

Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (CHRODIS-JA)

Work Package 5

**“Good practices in the field of health promotion and chronic disease prevention across the
life cycle”**

Study visit Young People at a Healthy Weight (JOGG), the Netherlands

Thursday 21 April

Location

Beatrix building, Utrecht

&

Municipal Health Service (GGD) Amsterdam

Nieuwe Achtergracht 100

vergaderzaal b7.19a/Querido I

Objectives

- To assess the applicability of the Dutch JOGG practice;
- To assess the transferability of the Dutch JOGG practice, using the ASTAIRE framework;
- To learn about the scalability of the Dutch JOGG practice;
- To learn about the success factors and challenges of the JOGG practice in the Netherlands;
- To learn about the driving forces of the JOGG practice in the Netherlands;
- To discuss the core elements of the Dutch JOGG practice

Provisional programme 21 April

Location Utrecht & Amsterdam

Utrecht, Beatrix building

- 9:00--9:15 Introduction to programme Study visit JOGG & collecting participants' questions about JOGG
- 9:15-10:30 History of JOGG and its strategy
by Lideke Middelbeek (JOGG advisor, National JOGG Bureau)
Lideke Middelbeek will discuss the history of JOGG and key elements of the JOGG strategy and the evaluation framework, the translation of the national strategy to a local strategy and the resources needed, project and process management etc. We will have enough time to discuss all questions related to this part of the programme
- 10:30-10:45 Coffee/tea break
- 10:45-11:30 Evaluation and results of JOGG
Lideke Middelbeek
This presentation will discuss the valuation framework of JOGG and the results of the strategy. We will have enough time to discuss all questions related to this part of the programme
- 11:30-12:30 Transfer to Amsterdam by bus

We can discuss the transferability in the bus during the transfer to Amsterdam
- 12:30-15:00 Site visit to healthy school in Amsterdam. We will have a healthy lunch at the school

Short walk to the GGD Amsterdam

15:00-17:00

Visit to Municipal Health Service (GGD) Amsterdam

Henriette Rombouts, Programme manager Amsterdam Approach Healthy Weight - Amsterdam

The presenter will discuss how Amsterdam municipality adapted the national strategy to the local context (e.g. what adaptations were made and how it is implemented). She will discuss the effects of the implementation of the strategy. Furthermore, she will discuss the driving forces at local level, and the lessons learned over the past years. She will also discuss the collaboration with local partners. Finally, she will discuss the future plans of JOGG in Amsterdam.