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**EU Joint Action on Chronic Diseases (JA CHRODIS-PLUS)**  
**Work Package 5**  
**Health Promotion and Disease Prevention (HPDP)**

**Active School Flag Site Visit**  
**Dublin, Ireland**

**Wednesday 06 and Thursday 07 June 2018**



## Purpose of Site Visit

To demonstrate and share learning from the Active School Flag (ASF) initiative as part of the CHRODIS-PLUS European Joint Action.

## Learning Outcomes of Site Visit

1. To gain an understanding of the background policy and programme context to ASF
2. To gain an understanding of:
  - The key components of ASF, in particular, the core elements that must be implemented to achieve the desirable changes in physical activity of children
  - The ASF programme, practical steps in engaging schools, implementation, administration, etc.
  - The success criteria for participating schools
  - The different types of partnerships required to implement and support ASF
3. To learn about the success factors, challenges and key drivers of ASF
4. To gain an insight into the research linked to ASF programme
5. To gain an understanding of ASF in practice through visiting demonstration schools across Dublin city
6. To clarify the next steps and actions required to support the pre-implementation planning phase with local implementation groups in other member states.

## Programme

| Day 1 – 06 June 2018   |  |
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| Session 1: Physical Activity - Policy and Practice Landscape in Ireland                    |  |
| Chair: Cate Hartigan (Assistant National Director for Health Promotion & Improvement, HSE) |  |
| 13.30  | <b>Registration</b><br><br>Light lunch and tea/coffee available for all participants   |
| 13.50  | <b>Welcome and Introduction</b><br><br>Cate Hartigan, Assistant National Director for Health Promotion & Improvement, HSE.   |
| 13:55  | <b>Official opening of site visit</b><br><br>Catherine Byrne T.D., Minister of State for Health Promotion and the National Drugs Strategy.   |
| 14:10-14.25  | <b>JA CHRODIS+ and Overview of site visit</b><br><br>Teresa Bennett, Project Manager, Health Promotion & Improvement, HSE.   |
| 14:25-14:40  | <b>Healthy Ireland and the National Physical Activity Plan</b><br><br>Fiona Mansergh, Assistant Principal, Health and Wellbeing Programme, Department of Health.   |
| 14:40 -14.55   | <b>Department of Education perspective - A partnership approach to health and wellbeing in schools</b><br><br>Rita Sexton, Assistant Principal Officer, Curriculum and Assessment Policy Unit, Department of Education and Skills. |
| 14.55-15.10  | <b>Promoting Health and Wellbeing in Schools</b><br><br>Orla McGowan, Programme Manager for Education, Health Service Executive.   |
| 15.10-15.25  | <b>Stretching Break</b>  |

| Session 2 - Active School Flag – core elements for successful transfer           |   |
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| 15:25 -16.25   | <b>Active School Flag – how it works</b><br><br>Karen Cotter, National Coordinator Active School Flag, Mayo Education Centre.   |
| 16.25 -16.35   | <b>Questions and answers (10 min)</b>   |
| 16.35 -16.55   | <b>Key features of the education system in Italy</b><br><br>Sara Coccolo and Annamaria Capra – referees for special needs education, social inclusion and health promotion in schools, Turin Local Authority for Education.                       |
| 16:55 -17.15   | <b>Application of site visit learning to pre-implementation planning. Next steps in pre-implementation phase with local implementation groups</b><br><br>Ane Fullaondo Zabala, Research and Development Co-ordination Manager, Kronikgune, Spain. |
| 17.15 -17.25   | <b>Questions and answers (10 min)</b>   |
| 17.25 -17.30   | <b>Briefing session for day 2</b><br><br>David Bergin, Project Officer in Health Promotion, Institute of Public Health in Ireland.  |
| <b>Dinner</b>  |   |
| 19:30  | <b>The Schoolhouse Restaurant</b>   |
| <b>Day 2 – 07 June 2018</b><br><br><b>Session 3: Demonstration School Visits</b> |   |
| 08.30  | <b>Meet at Europe House</b>   |
| 08.45 - 09.30  | <b>Travel to demonstration schools</b>  |
| 09.30 - 12.00  | <b>School Visits</b>  |

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| <b>12.00 - 12.30</b>   | <b>Return to Europe House</b>  |
| <b>12.30 - 13.15</b>   | <b>Lunch</b>   |
| <p><b>Session 4: Learning and Evidence on Active School Flag</b></p> <p><b>Chair: Helen McAvoy, Director of Policy, Institute of Public Health in Ireland.</b></p> |  |
| <b>13.15 -13.25</b>  | <p><b>Governance, management and resourcing of Active School Flag</b></p> <p>Paul Butler, Active School Flag Programme Director, Mayo Education Centre.</p>  |
| <b>13:25 - 13:45</b>   | <p><b>The perceived benefits of, and barriers to, implementation of the Active School Flag in Irish primary schools</b></p> <p>Sarahjane Belton, School of Health and Human Performance, Dublin City University.</p>   |
| <b>13:45 - 14:30</b>   | <p><b>Panel questions and answers session &amp; facilitated discussion</b></p> <p>Sarahjane Belton, School of Health and Human Performance, Dublin City University</p> <p>Karen Cotter, National Coordinator Active School Flag, Mayo Education Centre</p> <p>Maria Spring School Principal St. Clare's National School Harold's Cross</p> <p>Paul Butler, Active School Flag Programme Director, Mayo Education Centre.</p> |
| <b>14:30 -14:40</b>  | <b>Break</b>   |
| <b>14:40 -15:00</b>  | <p><b>Follow Up on pre-implementation phase with local implementation groups</b></p> <p>Gígja Gunnarsdóttir and Ingibjörg Guðmundsdóttir, Public Health Specialists, Directorate of Health, Iceland and CHRODIS+ WP5 Sub Task Leader.</p>  |
| <b>15.00 - 15.30</b>   | <p><b>Final Reflection on the Site Visit and Closing</b></p> <p>Helen McAvoy, IPH and Teresa Bennett, HSE.</p>   |