

## JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE

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### WHY DO WE NEED JA-CHRODIS?

Chronic diseases like diabetes, cardiovascular disease or stroke affect 8 out of 10 people aged over 65 in Europe. Approximately 70% to 80% of health care budgets across the EU are spent on treating chronic diseases. There is a wealth of knowledge within EU Member States on effective and efficient ways to prevent and manage cardiovascular disease, stroke and type 2 diabetes.

This Joint Action (2014-2017) on chronic diseases and promoting healthy ageing across the life cycle aims to capture the best of this knowledge and make it accessible across Europe.

### WHAT DO WE WANT TO ACHIEVE?

The general objective is to promote and facilitate the **exchange and transfer of good practices** between European countries and regions. The good practices address chronic conditions, with a specific focus on health promotion and primary prevention of chronic conditions, multimorbidity and diabetes.

This Joint Action will lead to recommendations based on the best available evidence and how to effectively to prevent, manage and treat chronic diseases across the life cycle. This information will be available to policy makers, healthcare professionals and managers, the elderly population and other interested stakeholders.

JA-CHRODIS aims to contribute strongly to reducing the burden of chronic diseases and to promote healthy ageing in Europe through the Platform for Knowledge Exchange of good practices.



### PLATFORM FOR KNOWLEDGE EXCHANGE

JA-CHRODIS is building a Platform for Knowledge Exchange (PKE) to enable decision-makers, caregivers, patients, and researchers, to identify and exchange the best knowledge on chronic diseases and healthy ageing. The PKE will consist of a clearinghouse of the most relevant information on identified and assessed practices in chronic diseases across Europe. It will also include an online helpdesk staffed by expert consultants to support the implementation and evaluation of good practices.



### HEALTH PROMOTION

JA-CHRODIS partners have produced 14 country reports outlining the general health promotion and primary prevention landscape and gaps and needs in this area. They have also selected and are applying good practice criteria to identify highly promising and cost-effective policies and interventions to prevent the onset of cardiovascular diseases, stroke and type 2 diabetes. Selected good practices will be the topic of study visits for further exchange in the final year of the Joint Action.



### MULTIMORBIDITY

This work involves a review of existing approaches to care for patients experiencing multimorbidity with high care demands in Europe, and a review of the evidence of effectiveness of such programmes. JA-CHRODIS partners are selecting components of good clinical care practices in order to define a set of interventions that target multimorbidity which can be applied by European countries. They will also define training programmes for healthcare professionals.



### TYPE 2 DIABETES

JA-CHRODIS partners have collected data on national diabetes plans and on strategies and interventions to prevent and manage type 2 diabetes in participating countries, in order to establish the strongest elements within them that can be shared across Europe. They are also identifying quality criteria to find good practices with the overall aim of improving coordination and cooperation amongst countries to act on and exchange good practice in this area.

## GET INVOLVED

ALL JA-CHRODIS OUTCOMES ARE AVAILABLE AT  
[WWW.CHRODIS.EU](http://WWW.CHRODIS.EU)

 @EU\_CHRODIS -  LIKE US: EU\_CHRODIS  
FOR MORE INFORMATION, CONTACT: [INFO@CHRODIS.EU](mailto:INFO@CHRODIS.EU)

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**Associated Partners:**

1. Institute of Health Carlos III, ISCIII, Coordinator, ES
2. Spanish Foundation for International Cooperation, Health and Social Policy, FCSAI, ES
3. EuroHealthNet, EHNet, BE
4. European Health Management Association, EHMA, IE
5. Institute for Health Sciences in Aragon, IACS, ES
6. Federal Centre for Health Education, BZgA, DE
7. Italian Medicines Agency, AIFA, IT
8. National Institute of Health, ISS, IT
9. Dresden University of Technology, TUD, DE
10. Vilnius University Hospital Santariskiu Klinikos, VULSK, LT
11. National Institute of Public Health, NIJZ, SI
12. National Center of Public Health and Analyses, NCPHA, BG

13. National Institute for Health and Welfare, THL, FI
14. Heinrich Heine University Düsseldorf, HHU, DE
15. Ministry of Health, MINSAL, IT
16. 1st Regional Health Authority of Attica, YPE, EL
17. Health Service Executive, HSE, IE
18. Institute of Public Health, IPH, IE
19. Netherlands Institute for Health Services Research, NIVEL, NL
20. Ministry of Health and Care Services, HOD, NO
21. Directorate-General of Health, DGS, PT
22. National Health Institute Doutor Ricardo Jorge, IP, INSA, PT
23. European Patients Forum, EPF, BE
24. National Institute for Health Development, NIHD, EE
25. Health Education and Diseases Prevention Centre, SMLPC, LT
26. Directorate of Health, DOHI, IS

27. European Institute of Women Health, EIWH, IE
  28. National Institute for Public Health and the Environment, RIVM, NL
  29. European Regional and Local Health Authorities, EUREGHA, BE
  30. Spanish Ministry of Health, Social Services and Equality, MSSSI, ES
  31. Andalusian Regional Ministry of Health, CSBSIA, ES
  32. Progress and Health Foundation, FPS, ES
  33. Basque Foundation for Health Innovation and Research, BIOEF, ES
  34. Galician Health Service, SERGAS, ES
  35. Foundation for Education and Health Research of Murcia, FFIS, ES
  36. Aragon Foundation for Research and Development, ARAID, ES
  37. University of Zaragoza, UNIZAR, ES
  38. Agency for Health Quality and Assessment for Catalonia, AQuAS, ES
  39. Portuguese Diabetes Association, APDP, PT
- In addition to the associated partners, there are 32 collaborating partners involved in JA-CHRODIS.

