

# WP7

**Diabetes: a case study on strengthening health care for people with chronic diseases**

## **Greek Practices**

**Two Community Initiated Projects**



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# IPIONI

National Project on Prevention and Health Promotion  
for Older People

WP7

# IPIONI

## National Project on Prevention and Health Promotion for Older People

- Proposed by the Hellenic Association of Gerontology & Geriatrics – Scientific coordinator
- Coordinated by the Ministry of Health
- Participation of relevant scientific and professional bodies, patient associations and the National Inter-Municipal Network of Healthy Cities

# IPIONI

## The 1st Pilot In Older Persons for Prevention of Diabetes Type II

- Health promotion activities at Municipality Open Elderly Care Centres (KAPI):
  - provision of information
  - preventive tests on-site
  - risk assessment
  - management and referral of diabetics to organized centres

# IPIONI

## The 1st Pilot In Older Persons for Prevention of Diabetes Type II

So far...

- A lot of Municipalities actively collaborated and providing educational sessions and on site tests
- A lot of health professionals volunteered to participate, providing information and more organized activities

# ARETAIOS Program

Ο.Σ.Φ.Ε. ( Federation of Community Pharmacists)

[www.aretaioshealth.gr/](http://www.aretaioshealth.gr/)

# ARETAIOS Program



Πρόγραμμα ΑΡΕΤΑΙΟΣ  
Ένας στους **10** έχει Σακχαρώδη Διαβήτη  
Ένας στους δύο δεν το γνωρίζει

Ενημερωθείτε στο Φαρμακείο της γειτονιάς σας!

ΓΛΥΚΟΖΗ  
74 - 106  
mg/dl

One in 10 could be a diabetic

One in two does not know

**Get informed at your local pharmacy**

# ARETAIOS Program

It is an innovative action, aiming to enhance the role and significance of the community pharmacy within the chain of the primary health care system services.



# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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