

# The Sewing Thread of JA CHRODIS: bringing the exchange and transfer of practices into motion



**Carlos Segovia** ISCIII  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# The Sewing Thread of JA CHRODIS

Objectives of the session:

1. How to increase the internal coherence and consistency of JA-CHRODIS towards its **general** and **strategic goal**
2. Design the overall **work plan** until March 2017
3. Explore ideas for a **potential second phase** of JA-CHRODIS

# The Sewing Thread of JA CHRODIS

The general and strategic goal: **Good Practices**

Let's read

*Good practices at FAO: Experience capitalization for continuous learning*

<http://www.fao.org/docrep/017/ap784e/ap784e.pdf>

What is a good practice?

- a practice that has been proven to work well and produce good results,
- is therefore recommended as a model.
- It is a successful **experience**,
- deserves to be shared so that a greater number of people can adopt it.

# The Sewing Thread of JA CHRODIS

The general and strategic goal: **Good Practices**

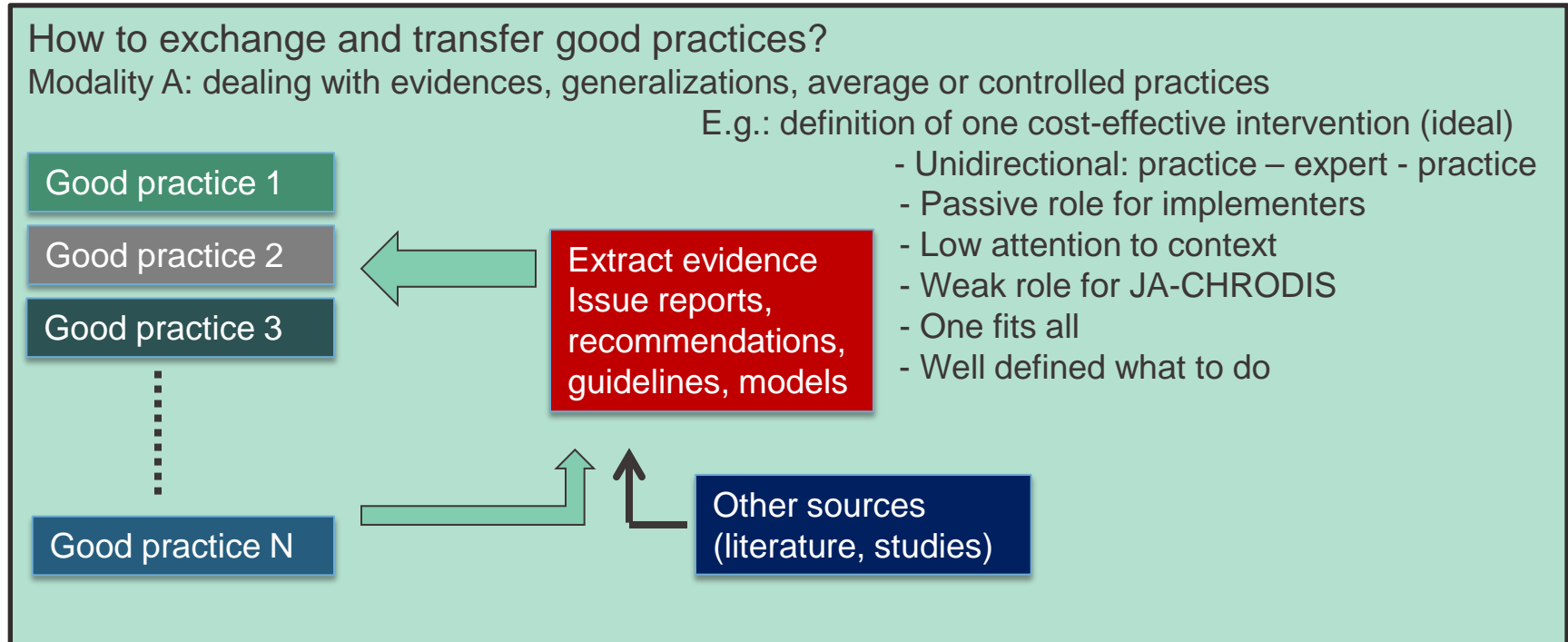
What for?

For an organization to progress and adapt to change

- it must become **a learning organization** which draws lessons from its experiences in order to identify and understand good practices.
- These good practices will improve the way the organization works.
- They can be applied to specific contexts, institutionalized, shared and replicated at different levels: from local to international

# The Sewing Thread of JA CHRODIS

## The general and strategic goal: **Good Practices**

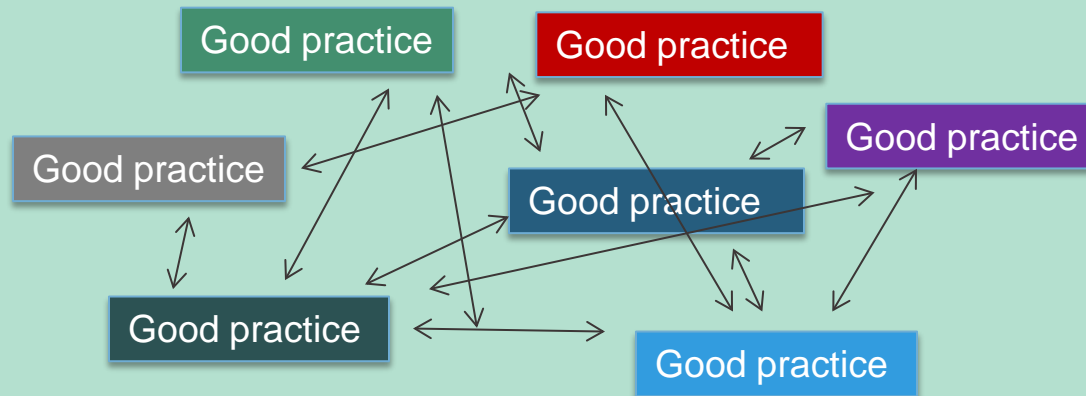


# The Sewing Thread of JA CHRODIS

## The general and strategic goal: **Good Practices**

How to exchange and transfer good practices?

Modality B: dealing with particular modalities of implementation of the ideal recommended intervention



- Multidirectional
- Implementers protagonists
- High attention to context
- Many different possibilities
- Strong role for CHRODIS
- Well defined what to do & how

Real implemented interventions less cost-effective - less effective or more expensive than the ideal  
Learn from each other how to implement it better or diminish costs

# The Sewing Thread of JA CHRODIS

Internal **coherence & consistency** in JA-CHRODIS

Hypothesis:

So far, JA-CHRODIS good in modality A  
room for improvement in modality B

# The Sewing Thread of JA CHRODIS

## Internal coherence & consistency

Disclosing the potential of JA-CHRODIS to organize the transfer of good practices		
The functions		The activities
Focusing on practices on chronic conditions	Revision of the literature and existing practices	
	Assessment criteria (Delphi), methodology and panels for the help desk	
Facilitating the exchange of good practices	An operative PKE	
	Capturing good practices from area or setting A	
	Assess them following the criteria agreed upon with Delphi methodology	
	Feed the PKE and organize communities of practice as appropriate	
	Study visits WP5	
Promoting a continuous exchange of good practices	Help desk	Advice to assess transferability to B
		Advice on the transfer of good practices to area or setting B
		Advice on the evaluation of a good practice in the new setting
	Training activities WP 5,6,7	
Recommendations & care models	Follow EuSANH framework	



# The Sewing Thread of JA CHRODIS

## **Work plan** March 2107.

4 elements to be included or improved.

### **1 Capturing potential good practices**

so far: 41 promotion & prevention;  
18 – 101 (?) multimorbidity;  
19 NDP

#### *Proposal:*

Use all JA-CHRODIS contacts to collect up to \_\_\_\_ potential good practices  
Adding local programmes or interventions

# The Sewing Thread of JA CHRODIS

## Work plan March 2107

**2 Organizing peer review** of potential good practices & feeding the PKE

*Proposal:*

Identify reviewers amongst (associated & collaborative) partners. Date: \_\_\_\_

Begin to implement peer review of collected practices

**3 Organize the help desk**

Collaboration as third layer

*Proposal:*

To be revisited later

# The Sewing Thread of JA CHRODIS

## Work plan March 2107

### 4 Communities of practice

*Proposal:*

1 community per area (promotion & prevention, multimorbidity, diabetes)

### 5 Collaborate with GB for recommendations:

(Framing the issue, planning the process, publishing, assessing impact)

*Proposal:*

Adopt this method for all future recommendations / guidelines

# The Sewing Thread of JA CHRODIS

**Ideas** for a potential second phase of JA-CHRODIS

Continue and enlarge modality A of dealing with good practices

Enhance modality B, exhausting the capabilities of the PKE

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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of the European Union

\* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).

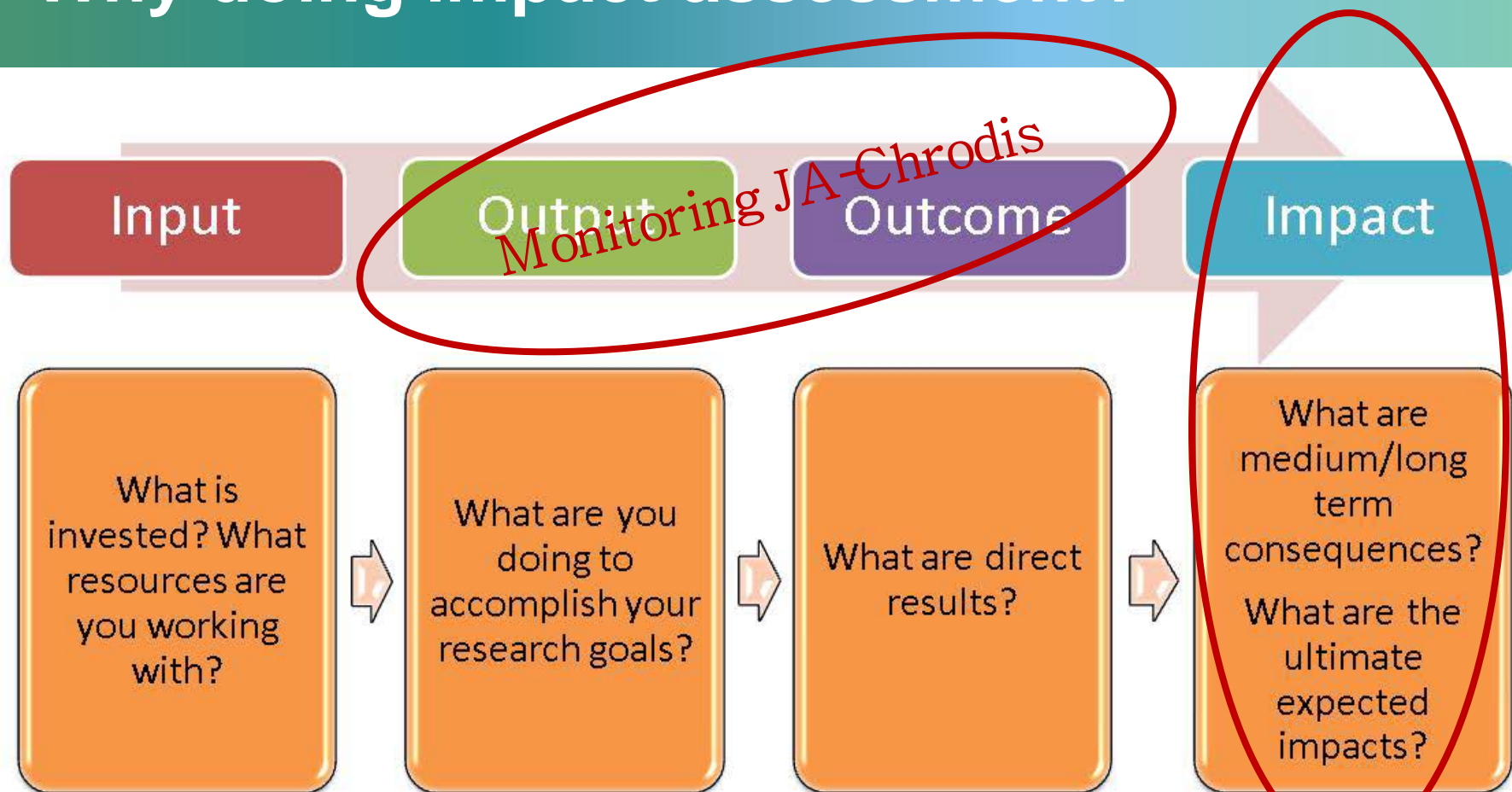
# Impact Evaluation Plan

7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
2<sup>nd</sup> February 2016



**Carme Carrion, Noemí Robles, Mireia Espallargues**  
Agència de Qualitat i Avaluació Sanitàries de Catalunya (AQuAS)  
**Rogério Ribeiro**  
Associação Protectora dos Diabéticos de Portugal (APDP)

# Why doing impact assessment?



# Why doing impact assessment?

## ***Accountability???***

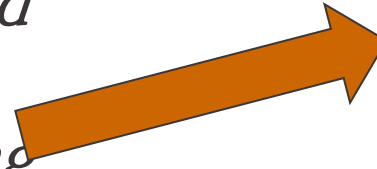
*“to show that money and other resources have been used efficiently and effectively, and to hold to account”*





# Proposal of Dimensions for the Impact Assessment

*“The objective of CHRODIS-JA is to promote and facilitate a process of exchange and transfer of good practices between European countries and regions, addressing chronic conditions, with a specific focus on health promotion and prevention of chronic conditions, multi-morbidity and diabetes.”*



**Implicit result** in improved outcomes of policies, programmes and clinical or public health interventions on chronic conditions.

Grant Agreement Number 2013 22 01

## ADDRESS CHRONIC CONDITIONS

### REVIEW EXISTING PRACTICES & LITERATURE

WP 5 Health promotion and prevention of chronicity  
WP 6 Common guidance for care pathways for multi-morbidity  
WP 7 Diabetes: a case study

### IDENTIFYING POTENTIAL GOOD PRACTICES

WP 2 Dissemination  
WP 5, 6, 7  
WP 1 Coordination / EIP AHA

### FACILITATE EXCHANGE & TRANSFER

PRACTICES SELECTION CRITERIA Delphi WP 4, 5, 6, 7  
PLATFORM FOR KNOWLEDGE EXCHANGE WP 4  
SELECTING GOOD PRACTICES WP 2, 5, 6, 7

### PROMOTE EXCHANGE & TRANSFER TRAINING & RECOMMENDATIONS

WP 5 Conference seminars / Study visits  
WP 6 Case management training  
WP 7 Education strategies professionals and patients /  
Guideline NDP

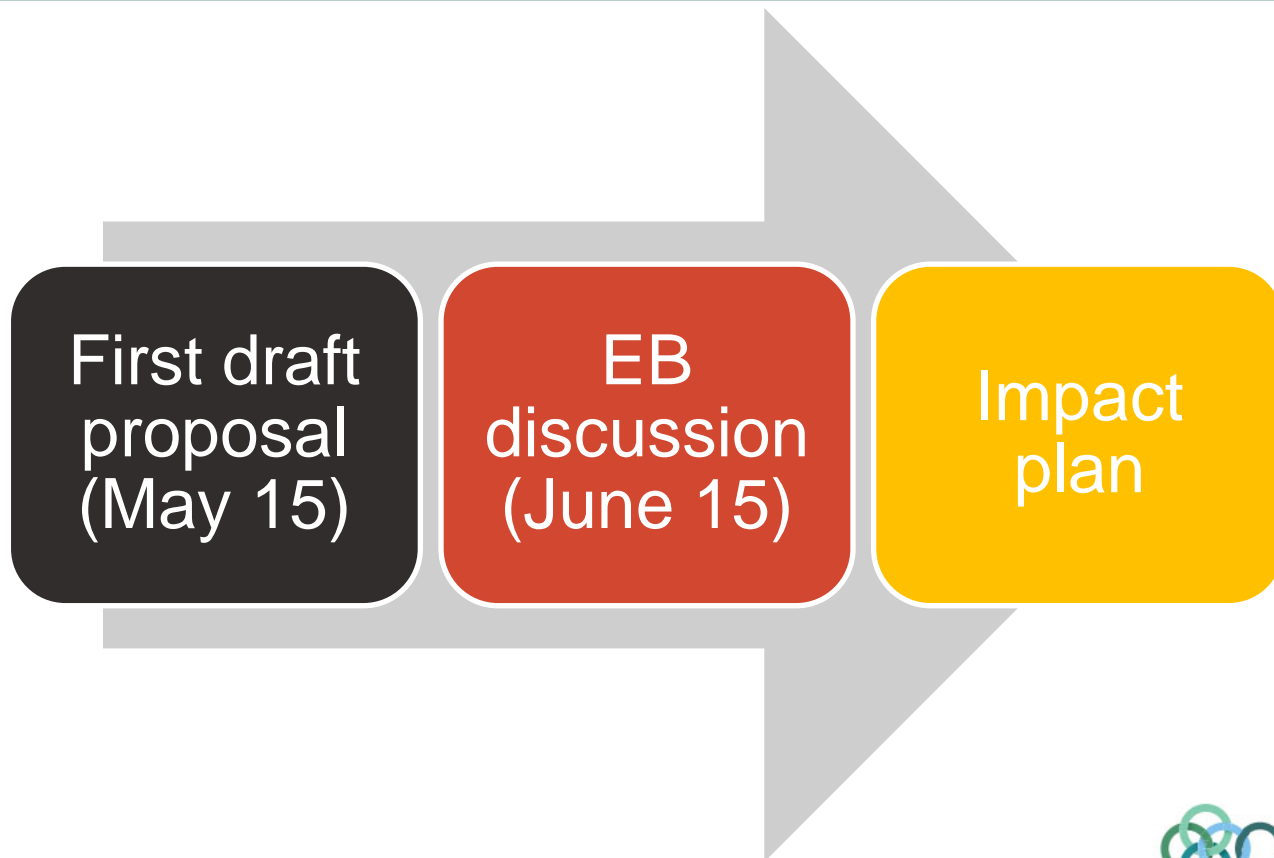
### TRANSFER OF GOOD PRACTICES

### NEW GOOD PRACTICES for

Policy makers / Public health officials /  
Health care managers / Clinicians  
Population

BETTER QUALITY OF CARE  
BETTER HEALTH OUTCOMES

# Work done – Defining the Impact Assessment plan





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## ***Evaluation plan***

The monitoring and evaluation plan of JA-CHRODIS will be organized in the following parts:

1. Monitoring the progress of JA-CHRODIS against the specifications of the grant agreement.
2. Mid-term and long-term Implementation Impact Assessment of JA-CHRODIS.

# Agreements from the Treviso EB meeting



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During the 6<sup>th</sup> Executive Board (EB) meeting in Treviso (June 2015) EB agrees on the need to include an Impact Assessment Evaluation proposal in the Evaluation Plan. EB agrees on the potential implicit results that JA-CHRODIS has: **improvement of policies, programmes, and interventions directed to addressing chronic diseases through the exchange of good practices.**

The logical framework model was followed in order to define the dimensions to evaluate. This model begins backwards from the main objective, through the purpose or outcome, to the outputs and finally to the activities. EB members agree on defining impact assessment focused around 3 dimensions:

- 1) Effectiveness: exchange and transfer of practices
- 2) Transferability of practices: to facilitate exchange of practice transfers and
- 3) To address health promotion and chronic care prevention

# Effectiveness: Indicators

## *Impact assessment indicators of JA-CHRODIS*

DIMENSION	EFFECTIVENESS
	<ol style="list-style-type: none"><li>1) PKE is fully functional with all necessary technical features.</li><li>2) PKE is well known amongst health professionals from European Member States.</li><li>3) The practices selection criteria is accepted and valorised by health professionals, including the attractiveness of practices for their professional mission.</li><li>4) A high number of health professionals send their potential good practices to the PKE.</li><li>5) Good practices in the PKE are felt as following the selection criteria, including the transferability to other context</li><li>6) A high number (more than 500) new or innovative practices are implemented based on good practices of the PKE (mid-term)</li></ol>

# Transferability

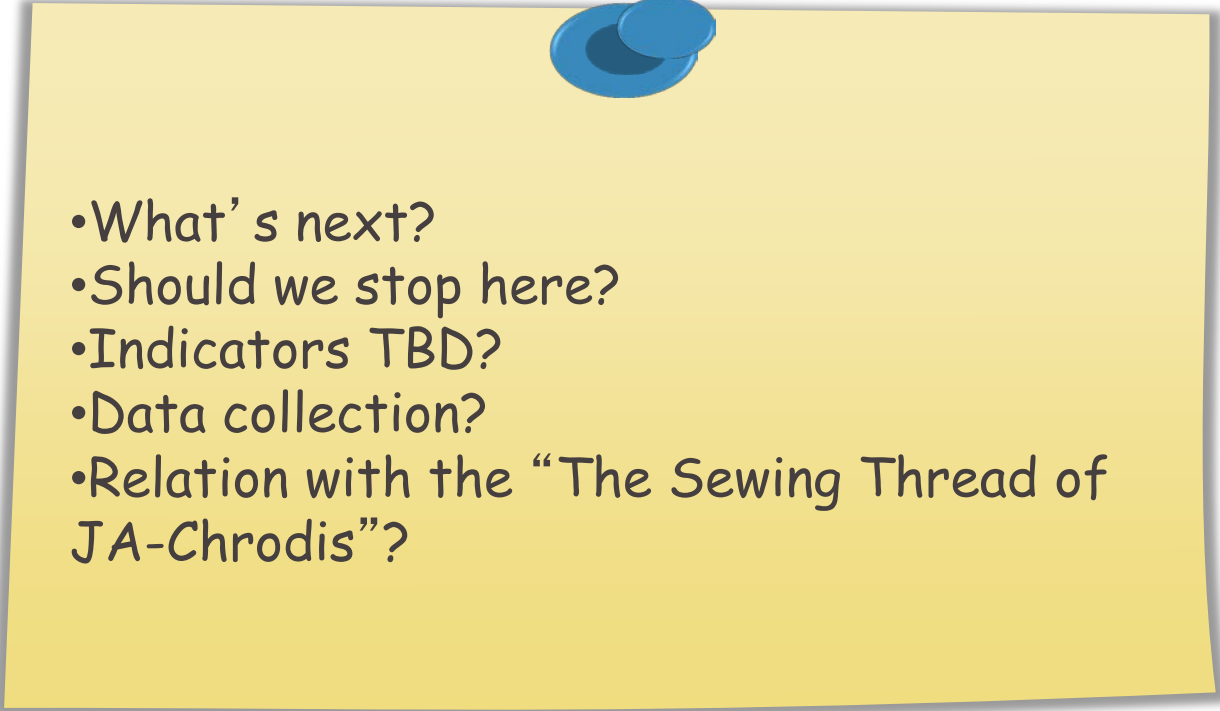
DIMENSION	PROMOTE AND FACILITATE EXCHANGE AND TRANSFER, TRANSFERABILITY OF GOOD PRACTICES
	<ul style="list-style-type: none"><li>7) Most of the included practices are defined providing enough information so as to guide the implementation in a different setting.</li><li>8) Good practices chosen to be transferred were acceptable in the new context - were implemented, including economic, organizational, behavioural and cultural context.</li><li>9) There is a relevant flow of good practices and a significant implementation of good practices.</li></ul>

# Addressing chronicity.

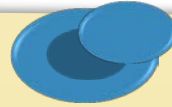
DIMENSION	ADDRESSING CHRONICITY. SELECTION OF POTENTIAL GOOD PRACTICES
	<ul style="list-style-type: none"><li>10) Proportion of health professionals who implement the new or innovative practice in each area and field</li><li>11) Increase in the proportion of population that receives new or innovative care or interventions of increased quality</li><li>12) Number of best practices introduced in Member States Health policies and recommendations (Clinical practice guidelines, recommendations, etc...)</li></ul>



# Questions addressed to the EB

- 
- What's next?
  - Should we stop here?
  - Indicators TBD?
  - Data collection?
  - Relation with the “The Sewing Thread of JA-Chrodis”?

# Proposal for the future



- Agreement and final version of the “The Sewing Thread of JA-Chrodis” document
- To add Impact assessment plan as a part of this document.
- Select the impact “proxy” indicators of the ones to be collected at the end of the project (*final report based on monitoring plan*).



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# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*

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\* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of in the information contained therein.

# Overview of the progress made in JA Chrodis

Work Package 1



**Carlos Segovia/ Catalina del Río/ Patricia Cediell**  
ISCIII- FCSAI  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# Work Package 1

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

- 1 General Assembly & 1 Stakeholders meeting
- 2 Executive Board meeting + monthly TCs
- 1 Governing Board meeting; 1 Advisory Board meeting
- Liaison with European Commission and CHAFEA
- 1st year financial and technical report
- Amendment (V0.1)
- Coordination and support to WPs, internal communication
- 9 dissemination activities & collaboration WP2 articles
- Changes in coordination

# Achieved Deliverables & Milestones in 2015

## DELIVERABLES

- D08-02: **Progress Reports and Executive Board minutes** (M24)
- D09-01.01: **Annual Reports on Sustainability.** Reports on the conclusions of the discussions of Governing Board on the future plans for making the activities of JA-CHRODIS sustainable in time (M15 ->M24) and keep chronicity high in the political agenda
- D10-01.02: **Technical and financial interim reports** of the JA-CHRODIS (M24-> M26)

## MILESTONES

- M-WP1-04: 2nd interim report to the EC (M24 ->M26)

# Deliverables & Milestones to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
<b>Deliverable 10</b> 01.2	Technical & financial report (M24)					
<b>Deliverable 9</b>	Annual Reports Sustainability (M27)					
<b>Deliverable 8</b>	EB minutes & progress report					
<b>Milestone WP1-04</b>	2 <sup>nd</sup> interim report to EC					



# Specific activities to agree (I)

- 3 EB/ GB/ AB meetings (Jun'16, Oct'16, Jan'17)
- JA-CHRODIS final conference March'17
- JA-CHRODIS dissemination events:
  - 16th International Conference on Integrated Care (BCN 23-25 May'16)
  - European Health Forum Gastein (Gastein, 28-30 Sep'16)
  - European Public Health Conference (EUPHA) (Vienna, 9-12 Nov'16)

# Specific activities to agree (II)

- Scale depending of resources available:
  - Dissemination of PKE through workshops
  - Development of communities of practice
  - Translation of practices in PKE

# Financial Overview



# Key Figures

- Total Budget: **9,3 Million Euros**
- EU Contribution: 4,6 Million Euros
- 39 months (January 2014 to March 2017)
- 39 Associated Partners
- 33 Collaborating Partners
- 32,594 person days

# Summary January 2014 to December 2015

- **Overall expenditure up to M24**

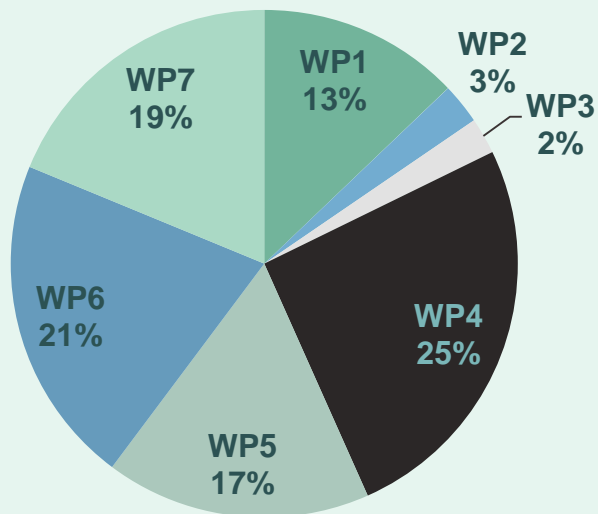
5M €  54% Budget

- **Person days consumed up to M24**

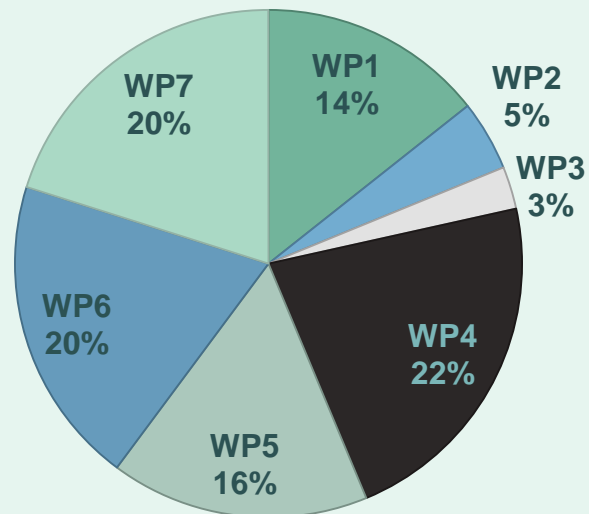
19,197 p/d  59% Budget

# Budget per WP

## Person Days 2014-2017

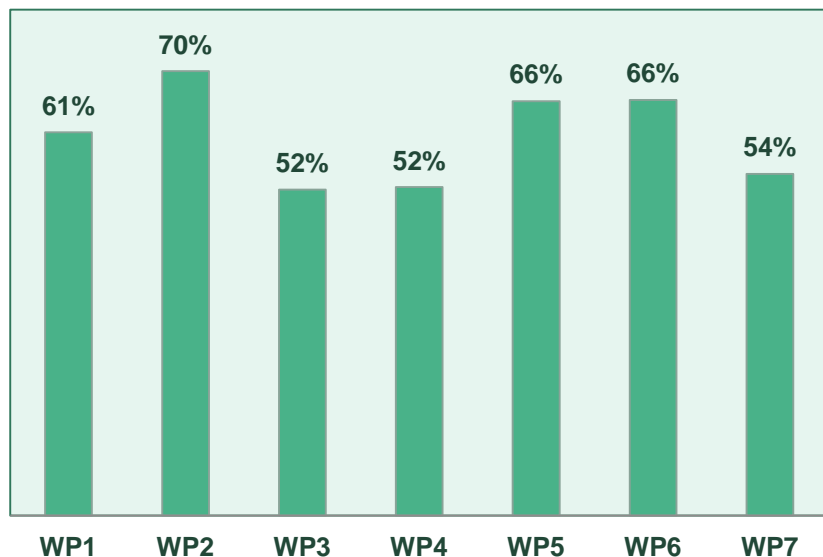


## Budget 2014-2017

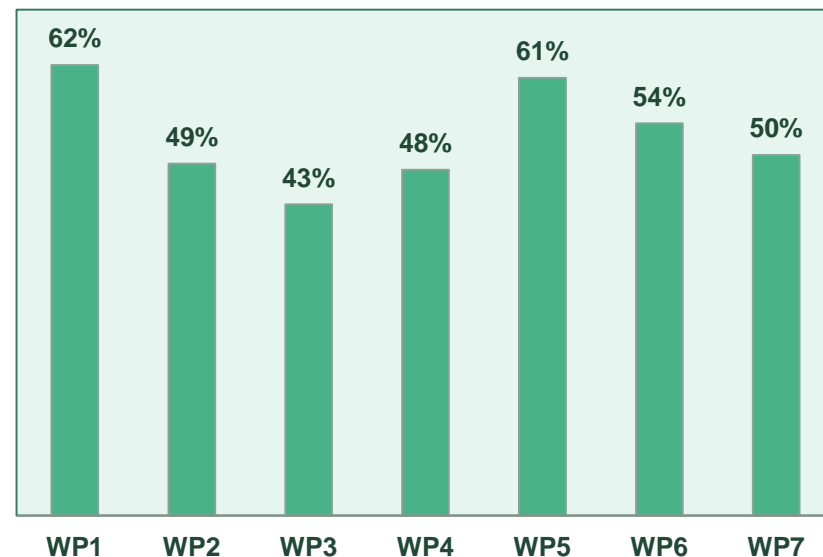


# Expenditure overview by Work Package

## Person days consumed M24

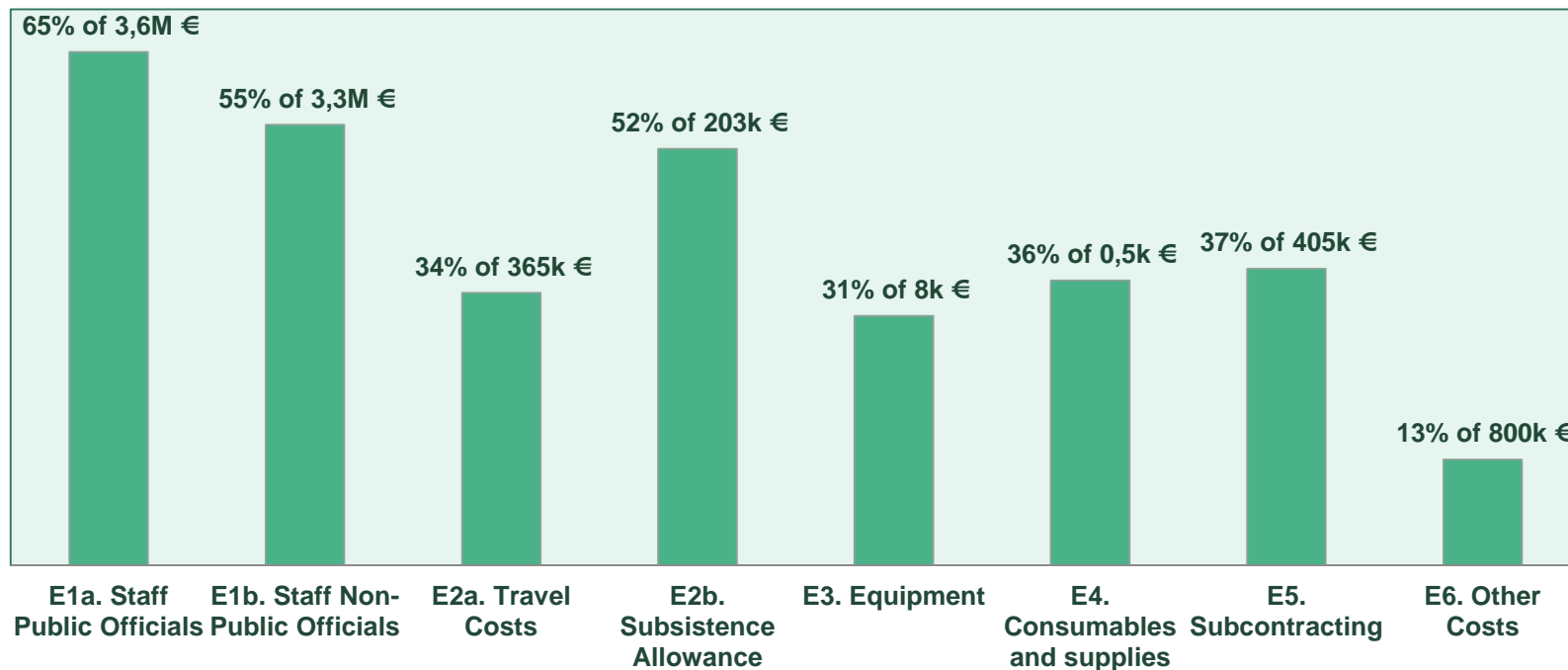


## Expenditure M24



# Expenditure overview by Cost Type

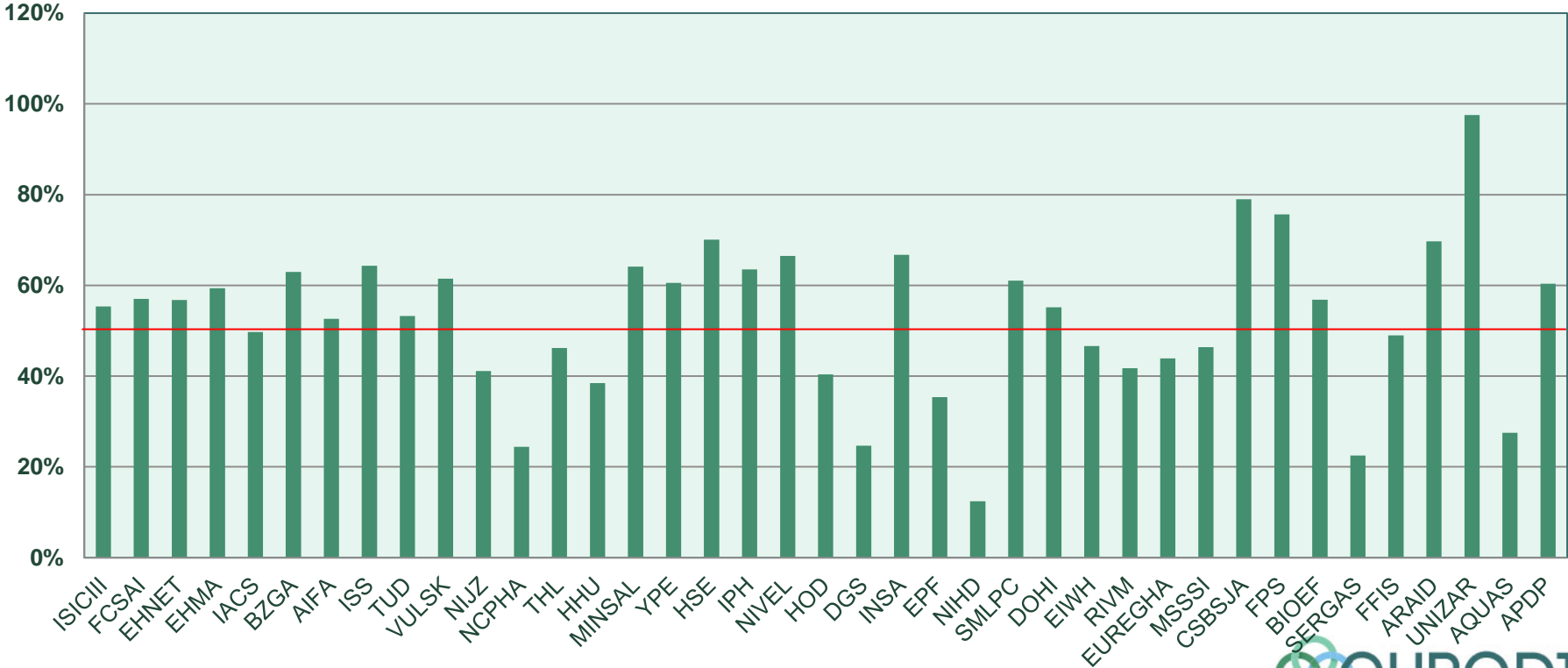
## Expenditure per Cost Type M24





# Expenditure overview by Partner

Expenses vs Budget M24



# Conclusions

- Budget on track but need to focus on next 15 months.
- WP Leaders need to take a closer look at their partners' workload.
- Efficient use of resources - consider reallocation between cost categories, partners and WPs.
- Support from WP1.



# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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# Overview of the progress made in JA Chrodis

Work Package 2



**Anne Pierson**  
EuroHealthNet  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# Work Package 2

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

- **Dissemination**
  - 3 Newsletters & 5 monthly updates
    - (Newsletters' focus:  
Introduction, Health Promotion, Diabetes
  - Promotional materials:
    - Poster updates
    - brochure updates  
(translated into 11 languages)



# Achieved Activities / Tasks in 2015

[ABOUT US](#)[OUR WORK](#)[OUTCOMES & RESULTS](#)[NEWS & EVENTS](#)[RESOURCES](#)

- **Dissemination**

- Website / online

- Increased frequency of updates
    - Website banner for CHRODIS F
    - General presentation also available
    - New “Outcomes & Results” section



SCIENTIFIC  
PUBLICATIONS



COUNTRY REPORTS



DELPHI CONSULTATIONS



GOOD PRACTICES



POLICY BRIEF



# Achieved Activities / Tasks in 2015

- **Dissemination**

- Press releases (x3) & articles about JA-CHRODIS
  - e.g. EP Magazine, Pan-European Network (x2).
- Promotional video
  - YouTube, social media, website
  - Subtitles in Portuguese, Slovenian

- Guidelines of authorship

- **Stakeholder mapping**

- 2200 contacts in the database (as of December 2015)





# Achieved Activities / Tasks in 2015

- **Cooperation with WP leaders and partners**

- Overall support (editing, layout of reports, etc)
  - e.g. WP5 conference materials or WP7 policy brief.
- WP2 partners
  - e.g. video, EUREGHA meeting

- Other stakeholders

- e.g. communication team of the EIP-AHA, meeting with ECDA)

- Visibility of JA-CHRODIS at other conferences and events,

- Poster presentation at EPH Milan 2015;
- Presentation at EPHA Conference

Joining forces across Europe to strengthen policies and approaches to prevent chronic disease: JA-CHRODIS

Caroline Costongs, EuroHealthNet (authors: C. Costongs, T. Kunkel, T. Chavarría Giménez)

## Introduction

Chronic diseases affect 8 out of 10 people aged over 65 in Europe.

- Approx. 70% to 80% of health care budgets across the EU are used to treat chronic diseases.
- Many chronic diseases are preventable, or their onset can be delayed.

Only 2% of health costs in EU Member States are used for prevention.

10 million Euro collective investment

To establish the groundwork, country reviews were developed.

- Outlining the health promotion and primary prevention 'landscape' in 14 countries
- Outlining the gaps and needs; and much more.

## Results

- Significant differences in systems and structures across partner countries

Most frequently identified themes emerging from the gaps and needs.

Most frequently identified items and themes emerging from the gaps and needs.

- HIAP
- Evaluation, monitoring and research
- Capacity and capacity development

All reports made reference to lack of consistent funding in order to deal with these gaps and needs.

Contact: Thomas.Kunkel@bzga.de

## Lessons

The gaps and needs identified offer a basis for reorientation, improvement, innovation and capacity development in health promotion and prevention.

- Mechanisms should include:
  - Development of agreed terminology and frameworks
  - Scaling-up and transferability of promising practices
  - Thinking incl. emerging opportunities for health promotion, mHealth, eHealth, PPPs
  - Ethical dimension.

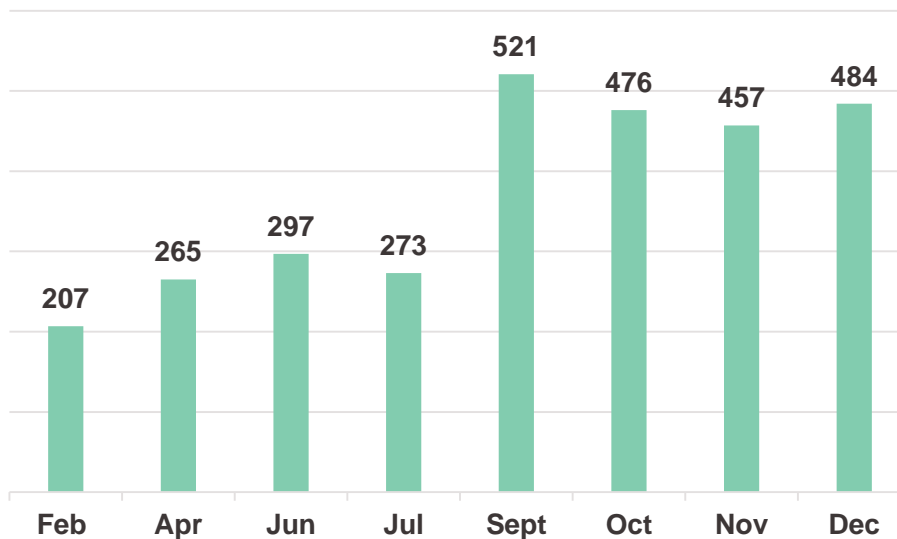
## Conclusions

1) There remains a strong need to invest more and more consistently in health promotion and primary prevention as an approach to making health systems more sustainable.

2) EU Member States can support one another by developing a common framework to share successful approaches and good practice. This is being done as part of the work of JA-CHRODIS (Knowledge platform, good practices, and more).

# Achieved Activities / Tasks in 2015

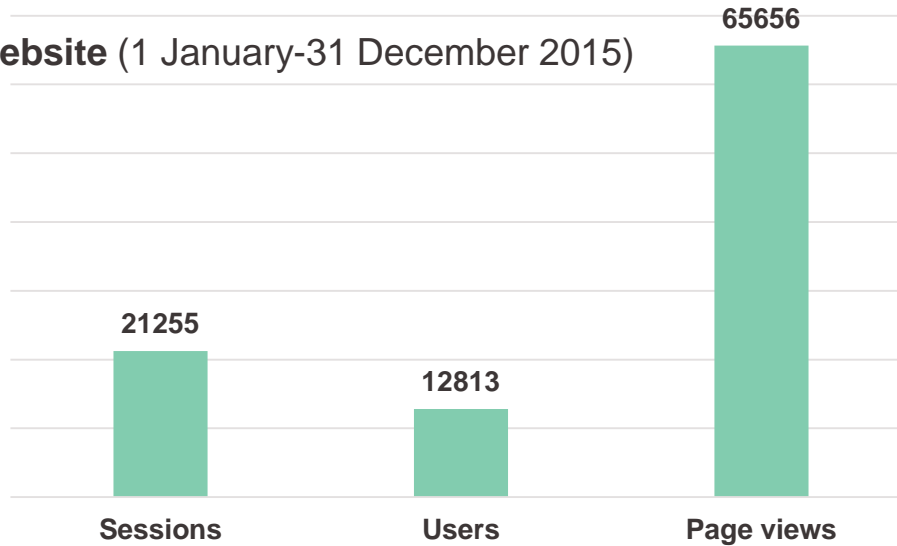
- A few stats
  - Newsletter / Monthly update readers (2015)



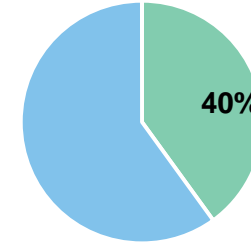
# Achieved Activities / Tasks in 2015

- **A few stats**

- **Website** (1 January-31 December 2015)



Returning visitors



- Average session duration 3:08 mins,
- Most visited sites: Homepage, About Us, Partners, Our Work and events

# Achieved Activities / Tasks in 2015

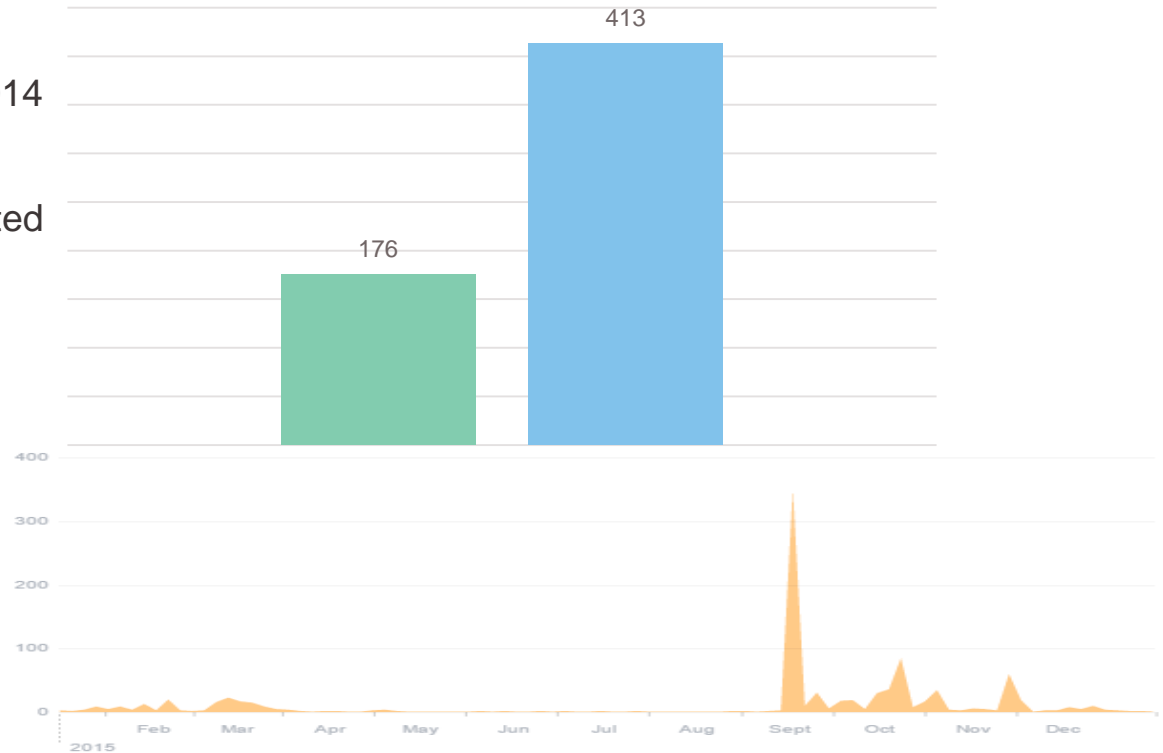
- **A few stats**

- **Twitter**

- 18 tweets per month in 2014
    - 27 per month in 2015
    - 55% of tweets get retweeted

- **Facebook**

Followers



# Achieved Activities / Tasks by Partners in 2015

- **To be updated asap**
  - **26 AP responded (66,6%) who have engaged in dissemination activities**
  - **Type of actions**
    - Dissemination of information through e.g. own newsletters
    - Translation and dissemination of brochure, press releases, video
    - Info on JA-CHRODIS on own websites
    - Presentations at conferences and events, individual meetings
  - Report on year two dissemination activities available by early March

# Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
	Build on existing outputs & increase visibility of JA-CHRODIS					
<b>Overview Y2 activities</b>	Report Y2 activities					
<b>Dissemination</b>	Newsletter; monthly updates; poster & brochure updates					
<b>Stakeholders mapping</b>	Ongoing update					
<b>Online tools</b>	Website updates; Social media plan / increase updates					
<b>Promotion</b>	Increase media coverage; presentations at other conferences					

# Deliverables & Milestones to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
	Specific WP2 deliverables					
Newsletter	01/2016					02/2016
Webinars						
Video						
	Focus on all WPs' outcomes and deliverables					
Follow JA work plan; fully engage all WPs & all partners						

Promoting external visibility of JA-CHRODIS  
More to come in the afternoon...





# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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# Overview of the progress made in JA Chrodis

Work Package 3



**Carme Carrion, Mireia Espallargues,  
Rogerio Ribeiro, Noemí Robles**  
AQuAS - APDP  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# Work Package 3

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

## FINISHED

- ✓ Evaluation Plan – Monitoring Plan (October)
- ✓ Data collection for Mid Interim Report (October-December)
- ✓ Analysis of satisfaction surveys CHRODIS big events: 1st General Assembly and 1st & 2nd Stakeholders Forums (November)

## IN PROGRESS

- Mid Interim Report (draft version)
- Global satisfaction survey with the JA addressed to AP and CP
- Further definition of Impact Assessment Plan



# Achieved Deliverables & Milestones in 2015

- ✓ M-WP3-01/D05-01: Evaluation Plan (M22)
- ✓ M-WP3-02: Acceptance Terms of Reference (M5 - Reconfirmed M16)

M-WP3-03/D05-02: Mid Interim Report (M24)

M-WP3-04/D05-03: Final Report (M39)

# Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
Activity 1	Mid Report					
Activity 2		Further Development of the Impact Plan (together WP1 and WP-leaders)				
Activity 3		Global Satisfaction Survey				

# Deliverables & Milestones to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
<b>D05-02/ M-WP3-03</b>	Mid Interim Report					

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# Overview of the progress made in JA Chrodis

Work Package # 4




**Enrique Bernal Delgado**  
IACS  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# Achieved Activities in 2015 / DELPHI 1

15	J	F	M	A	M	J
D1					X	


Delphi on Health Prevention  
& Promotion

- 
- ☒ DELPHI 1 consultation
  - ☒ Face to Face meeting
  - ☒ List of criteria and specific weights
  - ☒ final report D1

# Achieved Activities in 2015 / DELPHI 2

15	J	A	S	O	N	D
D2					X	


Delphi on organisational  
interventions

- 
- ☒ DELPHI 2 consultation
  - ☒ Face to Face meeting
  - ☒ List of criteria and specific weights
  - ☒ final report D2

# Achieved Activities in 2015 / DELPHI 3

15	J	A	S	O	N	D
D3						X

DELPHI on Patient  
Empowerment interventions

- 
- ☒ Literature review
  - ☒ Identification of experts
  - ☒ DELPHI 3 Consultation (phase I)

# PKE/Tasks accomplished in 2015

	Jan	Feb	Mar	Apr	May	Jun
MeSH		X	MeSH automated labelling through NLM API			
Metadata	Metadata user profiles designed				X	
Interface	CH and DL search results screen designed				X	

# PKE/Tasks accomplished in 2015(2)

	Jul	Aug	Sept	Oct	Nov	Dec
Metadata design		X	Clearinghouse content data model			
Programming		X	Programming PKE user search interface			
Submission Form	Practice submission form D1			X		
Evaluation Form	Practice assessment application D1			X		
Piloting		Clearinghouse piloting D1 (no storage)				X
Convergence EIP	Convergence in DL metadata					X

# Tasks to be accomplished in the next 6 months

	Jan	Feb	Mar	Apr	May	Jun
Submission Form	X	Practice submission form D2				
Search Engine		Programming search engine			X	
Helpdesk			Help Desk Integration		X	
Search engine piloting			Browsing contents			X

# Tasks to be accomplished in the next 6 months

	Jan	Feb	Mar	Apr	May	Jun
<b>DELPHI 3</b>			<b>X</b>	Final Report D3		
<b>Submission form</b>		Practice submission form D3			<b>X</b>	
<b>DELPHI 4</b>				Final Report D4		<b>X</b>
<b>DL piloting</b>				Testing procedures		<b>X</b>



# Achieved Deliverables & Milestones in 2015

DELIVER. NUMBER	DELIVARABLE	MONTH OF DELIVERY	MONTH ACHIEVED
D02	<b>D02: Clearinghouse with practices of excellence in chronic care across Europe, based on a valid and sound set of criteria</b>	M37	
D03	<b>D03: An on-line help-desk with expert consultants, providing on-line tools and meaningful information</b>	M37	
<b>MILESTONES</b>			
M-WP4-01	<b>M-WP4-01: User requirements</b>	M9	M12
M-WP4-02	<b>M-WP4-02: Tools implementation, piloting 2, bussines plan</b>	M17	
	<i>M-WP4-02.01: Tools implementation</i>		M21 (DELPHI 1)
	<i>M-WP4-02.02: Piloting 2</i>		
	<i>M-WP4-02.03: Business plan</i>		
M-WP4-03	<b>M-WP4-03: Programming + meta-data file desing, implementation</b>	M21	
	<i>M-WP4-03.01: Programming + meta-data file desing</i>	M15	M20 (Clearinghouse)
	<i>M-WP4-03.02: Implementation</i>	M21	M21 (Clearinghouse)
M-WP4-04	<b>M-WP4-04: Delphis completed</b>		
	<i>M-WP4-04.01: Health promotion</i>	M14	M17
	<i>M-WP4-04.02: Organisational</i>	M15	
	<i>M-WP4-04.03: Multimorbidity</i>	M18	
	<i>M-WP4-04.04: Patient-driven</i>	M24	
M-WP4-05	<b>M-WP4-05: Clearing-house, digital library and help-desk pilotings</b>	M39	

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



Co-funded by  
the Health Programme  
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\* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).

# Overview of the progress made in JA Chrodis

Work Package 5



**Thomas Kunkel**  
BZgA Germany  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016

# Work Package 5

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

Task	Title	Month	Output	Description
Task 3	Identification of Good Practices	Aug 15	Report plus Annex, summary report	Documentation of 41 GP examples in a short version (abstracts), extended version (annex) and summary/overview report
Task 4	Conference "Joining Forces in Health Promotion to tackle the burden of chronic diseases in Europe", Vilnius	Nov 15	Conference documentation: <a href="http://www.chrodis.eu/event/joining-forces-in-health-promotion-to-tackle-the-burden-of-chronic-diseases-in-europe/">http://www.chrodis.eu/event/joining-forces-in-health-promotion-to-tackle-the-burden-of-chronic-diseases-in-europe/</a>	Two day event with two main areas: HP policy and exchange of good practices. More than 85 attendants, incl. Ministerial representatives, public health experts, partners, stakeholders
Extracurricular	"WP5 results at a glance"	Dec 15	Overview document on WP5 results	Upload pending

# Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
<b>Task 5 "Study visits"</b>	Study visits					
<b>Task 5 Report</b>						Due Date July 2016
<b>Final Report</b>					Outline	
					Due Date December 2016	

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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# Overview of the progress made in JA Chrodis

Work Package 6. Development of common guidance  
and methodologies for care pathways for multi-morbid-  
patients



**Graziano Onder**  
AIFA, Italian Medicines Agency  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016



# Work Package 6

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

Task 1. **Identify targets** of potential interventions for management of multi-morbid patients

Task 2. **Review existing care** (pathway) approaches for multi-morbid patients

Task 3. **Develop a common model for multimorbidity management**, which can be applied and replicated in different settings

# Achieved Activities / Tasks in 2015

Task 3.1 Component of MM practices evaluated in task 2 identified and classified based on the CCM



**First document produced**

# Components

## **Delivery system design**

- Comprehensive assessment
- Multidisciplinary team
- Individualized care plans
- Case manager

## **Decision support**

- Implementation of EBM
- Team training
- Consultation system

## **Clinical information system**

- Electronic patients records
- Exchange patients infos
- Uniform coding
- Computerized systems

## **Self management**

- Tailor Self-management
- Health literacy
- Patient education
- Family education
- Approaches self-management
- Patients in decision making
- Training medical devices

## **Community resources**

- Access community resources
- Involvement of social network
- Psychosocial support

# Achieved Activities / Tasks in 2015

Task 3.1 Components of MM practices evaluated in task 2 identified and classified based on the CCM

Task 3.2 Components assessed and MM guidelines produced by a group of experts



**Final document produced**

# Experts

**Joao Forjaz**

**Elena Jureviciene**

**Alessandra Marengoni**

**Christian Muth\***

**Rokas Navickas**

**Graziano Onder**

**Alexandra Prados-Torres**

**Mieke Rijeken**

**Ulrike Rothe**

**Laurène Souchet**

**Vontetsianos Theodore**

**Josè Valderas\***

**Jelka Zaletel**

*\*External experts*

# Experts meeting - Results

16 components identified

For each component:

- Description and aims
- Key characteristics
- Relevance to multimorbidity patients

# Experts meeting - Results

## Delivery system design

- Comprehensive assessment
- Coordinated team
- Individualized care plans
- Case manager

## Decision support

- Implementation of EBM
- Team training
- Consultation system

## Self management

- Tailor Self-management
- Options for self management
- Shared decision making

## Clinical information system

- Electronic patients records
- Exchange patients infos
- Uniform coding
- Patient operated technology

## Community resources

- Access community resources
- Involvement of social network



# Achieved Deliverables & Milestones in 2015

## **D6. Reports and common guidance for care pathways for MM patients**

**D6.1** Report from data analysis and evidence from literature to identify high care demanding population (**2014**)

**D6.2** Reports on care pathways approaches for multimorbid chronic patients, including existing good practices (**2015**)



1. Innovative health care approaches for patients with multi-morbidity in Europe
2. Multimorbidity care model: Recommendations from the consensus meeting of the Joint Action on Chronic

# Achieved Deliverables & Milestones in 2015

- |  |      |
|--|------|
| <b>M6.1</b> Research/desk work on collection of data/literature/evidence   | 2014 |
| <b>M6.2</b> Review existing care pathways based on existing literature, case studies and evidence  | 2014 |
| <b>M6.3</b> Meetings with experts to assess the accuracy of collected evidence/case studies and select good practices and identify commonalities for care management of multimorbidity | 2015 |

# Achieved Activities / Tasks in 2016

Task 1. **Identify targets** of potential interventions for management of multi-morbid patients

Task 2. **Review existing care** (pathway) approaches for multi-morbid patients

Task 3. **Develop a common model for multimorbidity management**, which can be applied and replicated in different settings

Task 4. **Define multi-morbidity case management training programmes**

# Activities/Tasks to accomplish in the next 12 months

Activity	Leader	Timeline
Assessing Applicability of the MM care model proposed in Task 3	VULSK	Jan – Feb 2016
Production of a questionnaire to assess existing Case management (CM) training programs	TBA	Jan – Apr 2016
Email questionnaires and collect data from questionnaires	TBA	May – Sept 2016
Produce a summary document	TBA	Sept - Oct 2016
Identify experts on CM training programs	TBA	May – Sept 2016
Organize an expert meeting to produce recommendations on CM training programs	TBA	Sept – Dec 2016

# Deliverables & Milestones to accomplish in the next 12 months

**D6.1** Report from data analysis and evidence from literature to identify high care demanding population (**2014**)

**D6.2** Reports on care pathways approaches for multimorbid chronic patients, including existing good practices (**2015**)

**D6.3** Report on CM training programmes → **Dec 2016**

# Deliverables & Milestones to accomplish in the next 12 months

**M6.1** Research/desk work on collection of data/literature/evidence

**M6.2** Review existing care pathways based on existing literature, case studies and evidence

**M6.3** Meetings with experts to assess the accuracy of collected evidence/case studies and select good practices and identify commonalities for care management of multimorbidity

**M6.4** Meetings with experts to discuss skills and competencies and develop training curricula → **Sept-Dec 2016**

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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# Overview of the progress made in JA Chrodis

WP7 - Diabetes: a case study on strengthening  
health care for people with chronic diseases



**Marina Maggini**

National Institute of Health, Italy

**Jelka Zaletel**

National Institute of Public Health, Slovenia

7<sup>th</sup> Executive Board meeting

JA-CHRODIS

Madrid, 2<sup>nd</sup> February 2016



# Work Package 7

Deliverables, Milestones & Activities

# Achieved Activities / Tasks in 2015

Structured overview about practices on diabetes prevention and care

**Report on the survey** ([chrodis.eu/wp-content/uploads/2016/01/Report-prevention-and-management-diabetes-Final.pdf](http://chrodis.eu/wp-content/uploads/2016/01/Report-prevention-and-management-diabetes-Final.pdf))

Definition of preliminary lists of quality criteria for good practices on prevention, management, health promotion, education and training

**Publication of a Monograph on Annali ISS** ([chrodis.eu/our-work/07-type-2-diabetes/publications/](http://chrodis.eu/our-work/07-type-2-diabetes/publications/))

Collection of potential good practices on prevention, management, health promotion, education and training

SWOT analysis to give a qualitative overview, by Country, of the current policies and programs, including successful strategies

**Report on the SWOT analysis** (<http://www.chrodis.eu/our-work/07-type-2-diabetes/wp07-activities/>)

# Achieved Activities / Tasks in 2015

Mapping of National Diabetes Plans across Europe  
Policy Brief on National Diabetes Plans

3<sup>rd</sup> WP7 meeting  
July, 2-3, Rome

4<sup>th</sup> WP7 meeting  
Expert policymaker meeting – October, 20-21, Ljubljana

# Achieved Deliverables & Milestones in 2015

## **Milestone 1 - Expert overview on successful strategies to improve prevention of diabetes and the quality of care for people with diabetes**

SWOT analysis on the successful strategies and the strengths as described by WP7 partners and experts

## **Milestone 2,4 - Workshop to analyse collected data on processes in NDP development, implementation, and sustainability**

### **Expert policymaker meeting**

Meeting - October, 20-21, Ljubljana

# Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
Task 1- 4	Questionnaire for Delphi					
Task 1- 4			On line survey			
Task 1- 4				Expert panel		
Task 1- 4	Definition of Recommendations					
Task 5	PB on NDPs					
Task 5	Definition of guide on NDPs					

# Deliverables & Milestones to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
<b>Deliverable 4B</b>	PB on NDPs					
<b>Deliverable 4C</b>		Guide on NDPs				
<b>Deliverable 4A</b>					Recomm.	
<b>Milestone 3</b>					Finalized Recomm.	

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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# Mid-term Evaluation results

7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
2<sup>nd</sup> February 2016



**Rogério Ribeiro**  
APDP – Diabetes Portugal  
**Carme Carrion, Noemí Robles, Mireia Espallargues**  
AQuAS, Spain



# Definition of Indicators and Data Collection

“There and Back Again”

# Indicators and Data Collection

- Recursive process of indicators definition.
  - Challenge: February 2015,
  - Draft indicators: March,
  - Discussion TCs WP3-WPs: May-June,
  - Final version: October.
- Data Collection.
  - Preparation/Help tools: October-November,
  - Collection: November-January 2016.

# Interim report

JA-CHRODIS Evaluation M1 - M18

# Interim report

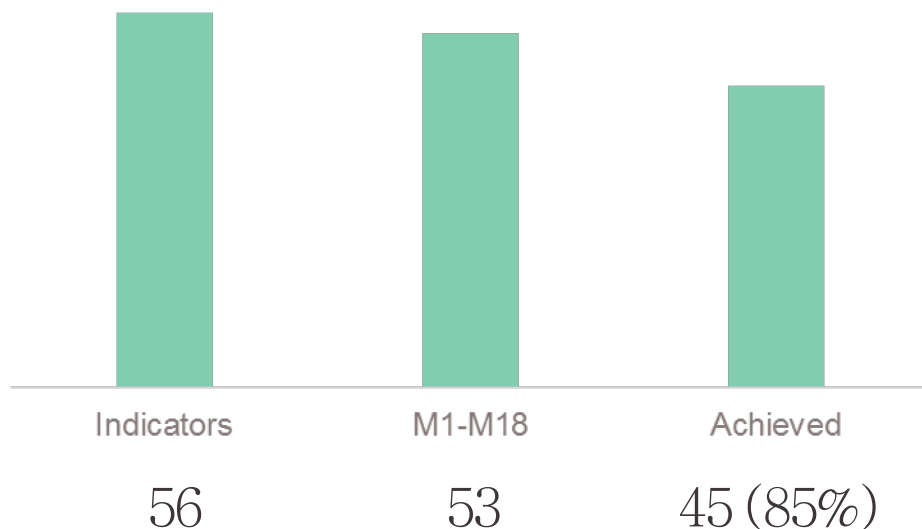
- Based on indicator description tables, monitoring charts, helping tools provided by WP3, and additional materials provided by WP leaders;
- M1-M18 covering 159 indicators, from a total of 230;
- Report structure: text with embedded references for indicators vs table description;
- Final version under discussion.

# Evaluation results



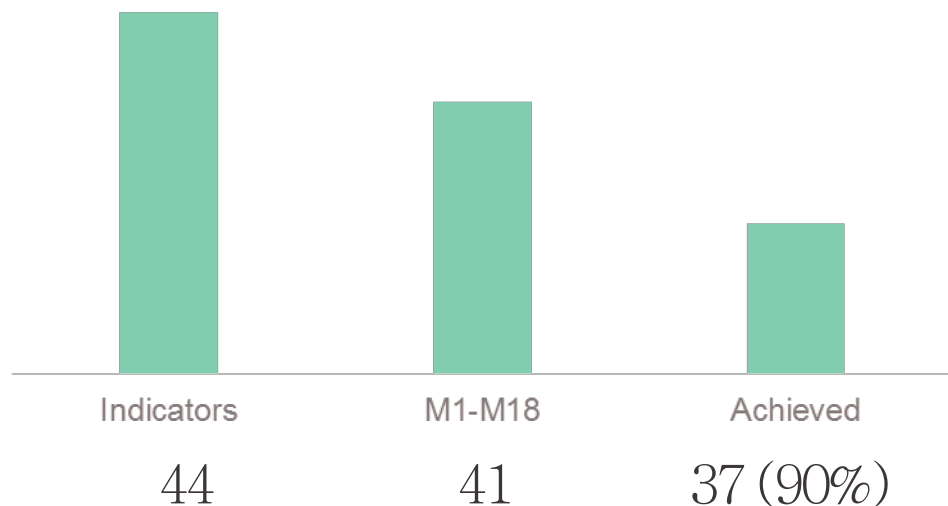
Beyond the great achievements, small details can be perfected...

# WP1 results



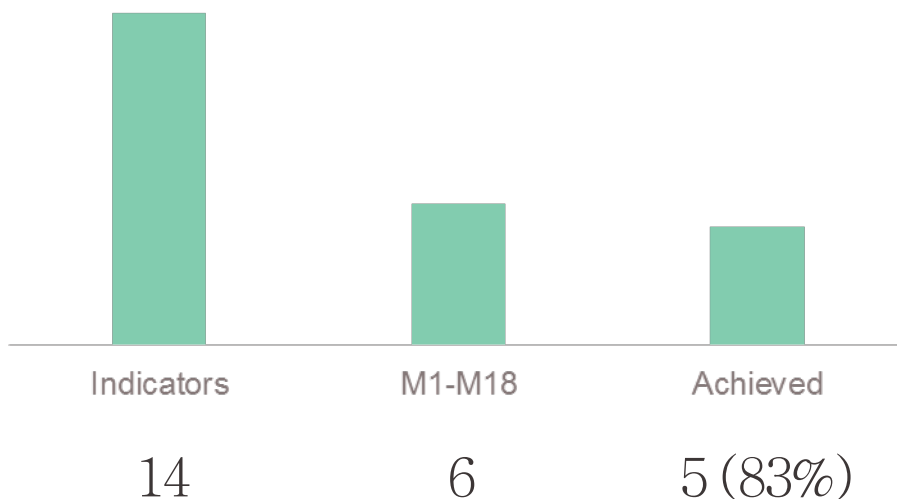
- Partially delayed deliverables,
- Lower representation of member states and partners in Kick-Off meeting,
- EB meetings participation (previous WP3 leaders),
- Satisfaction EB/AB.

# WP2 results



- Difficulties getting info on EIP-AHA website,
- Lack of partners feedback regarding institutional links to CHRODIS website,
- Measure usage of documents and satisfaction with website.

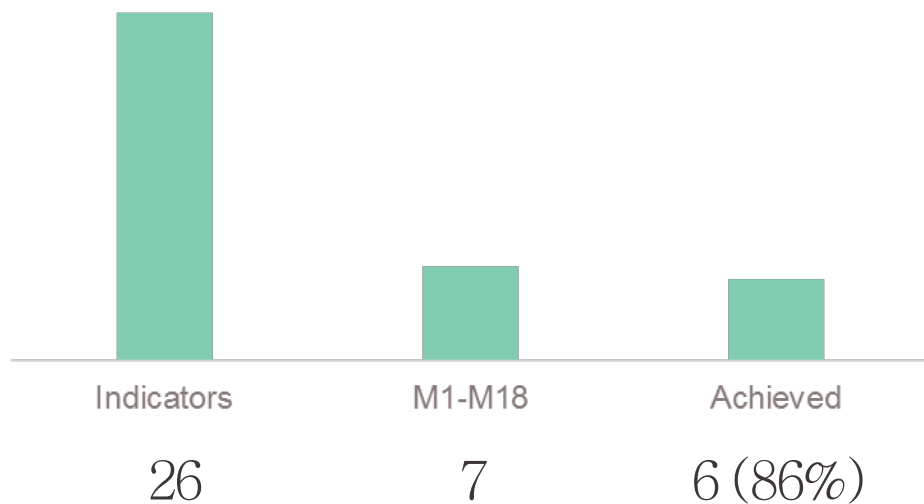
# WP3 results



- Partially delayed deliverables,
- Support of satisfaction assessment of several WPs.

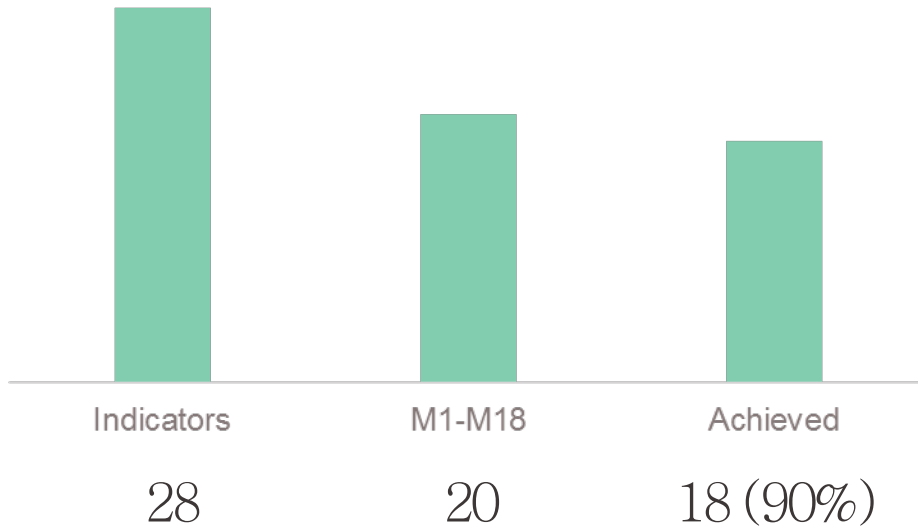


# WP4 results



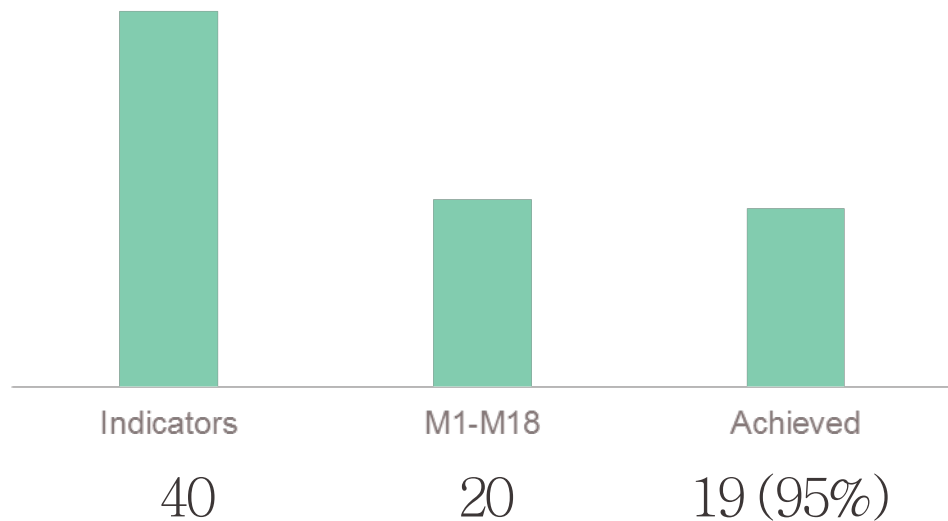
- Mainly later indicators,
- Some indicators may be aligned with the impact of CHRODIS strategy.

# WP5 results



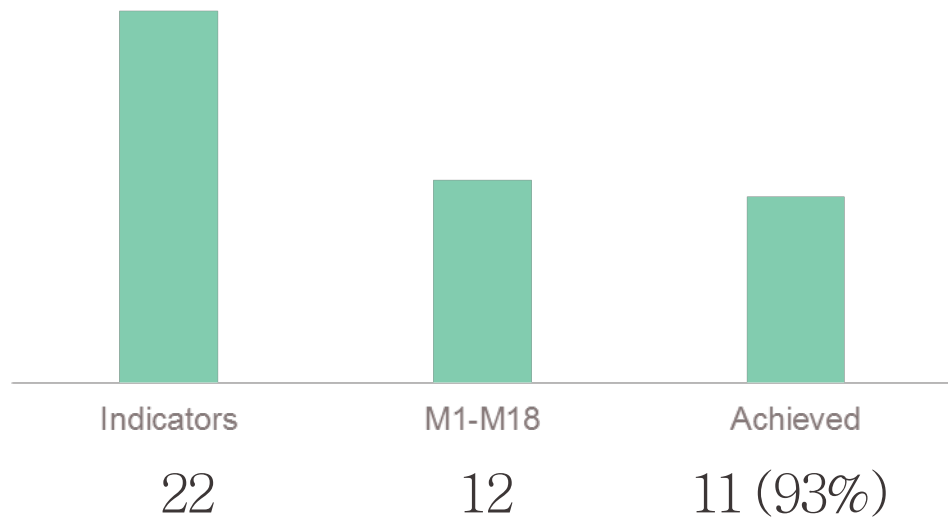
- Technical difficulties to quantify downloads of online documents.

# WP6 results



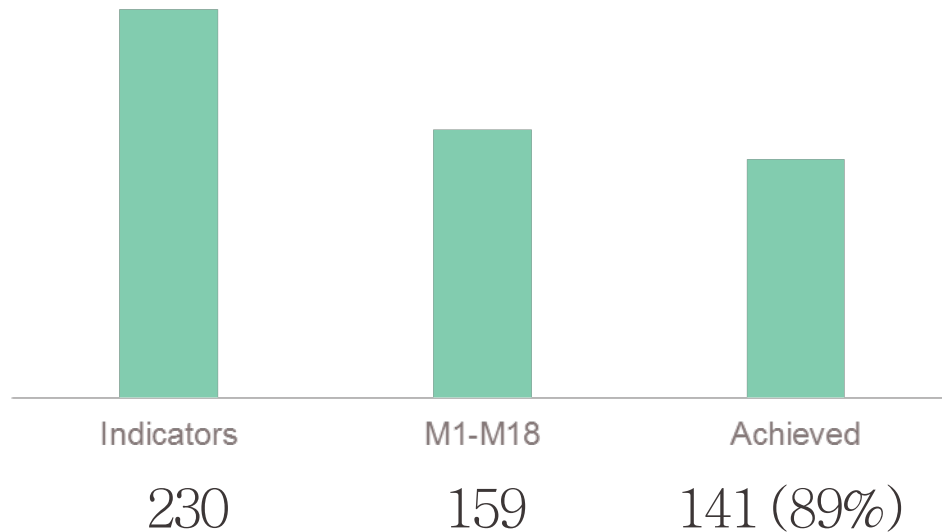
- Lower % partners attending meetings,
- Delayed indicators for tasks 3 and 4.

# WP7 results



- Significant differences in workflow that led to redesign of indicators.

# JA-CHRODIS monitoring results



- Successful implementation;
- Ability to answer to challenges.

# Lessons learned / Questions to address

- Milestones, Deliverables and tasks were broadly achieved;
- Timeline with small deviations, easily explained and overcome;
- WP approaches frequently changed to better tackle tasks;
- Some indicators may be used as “proxies” for impact;
- Stakeholders and partners involvement should be followed (but changes in venue may interfere);
- Satisfaction assessment must be covered consistently,
- ...



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# Activities 2016 to promote external visibility of JA- CHRODIS

Work Package 2



**Anne Pierson**  
EuroHealthNet  
7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
Madrid, 2<sup>nd</sup> February 2016



# Work Package 2

Deliverables, Milestones & Activities

# Promoting external visibility of JA-CHRODIS

## WP2 Plan of dissemination

### Discussion

- How can we engage / increase cooperation with all Partners?
- What do you expect from WP2?
- A few recommendations from WP2

# Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
	Build on existing outputs & increase visibility of JA-CHRODIS					
<b>Overview Y2 activities</b>	Report Y2 activities					
<b>Dissemination</b>	Newsletter; monthly updates; poster & brochure updates					
<b>Stakeholders mapping</b>	Ongoing update					
<b>Online tools</b>	Website updates; social media plan / increase updates, likes, shares					
<b>Promotion</b>	Increase media coverage; presentations; video translations					

# Activities/Tasks to accomplish in the next 6 months

- Website updates
  - Outcomes clearer



ABOUT US

OUR WORK

OUTCOMES & RESULTS

NEWS & EVENTS

RESOURCES



SCIENTIFIC  
PUBLICATIONS



COUNTRY REPORTS



DELPHI CONSULTATIONS



GOOD PRACTICES



POLICY BRIEF

# Activities/Tasks to accomplish in the next 6 months

- Social media
  - Strategy; taking into account:
    - Tweets: JA-CHRODIS **outcomes** or with pictures/questions work best
    - Facebook: articles related to healthy lifestyle/health promotion and about JA-CHRODIS outcomes work best
    - Opportunities
    - Special events / occasions



The screenshot shows a Facebook interface. At the top, a post from 'Cancon, Elva Gísladóttir, Carme Carrion and 2 others like this.' is partially visible. Below it is a comment box with the text 'Write a comment...' and a 'Press Enter to post.' prompt. The main post is from 'EU\_Chrodis', published by 'Anne Pierson' on '15 January at 11:58'. The post text reads: 'An interesting read highlighting the importance of Health in All Policies implementation!'. The image shows a group of people crossing a city street. Below the image, the title 'How Urban Planning Can Influence Obesity Rates' is displayed, followed by a subtitle: 'A Swiss case study sheds new light on the link between a city's layout and the health of its residents.' and the source 'THEATLANTIC.COM | BY ARIA BENDIX'. On the right side of the post, there are statistics: '190 people reached' and a 'Boost Post' button. On the far right, a sidebar shows 'THIS WEEK' statistics: '3 Page Likes', '132 Post Reach', and '0 Website Clicks'. Below this, a 'Recent' section lists the years '2015' and '2014'.

# Activities/Tasks to accomplish in the next 6 months

For inspiration:	Day	Source
Internal sources:	Mondays	<ul style="list-style-type: none"> <li>Country reports BG, CY, EE, DE, GR, Ice, Ire, IT, LT, Nor, PT, SP, NL, UK</li> <li>The overview report</li> </ul>
		<ul style="list-style-type: none"> <li>Selecting Criteria to assess good practice in interventions related to chronic conditions</li> </ul>
		<ul style="list-style-type: none"> <li>Video</li> </ul>
		<ul style="list-style-type: none"> <li>Good practices as they are identified – 41 good practices</li> </ul>
		<ul style="list-style-type: none"> <li>For future: webinars' advice / tips</li> </ul>
External sources:		
Facts / statistics related to	Other days in the week	<ul style="list-style-type: none"> <li>WHO fact sheets - <a href="http://www.who.int/mediacentre/factsheets/en/">http://www.who.int/mediacentre/factsheets/en/</a></li> </ul>
- Healthy eating		<ul style="list-style-type: none"> <li>OECD better life index - <a href="http://www.oecdbetterlifeindex.org/#/111111111111">http://www.oecdbetterlifeindex.org/#/111111111111</a></li> </ul>
- Physical activity -		<ul style="list-style-type: none"> <li>Healthy eating - <a href="http://www.eufic.org/article/en/expid/10-healthy-eating-tips-kids/">http://www.eufic.org/article/en/expid/10-healthy-eating-tips-kids/</a></li> </ul>
- Alcohol		<ul style="list-style-type: none"> <li>Eating healthy - <a href="https://www.facebook.com/RAWFOOD911">https://www.facebook.com/RAWFOOD911</a></li> </ul>
- Smoking		<ul style="list-style-type: none"> <li>Stop smoking, no smoking / physical activity / no alcohol / ...</li> </ul>
- Healthy environment		<ul style="list-style-type: none"> <li>Alcohol -</li> </ul>
Facts / stats related to		
- Primary prevention		Eurostat: <a href="http://ec.europa.eu/eurostat/web/main/home">http://ec.europa.eu/eurostat/web/main/home</a>
- Health economics		
Facts / stats related to		<ul style="list-style-type: none"> <li>Cvd – <a href="http://www.ehnheart.org/cvd-statistics.html">http://www.ehnheart.org/cvd-statistics.html</a></li> </ul>
- Chronic diseases, in part. diabetes, cvd, stroke,		<ul style="list-style-type: none"> <li>Diabetes - <a href="http://www.idf.org">www.idf.org</a></li> </ul>
		<ul style="list-style-type: none"> <li>Stroke info <a href="http://www.eso-stroke.org/eso-stroke/strokeinformation/stroke-facts.html">http://www.eso-stroke.org/eso-stroke/strokeinformation/stroke-facts.html</a></li> </ul>
End of week	Every Friday	<ul style="list-style-type: none"> <li>Quotes - <a href="http://www.brainyquote.com/quotes/topics/topic_fitness.html">http://www.brainyquote.com/quotes/topics/topic_fitness.html</a></li> </ul>
		<ul style="list-style-type: none"> <li>Cartoons - <a href="http://www.cartoonstock.com">http://www.cartoonstock.com</a></li> </ul>
		<ul style="list-style-type: none"> <li>Quiz healthy eating,... <a href="https://www.bupa.co.uk/health-information/tools-calculators/nutrition-quiz">https://www.bupa.co.uk/health-information/tools-calculators/nutrition-quiz</a></li> </ul>
		Google keywords "fun exercise, fun..."

# Activities/Tasks to accomplish in the next 6 months

## – Social media calendar

2-5 Feb JA-CHRODIS meetings		JA-CHRODIS reps meet...
4-Feb World cancer day	UN; WHO	some cancer are preventable
8-Feb (Monday)		facts WHO, OECD,...
10-Feb (Wednesday)		
14-Feb World Valentine Day		happy valentine,
15-Feb (Monday)		facts WHO, OECD,...
16-Feb National Day Lithuania		good practice from WP5
19-Feb (Friday)		quote, fun
20-Feb World day of social justice	UN	
22-Feb (Monday)		facts WHO, OECD,...
24-Feb National Day Estonia		cf report on health promotion
26-Feb (Friday)		quote, fun
29-Feb Rare disease day	(eurordis)	

# Activities/Tasks to accomplish in the next 6 months

- Video
  - Translations
  - New video ?
- Increase media coverage
  - Focus on WPs' outcomes & results

## PAN EUROPEAN NETWORK NOVEMBER 2015



### The chronic disease challenge

Anna Gallinat, of EuroHealthNet and Joint Action CHRODIS communications leader, on the burden of chronic diseases and healthy ageing, and how the Joint Action is paving the way for better health policies across Europe.

## EIP AHA NEWSLETTER | NOVEMBER 2015



### Interview with Dr. Teresa Chavarría Giménez Coordinator of JA-CHRODIS

Dr. Teresa Chavarría Giménez introduces the Joint Action on Chronic Diseases & Promoting Healthy Ageing across the Life Cycle, explains how dealing with chronic diseases & healthy ageing addresses multimorbidity.

## EURACTIV | 2 OCTOBER 2015



### Health forum looks for better ways to treat patients with multimorbidities

A growing number of Europeans are diagnosed with multimorbidities, or co-occurring diseases. As caring for patients with multimorbidities is resource-intensive and expensive, experts are looking into new types of treatment.



# Promoting external visibility

## Cooperation with WP leaders and partners

- Plan communication/dissemination activities **per WP outcomes / deliverables**,
- for ex.
  - Highlight on website
  - Disseminate via newsletter/monthly update to all Partners & their networks
  - Prepare & disseminate press release if relevant
  - Promote on social media
- Plan Webinar per WP (4,5,6,7 + 2)

# External visibility by output / outcome

- Taking into account WPs' objectives & plans for 2016
  - Ex. WP5 : Study visits; Recommendations report

WP5	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
	<b>Study visit</b>	<b>Study visit</b>	<b>Study visit</b>	SV Report					<b>Rec. Report</b>
	Website	Website	Website	Website					Website
	PR								PR
	Soc. Media	Soc. Media	Soc. Media	Soc. Media	Remind of other outputs (e.g. country reports)				Soc. Media
									Webinar

# External visibility by output / outcome

- Taking into account WPs' objectives & plans for 2016
  - Same exercise for WP4, WP6, WP7, Final Conference, Declaration

WP7	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV
	<b>Policy Brief</b>			<b>Reco mm.</b>					
	Website			Website					
	PR			PR					
	Soc. Media								
							Webinar		

- Work plan incl. major JA-CHRODIS deliverables and relevant milestones

[illegible]

# External visibility by output / outcome

**Key to success:**

**We need your input!**

# Promoting external visibility

- **Promotion of JA-CHRODIS at other conferences and events**
  - Presence / Presentations



(deadline abstracts 1 May 2016)



# Promoting external visibility

- **Promotion of JA-CHRODIS at other conferences and events**
  - Presence / Presentations
    - EHF Gastein – 28-30 Sept, Gastein  
*(Demographics and Diversity in Europe – New solutions for Health)*
    - European Forum for Primary Care (Riga 4-6 Sept 2016) ?  
(deadline abstracts 1 May 2016)
    - EUREGHA
    - Other?

# Promoting external visibility

	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV
WP7									

- Calendar of events
- Distribution of JA-CHRODIS brochures
- Usual communications (PR? Social media, etc.)



# Promoting external visibility

- **Promotion of JA-CHRODIS at other conferences and events**

**Where do you plan to go?**

**Tell us!**

# Promoting external visibility

- **Promotion of JA-CHRODIS at other occasions**
  - World Health Day;
  - World Diabetes Day 14/11 - World Heart Day 29/9 – World Obesity Day – etc.
  - Week of sport, week of mobility, ...

# Promoting external visibility: Discussion

## How can we engage / increase cooperation with WP leaders and ALL partners?

- Engage in all communication/dissemination activities, for ex.
  - Website link to JA-CHRODIS?
  - Dissemination of newsletter to own networks?
  - Dissemination of press release?
  - Promote on social media?

# Discussion

What do you expect from WP2?

# Reminder / recommendations for all for 2016

- **JA-CHRODIS**

- Disclaimer

- This website/... originates from the Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS), which has received funding from the European Union, in the framework of the Health Programme (2008-2013).
- This publication/... arises from the Joint Action CHRODIS, which has received funding from the European Union, in the framework of the Health Programme (2008-2013). Sole responsibility lies with the author and the Consumers, Health, Agriculture and Food Executive Agency is not responsible for any use that may be made of the information contained therein.

# Conclusions / WP2 request to all WPs:

To keep WP2 informed of

WP outcomes

WP meetings,

publications,

presence at events

**In a timely way!**

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



Co-funded by  
the Health Programme  
of the European Union

\* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).

# General Assembly & Stakeholders' discussion groups

7<sup>th</sup> Executive Board meeting  
JA-CHRODIS  
2<sup>nd</sup> February 2016



**Presenter**  
Institution



# Aim & Outcome

- **AIM:** Discuss how to operationalise the exchange of good practices among stakeholders and partners.
- **OUTCOME:** Discussion on the organisation of a flow of good practices with an impact at European level and JA-CHRODIS next steps.

# Topics to be discussed

- **Promote of PKE use** –Exchanging good practices as the starting point
- **Transferability of practices** –how to plan the transfer to improve the probabilities of success
- **Collaboration with other initiatives** -how to make JA-CHRODIS the reference initiative on chronic conditions at European level

# Questions to be considered

- **Promote of PKE use**
  - Incentives
  - Dissemination
- ***Transferability of practices*** *(in promotion and prevention; multimorbidity; diabetes)*
  - Facilitators
  - Barriers
- **Collaboration with other initiatives**
  - What type of common initiatives
  - What are useful JA-CHRODIS outputs
  - What other initiatives on chronic diseases

# Groups dynamics

- 2 EB moderators
- 1 rapporteur (to be selected from participants)
- Distribution of participants in 5 classrooms (20-40 participants)
- Discussion in small groups (4-8 participants)
- Timing: 20 minutes discussion in small groups + 20 minutes discussion within classroom (include conclusions to present at general audience)
- Use of flipchart to provide feedback to audience
- Feedback of conclusions to general audience by rapporteur

# Logistics of groups discussions

- After lunch, participants to attend classrooms at ENS
- Distribution to classrooms by surname\* -info to be given with ISCIII map to participants
- Following discussion, return to Ernest Lluch for coffee break and present conclusions at general audience

# Distribution of rooms and moderators

- Classrooms at ENS and suggested EB moderators:
  - Classroom 1: Alexander & Graziano (24 participants)
  - Classroom 3: Marina & Rokas (16 participants)
  - Classroom 6: Mireia & Carlos (24 participants)
  - Classroom 7: Enrique & Carme (16 participants)
  - Classroom 9-10: Jelka & Rogerio (34 participants)



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