action.

The purpose of this study visit was to strengthen cooperation by all of the stakeholders included in the implementation process. This site visit was held on 22-23 May in Milan, Italy. Representatives from the Andalusian Ministry of Health visited the regional headquarters of the Lombardy Health Department, the developer of the Lombardy practice. The agenda included two visits to actual sites that apply this good practice. This was very useful in order to refine and complement the methodology with the practicalities described by actual staff and users.

More information can be found on our website:

<http://chrodis.eu/study-visit-adaptation-and-implementation-of-intersectoral-good-practices-the-lombardy-program-workplace-health-promotion-the-whp-lombardy-network/>

## Site visit to explore details of the JOGG good practice

### Selected elements of a Dutch good practice to be implemented in Iceland under CHRODIS PLUS

The Dutch JA-CHRODIS good practice “JOGG” addresses children and adolescent obesity and encourages all people in a town or neighbourhood to make healthy food and physical activity an easy and attractive lifestyle option for young people. The description of the model project is available [here](#).

Selected elements of JOGG will be adapted and implemented within the Health Promoting Community Programme (HPC) in Iceland by the Directorate of Health. HPC is an umbrella for comprehensive health promotion work in municipalities, including Pre-, Compulsory- and Upper secondary schools. HPC's main aim is to support communities/ schools to create supportive environments that promote healthy lifestyle, health and well-being for all. Iceland will adapt selected elements concerning the structure of the JOGG program e.g. supporting material for HPC coordinators, expert support, evaluation and reporting. The main aim of the HPC will continue to be well-being for all.

On 13-14 August, a CHRODIS PLUS site visit was organised in Helsinki. This event occurred under the auspices of the JOGG implementation project of our Joint Action. As the organisers claim, this event “improved shared understanding of the JOGG approach”. At this stage of the project, the event aimed to exchange good examples obtained from the local implementation, along with lessons learnt in JOGG-cities, as well as to map the stakeholders at both the national and local levels.

The key objectives of the JOGG programme:

- support the healthy growing up of children so they would not face obesity in adulthood
- reduce the differences in obesity prevalence among population groups
- ensure that fewer adults keep gaining weight during adulthood
- provide all possible support to persons at high risk for obesity related morbidities

More information can be found on our website:

<http://chrodis.eu/event/jogg-site-visit-in-helsinki/>



## Policy dialogues development

17 policy dialogues are organised under the CHRODIS PLUS

*A policy dialogue is an essential component of the policy and decision-making process, where it is intended to contribute to informing, developing or implementing a policy change following a round of evidence-based discussions, workshops, and consultations on a particular subject.*

Two CHRODIS PLUS policy dialogues have been already completed, and their focuses were the following:



### Greece (February 2018)

- implement relevant policies and practices to address integrated care for the elderly
- focus the adoption of this integrated care at the Primary Care of the national Health and Social Care System



### Ireland (May 2018)

- practice, explore and document some of the opportunities and challenges in tackling inequalities within national tobacco control policies and programmes
- acquire knowledge on how inequality dimensions can be built into policy

## Videos with Governing Board members are available online

During the Governing Board meeting in Ulm in June, we prepared short interview videos with two special members of this board:

- Lina JARUŠEVIČIENĖ, Vice-Minister of Health, Lithuania
- Yevgeniy GORYAKIN, Health policy analyst, OECD

Please watch our two new videos on their views concerning the importance of CHRODIS PLUS on the top of the following page:  
[chrodis.eu/about-us/](http://chrodis.eu/about-us/)



Lina JARUŠEVIČIENĖ



Yevgeniy GORYAKIN

## INTRANET

### CHRODIS PLUS Events Reporting Template

The Events Reporting Template is to be filled out by those organising an event within CHRODIS PLUS, a workshop, a site visit, a policy dialogue, etc. This template helps you to make your event known to our wider project audience. The content you put in this template will be used on social media, the website and the newsletters.

Our intention behind this exercise is to make sure that you provide a well structured quality content that can be then shared with all stakeholders interested in Chrodis+. You create the core content and we, as the Communications Work Package will make sure that the message will get to those interested.

Click [here](https://emk.semmelweis.hu/chrodisplus/f/11321) (<https://emk.semmelweis.hu/chrodisplus/f/11321>) to access the template in the CHRODIS PLUS Intranet.