

Overview of the progress made in JA Chrodis

Work Package 1



Carlos Segovia
Coordinator
Instituto de Salud Carlos III, Madrid (ES)

Work Package 1

Work Package 1 presentation

Advisory Board meeting

JA-CHRODIS

Madrid, 3rd February 2016

WP1- Achievements and outputs during 2015

- ✓ **First technical and financial interim report**
- ✓ **Annual Reports on Sustainability:** Report on conclusions of the discussions of the Governing Board on the future plans to maintain the activities of JA-CHRODIS and chronicity in the agenda
- ✓ **Revision Grant Agreement –Amendment**

MEETINGS 2015

- ✓ 1st General Assembly and 2nd Stakeholders Forum
- ✓ 1st Advisory Board meeting
- ✓ 1st Governing Board
- ✓ 5th and 6th Executive Board meeting

WP1- Objectives and plan activities for 2016

- Create common vision & **strategy** for sustainability
- Coordinate WPs and alignment across WPs around good practices
- Maximise added value of **Governing and Advisory Board**
- Compliance with **GA** and complete technical and financial reports

The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)*



Co-funded by
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* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).

Overview of the progress made in JA Chrodis

Work Package 2

2nd Advisory Board meeting
JA-CHRODIS
3rd February 2016

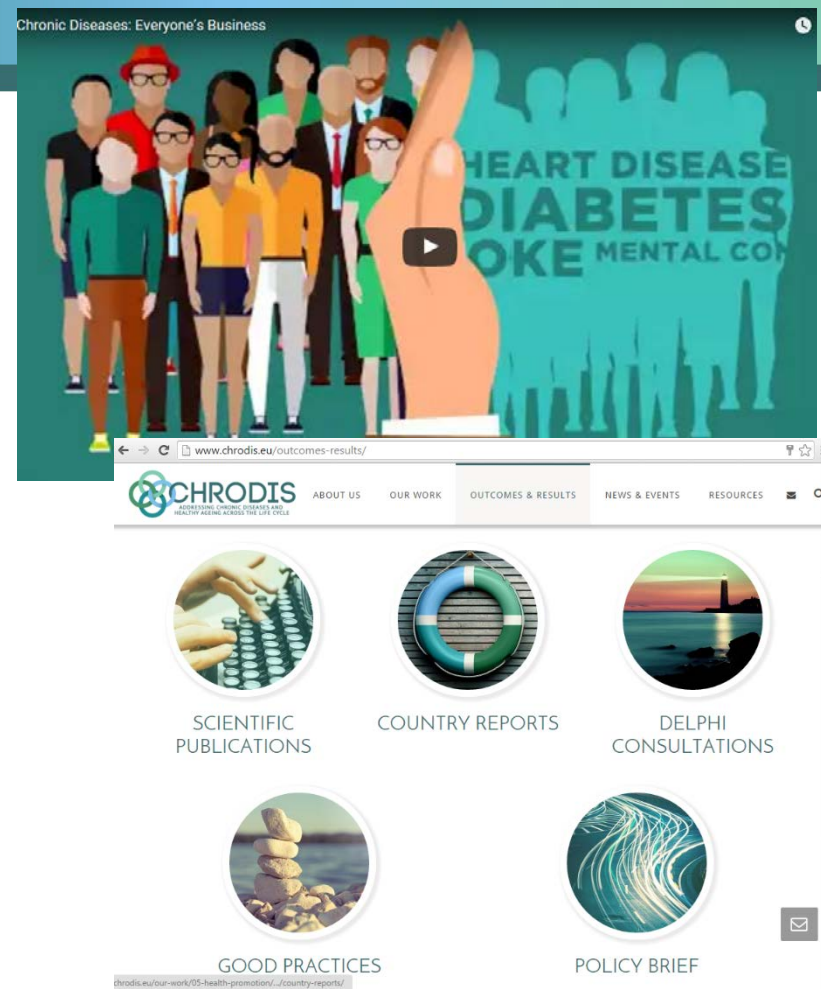
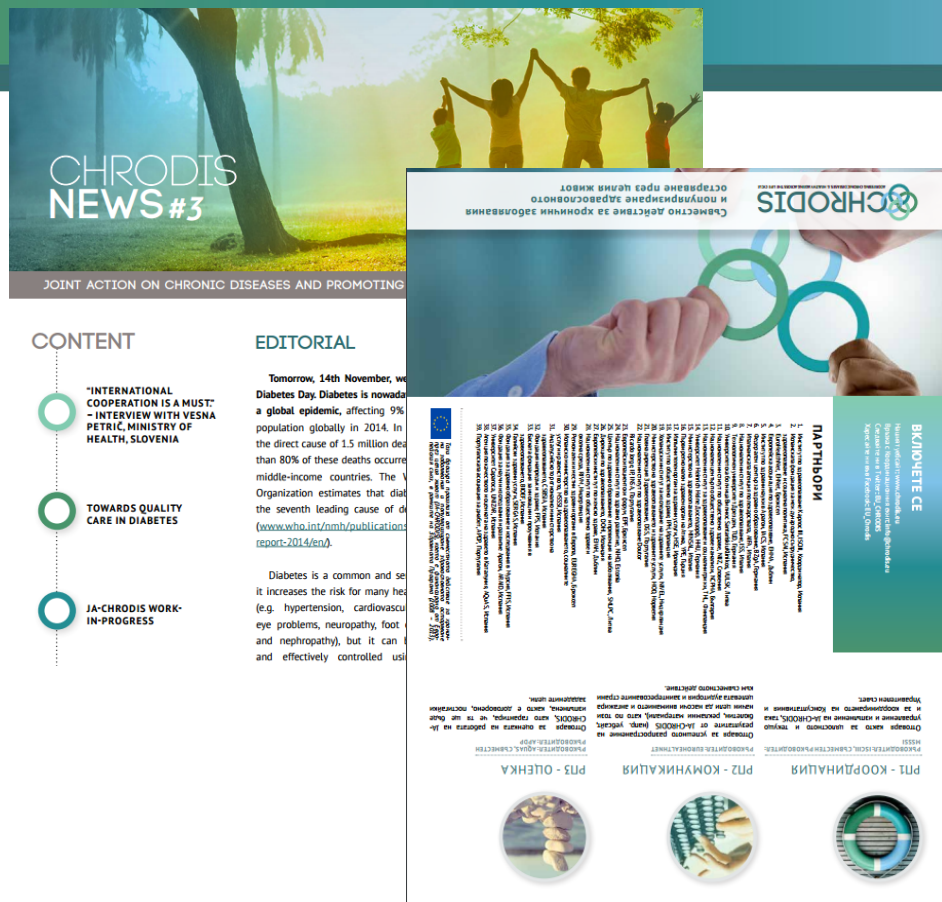


Anne Pierson
EuroHealthNet
7th Executive Board meeting
JA-CHRODIS
Madrid, 2nd February 2016

Work Package 2

Deliverables, Milestones & Activities in 2015 - 2016

Dissemination & promotional activities in 2015



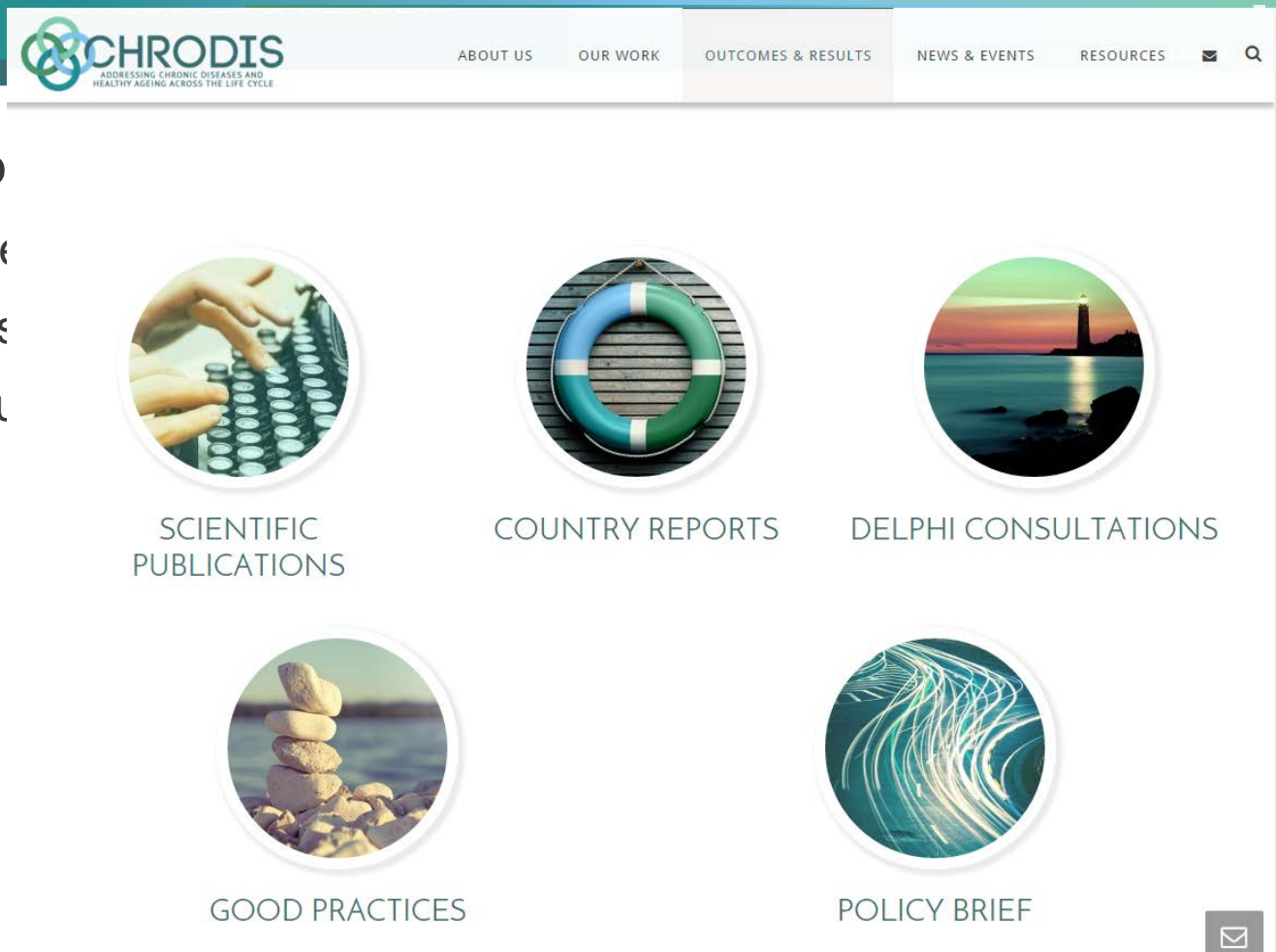
Dissemination

- 2015: 3 Newsletters & 5 monthly updates
(Newsletters' focus:
Introduction, Health Promotion, Diabetes
 - 2016: same
- 2015: Promotional materials:
 - Poster updates
 - brochure updates
(translated into 11 languages)
 - 2016: further updated towards end of year



Dissemination

- 2015: Website / o
 - Resources page
 - New “Outcomes
 - 2016: ongoing u friendliness



Dissemination

- Press releases (x3) & articles about JA-CHRODIS
 - 2016: to be increased

PAN EUROPEAN NETWORKS | NOVEMBER 2015



The chronic disease challenge

Anna Gallinat, of EuroHealthNet and Joint Action CHRODIS communications leader, on the burden of chronic diseases and healthy ageing, and how the Joint Action is paving the way for better health policies across Europe.

EIP AHA NEWSLETTER | NOVEMBER 2015



Interview with Dr. Teresa Chavarría Giménez, Coordinator of JA-CHRODIS

Dr. Teresa Chavarría Giménez introduces the Joint Action on Chronic Diseases & Promoting Healthy Ageing across the Life Cycle, and explains how dealing with chronic diseases & healthy ageing addresses multimorbidity.

EURACTIV | 2 OCTOBER 2015



Health forum looks for better ways to treat patients with multimorbidities

A growing number of Europeans are diagnosed with multimorbidities, or co-occurring diseases. As caring for patients with multimorbidities is resource-intensive and expensive, experts are looking into new types of treatment.

Dissemination

- 2015: Promotional video
 - YouTube, social media, website
 - Subtitles in Portuguese, Slovenian
 - 2016: More languages ?
- Guidelines of authorship
- Stakeholder mapping
 - 2200 contacts in the database (as of December 2015)



Dissemination

- Social media
 - Tweets: **outcomes** or pictures/questions work best
 - Facebook: articles related to healthy lifestyle/health promotion and about JA-CHRODIS outcomes work best
 - 2016: improve strategy & have a content calendar; taking into account opportunities & special events / occasions



The screenshot shows a Facebook interface. At the top, a post from 'Cancon, Elva Gisladottir, Carme Carrion and 2 others like this.' is partially visible. Below it is a comment box with the text 'Write a comment...' and a 'Press Enter to post.' prompt. The main post is from 'EU_Chrodis', published by 'Anne Pierson' on '15 January at 11:58'. The post text reads: 'An interesting read highlighting the importance of Health in All Policies implementation!'. Below the text is a large image of a busy city street with cars and pedestrians. Under the image, the title 'How Urban Planning Can Influence Obesity Rates' is displayed, followed by a subtitle: 'A Swiss case study sheds new light on the link between a city's layout and the health of its residents.' and the source 'THEATLANTIC.COM | BY ARIA BENDIX'. At the bottom of the post, it says '190 people reached' and there is a 'Boost Post' button. On the right side of the interface, there is a 'THIS WEEK' summary box showing '3 Page Likes', '132 Post Reach', and '0 Website Clicks'. Below this is a 'Recent' section with the years '2015' and '2014' listed.

Promoting JA-CHRODIS at other events



- International Conference on Integrated Care (Barcelona, May 2016)
- European Forum for Primary Care (Riga 4-6 Sept 2016) ?
- EPHA
- EUREGHA

Promoting external visibility

Cooperation with all WP leaders and partners

- 2016: Plan communication/dissemination activities **per WP outcomes / deliverables**,
- for ex.
 - Highlight on website
 - Disseminate via newsletter/monthly update to all Partners & their networks
 - Prepare & disseminate press release if relevant
 - Promote on social media
- Plan Webinar per WP (4,5,6,7 + 2)

Promoting external visibility

Cooperation with WP leaders and partners

- Particularly valid for:
- WP4 – PKE launch
- WP5 – Study visits, Recommendations
- WP6 – Recommendations for care model
- WP7 – Policy Brief; Recommendations
- FINAL Conference
- Declaration

Thank you



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WP3: Evaluation

2nd Advisory Board meeting
JA-CHRODIS
3rd February 2016



**Carme Carrion, Mireia Espallargues,
Rogerio Ribeiro, Noemí Robles**
AQuAS - APDP
7th Executive Board meeting
JA-CHRODIS

Achievements and future steps

Achieved Activities / Tasks in 2015

FINISHED

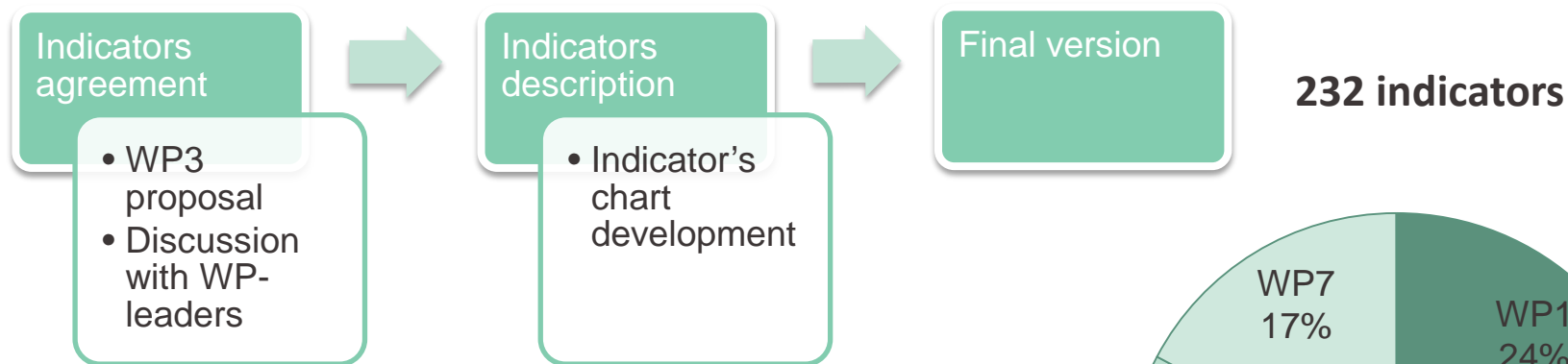
- ✓ Evaluation Plan – Monitoring Plan (October)
- ✓ Data collection for Mid Interim Report (October-December)
- ✓ Analysis of satisfaction surveys CHRODIS big events: 1st General Assembly and 1st & 2nd Stakeholders Forums (November)

IN PROGRESS

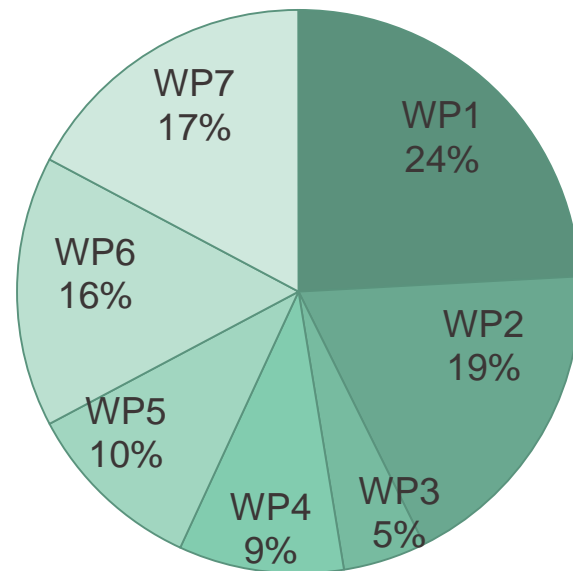
- Mid Interim Report (draft version)
- Global satisfaction survey with the JA addressed to AP and CP
- Definition of Impact Assessment Plan (Sustainability strategy)



Evaluation Plan – Monitoring Plan



(code)_Indicator	WP1.1.5_Annual reports
Definition	Annual reports developed for JA-CHRODIS
Justification	Annual reports (interims and final) provides the basic information on the progress of the JA-CHRODIS according to GA, indicating possible deviations, problems encountered and next actions
Type of indicator	Output
Methodology	Quantitative
Data source(s)	WP1 leadership
Data collection instrument	Final report
Responsible	WP1
Periodicity of data collection	Annually for interim reports (M12, M24, M39) and final report (M39)
Completion criteria	All reports completed on schedule
Acceptance criteria	All report completed with no more than 2 months delay in relation to schedule
Observations	



Mid Term Report (M1-18 January 2014-June 2015)

Data
collection

- Help tools



JA-CHRODIS EVALUATION CHECKLIST
January 2014 to June 2015

WP1 - Coordination

WP1 – Coordination

Period of evaluation: from January 2014 to June 2015

1. General coordination

1.1 – Are the Standard Operating Procedures for JA-CHRODIS available in the extranet?

Yes ☐ Please indicate the link _____

No ☐

• Successful implementation (89% achievement)

• Ability to answer to challenges

1.2 – Is the 3-year work plan for JA-CHRODIS available in the extranet?

Yes ☐ Please indicate the link _____

No ☐

➤ Timeline with small deviations, easily explained and overcome;

➤ WP approach frequently changed to better tackle tasks;

1.3 – Planned deliverables for the period were achieved/completed on time.

Yes, all ☐

Yes, with exceptions ☐ Please indicate which, current status and delay _____

No ☐ Please indicate current status and delay _____

Final version



Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
Activity 1	Mid Term Report					
Activity 2		Global Satisfaction Survey				
Activity 3		Impact Plan (together WP1 and WP-leaders)				

Milestones/Deliverables

Achieved

M-WP3-01/D05-01: Evaluation Plan (mid October 2015)

M-WP3-02: Acceptance Terms of Reference (Reconfirmed)

In progress

M-WP3-03/D05-02: Mid Term Report (December 2015 –
February 2016)

Future

M-WP3-04/D05-03: Final Report (March 2017)



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During the 6th Executive Board (EB) meeting in Treviso (June 2015) EB agrees on the need to include an Impact Assessment Evaluation proposal in the Evaluation Plan. EB agrees on the potential implicit results that JA-CHRODIS has: **improvement of policies, programmes, and interventions directed to addressing chronic diseases through the exchange of good practices.**

The logical framework model was followed in order to define the dimensions to evaluate. This model begins backwards from the main objective, through the purpose or outcome, to the outputs and finally to the activities. EB members agree on defining impact assessment focused around 3 dimensions:

- 1) Effectiveness: exchange and transfer of practices
- 2) Transferability of practices: to facilitate exchange of practice transfers and
- 3) To address health promotion and chronic care prevention

Effectiveness: Indicators

Impact assessment indicators of JA-CHRODIS

DIMENSION	EFFECTIVENESS
	<ul style="list-style-type: none">1) PKE is fully functional with all necessary technical features.2) PKE is well known amongst health professionals from European Member States.3) The practices selection criteria is accepted and valorised by health professionals, including the attractiveness of practices for their professional mission.4) A high number of health professionals send their potential good practices to the PKE.5) Good practices in the PKE are felt as following the selection criteria, including the transferability to other context6) A high number (more than 500) new or innovative practices are implemented based on good practices of the PKE (mid-term)

Transferability

DIMENSION	PROMOTE AND FACILITATE EXCHANGE AND TRANSFER, TRANSFERABILITY OF GOOD PRACTICES
	<ul style="list-style-type: none">7) Most of the included practices are defined providing enough information so as to guide the implementation in a different setting.8) Good practices chosen to be transferred were acceptable in the new context - were implemented, including economic, organizational, behavioural and cultural context.9) There is a relevant flow of good practices and a significant implementation of good practices.

Addressing chronicity.

DIMENSION	ADDRESSING CHRONICITY. SELECTION OF POTENTIAL GOOD PRACTICES
	<ul style="list-style-type: none">10) Proportion of health professionals who implement the new or innovative practice in each area and field11) Increase in the proportion of population that receives new or innovative care or interventions of increased quality12) Number of best practices introduced in Member States Health policies and recommendations (Clinical practice guidelines, recommendations, etc...)

WP4: Platform for Knowledge Exchange

2nd Governing Board meeting
JA-CHRODIS
3rd February 2016



Enrique Bernal-Delgado
Aragon Health Science Institute (IACS)

GETTING A SET OF CRITERIA FOR PRACTICE ASSESSMENT

DELPHI OUTPUTS

2 sets of criteria published, 2 more coming

WP 4 PLATFORM FOR KNOWLEDGE EXCHANGE

**Task 1: selecting CHRODIS criteria
to assess good practice in
interventions related to
chronic conditions**

**INTERIM REPORT 1: Delphi Panel on Interventions
in the area of health promotion and primary
prevention of chronic diseases**



This document arises from the CHRODIS (Addressing Chronic Diseases & Healthy Ageing Across the Life Cycle) project, which has received funding from the European Union under the Horizon Europe Marie Skłodowska Curie Grant Agreement No. 101019718. The views and opinions expressed herein do not necessarily reflect those of the European Union or the European Commission.

WP 4 PLATFORM FOR KNOWLEDGE EXCHANGE

**Task 1: selecting CHRODIS criteria to
assess good practice in interventions
related to chronic conditions**

**INTERIM REPORT 2: Delphi Panel in the area of
organizational interventions focused on dealing with
chronic patients with multiple conditions.**



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Developing an infrastructure aimed at knowledge exchange

PKE

BASIC STRUCTURE

REGISTRATION

**HELP
DESK**

Front desk tools – chat, message board
Client service tools
Tools for knowledge base maintenance

**ADMIN
SERVICES**

**CLEARING
HOUSE**

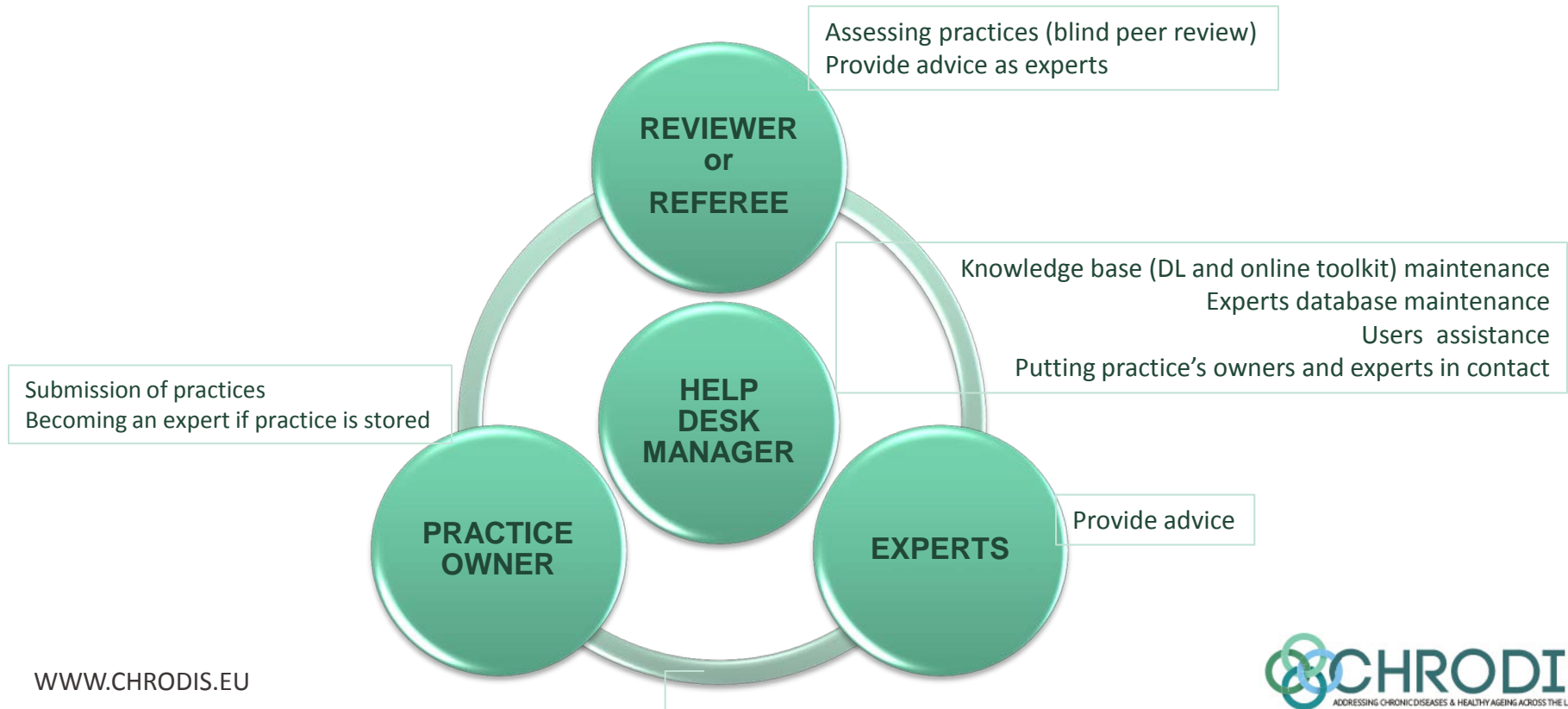
Submission of practices
Peer review
Storage
Reporting to owners

**DIGITAL
LIBRARY**

Submission of documents
Storage


SEARCH ENGINE

USERS' ROLES




Home page

[LOGIN](#)



CHRODIS
ADDRESSING CHRONIC DISEASES AND
HEALTHY AGEING ACROSS THE LIFE CYCLE




PLATFORM FOR KNOWLEDGE EXCHANGE

where decision-makers, caregivers, patients, and
researchers across the EU can find and share the best
knowledge on chronic diseases.

☐ Remember Me

[CREATE ACCOUNT](#)

[FORGOT PASSWORD](#)



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ja-chrodis-pla-0.4.0

Dashboard: all functionalities integrated

You are signed in as FRANCISCO RAMÓN ESTUPIÑÁN ROMERO

Platform for Knowledge Exchange

SEARCH DASHBOARD HELP DESK

Dashboard

My Chronic-Care Practices

ADD CONTENT

- Media Resource
- Chronic-Care Practice

ACTIVITY

- My Saved Searches
- My Media Resources
- My Chronic-Care Practices

ASSESSMENTS

- Media Resources
- Chronic-Care Practices

IN PROCESS PRACTICES

Area of Interest	Title	Creation Date	Last Update
No records found.			

SUBMITTED PRACTICES

APPROVED PRACTICES

REJECTED PRACTICES

CANCELLED PRACTICES



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Work Package 5: “Good Practice in Health Promotion and Primary Prevention”

Advisory Board meeting

JA-CHRODIS

Madrid, 3rd February 2016

Achieved Activities / Tasks in 2015

Task	Title	Month	Output	Description
Task 3	Identification of Good Practices	Aug 15	Report plus Annex, summary report	Documentation of 41 GP examples in a short version (abstracts), extended version (annex) and summary/overview report
Task 4	Conference "Joining Forces in Health Promotion to tackle the burden of chronic diseases in Europe", Vilnius	Nov 15	Conference documentation: http://www.chrodis.eu/event/joining-forces-in-health-promotion-to-tackle-the-burden-of-chronic-diseases-in-europe/	Two day event with two main areas: HP policy and exchange of good practices. More than 85 attendants, incl. ministerial representatives, public health experts, partners, stakeholders
Extracurricular	"WP5 results at a glance"	Dec 15	Overview document on WP5 results	

Identification of Good Practice Examples

41 Good Practice Examples across the life cycle

Pre-natal environment,
early childhood, childhood and
adolescence:

10 Good Practices

Adulthood:

11 Good Practices

Healthy Ageing:

5 Good Practices

Whole life cycle:

15 Good Practices

Approach to Assess Transferability

Planned Study visits in 2016:

1. Netherlands: JOGG (Young people at healthy weight)
2. UK: Well London
3. Portugal: National Programm for healthier eating
PNPAS
4. Iceland: Icelandic national curriculum guides
5. Italy: Lombardy workplace health promo network
6. Germany: Diabetes Counselling on wheels
7. “Database” Study Visit

Activities/Tasks to accomplish in the next 6 months

	Feb	Mar	Apr	May	Jun	Jul
Task 5 “Study visits”	Study visits					
						Due Date July 2016
Task 5 Report						
					Outline	
Final Report						(Due Date December 2016)

Key Outputs from WP5 so far....

Country Reports, incl. Executive Summary

<http://www.chrodis.eu/our-work/05-health-promotion/wp05-activities/country-reports>

Collection of Good Practices in Health Promotion and Primary Prevention of Chronic Diseases incl. executive summary

<http://www.chrodis.eu/our-work/05-health-promotion/wp05-activities/selection/>

Vilnius Conference Documentation (Nov. 2015)

<http://www.chrodis.eu/event/joining-forces-in-health-promotion-to-tackle-the-burden-of-chronic-diseases-in-europe/>

CHRODIS WP5 Results at a glance - (January 2016)

http://www.chrodis.eu/wp-content/uploads/2016/01/CHRODIS-WP5-at-a-glance_web.pdf

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2nd Meeting of the Advisory Board

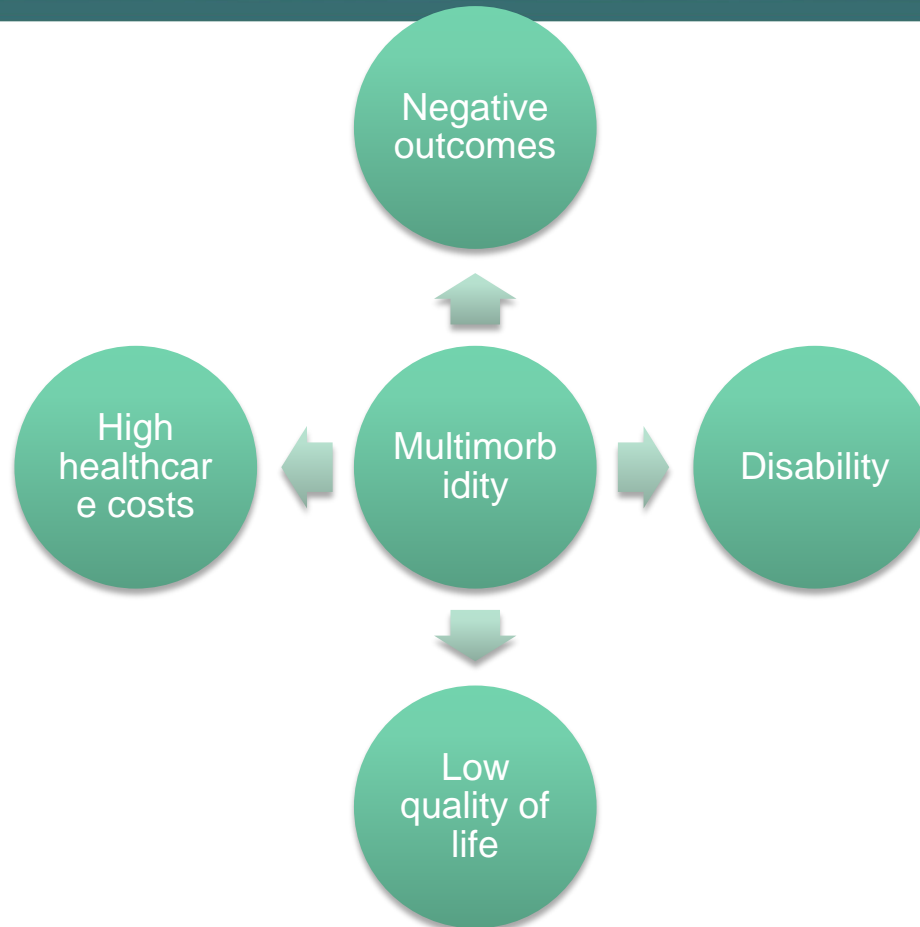
JA-CHRODIS

Madrid, 3rd of February 2016

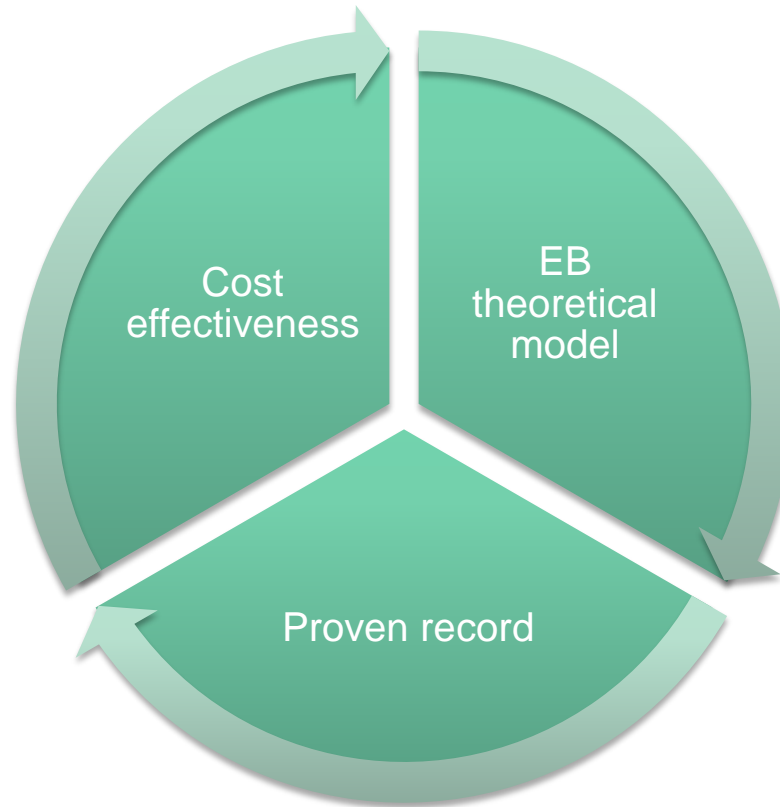


Rokas Navickas
Elena Jurevičienė
VULSK
JA-CHRODIS Multimorbidity WP co-leader

Motivation



Evidence Based Medicine



Original list of components, identified by a systematic review

Delivery of system design:

- ✓ Regular comprehensive assessment
- ✓ Multidisciplinary team
- ✓ Individualized care plans
- ✓ Appointment of a case manager

Decision support:

- ✓ Implementation of evidence-based medicine
- ✓ Team training

Clinical information system :

- ✓ Electronic patient records and computerized clinical charts
- ✓ Exchange of patient information
- ✓ Uniform coding of patients' health problems
- ✓ Patient platforms allowing patients to exchange information with their care providers

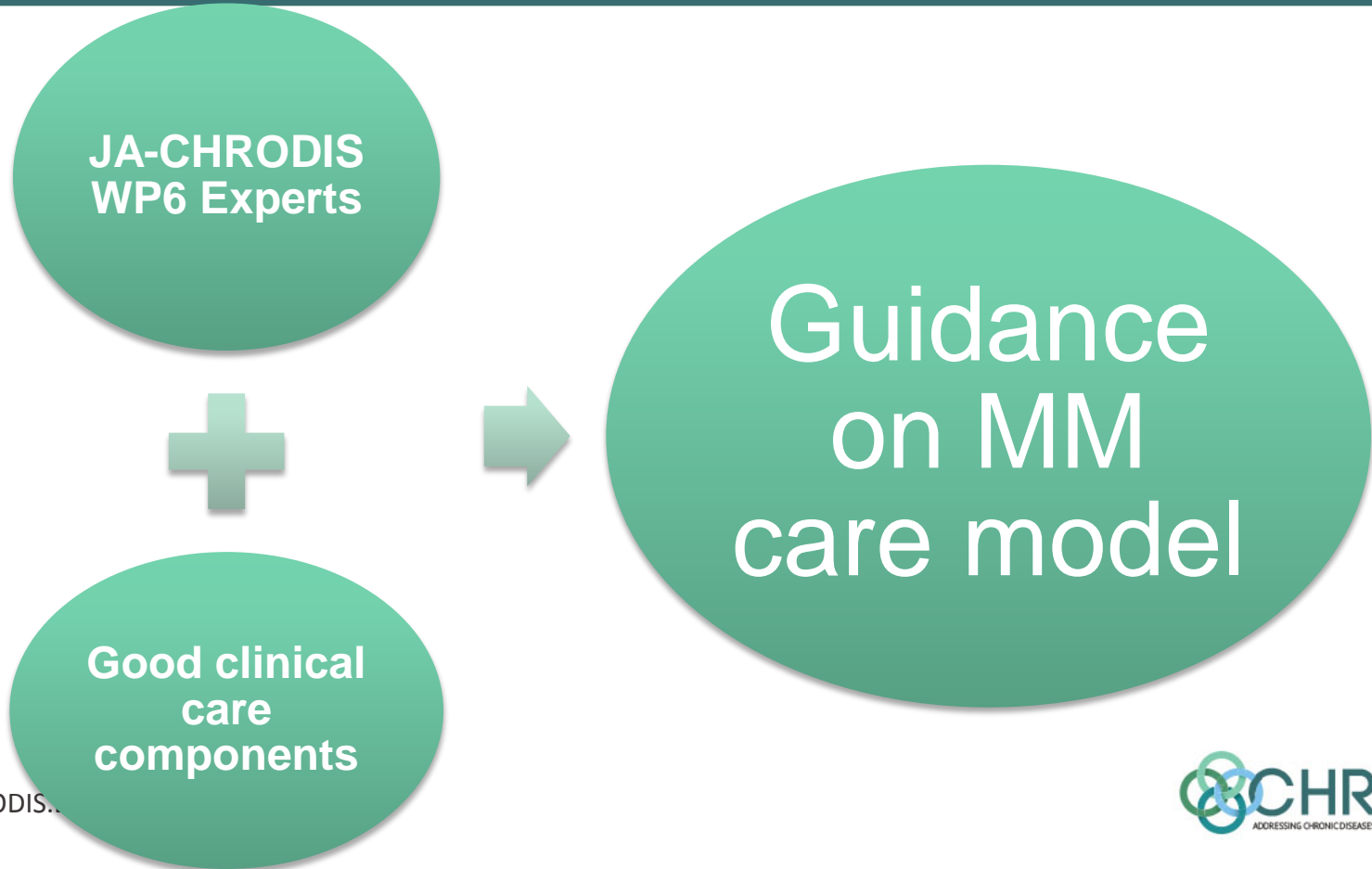
Self-management support :

- ✓ Training of care providers to tailor self-management support for patients
- ✓ Providing options for patients to improve their health literacy
- ✓ Patient education
- ✓ Involving family members and family education
- ✓ Offering approaches to strengthen patients' self-management and self-efficacy
- ✓ Involving patients in decision-making
- ✓ Training patients to use medical devices, supportive aids and health monitoring tools correctly

Community resources:

- ✓ Access to community resources
- ✓ Involvement of social network
- ✓ Psychosocial support

EXPERT CONSENSUS



DELIVERY OF THE CARE MODEL SYSTEM

- Regular comprehensive assessment of patients
- **Multidisciplinary, coordinated team**
- Professional appointed as coordinator of the individualized care plan and contact person for patient and family (“case manager”)
- Individualized Care Plans

DECISION SUPPORT

- Implementation of evidence based practice
- Training members of the multidisciplinary team
- Developing a consultation system to consult professional experts

SELF MANAGEMENT SUPPORT

- Training of care providers to tailor self-management support based on patient preferences and competencies
- Providing options for patients and families to improve their self-management
- Shared decision making (care provider and patients)

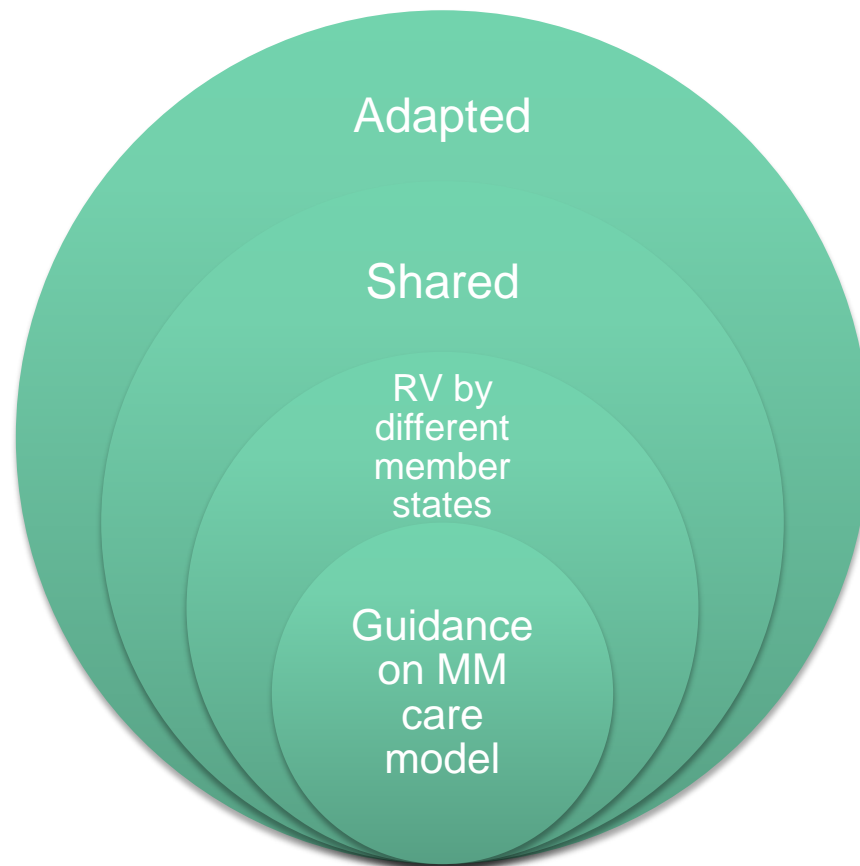
INFORMATION SYSTEMS AND TECHNOLOGY

- Electronic patient records and computerized clinical charts
- Exchange of patient information (with permission of patient) between care providers and sectors by compatible clinical information systems
- Uniform coding of patients' health problems where possible
- Patient-operated technology allowing patients to send information to their care providers

SOCIAL AND COMMUNITY RESOURCES

- Supporting access to community- and social-resources
- Involvement of social network (informal), including friends, patient associations, family, neighbours

THEORY TO PRACTICE



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Thanks for your attention!



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Overview of the progress made in JA Chrodis

WP7 - Diabetes: a case study on strengthening
health care for people with chronic diseases



Marina Maggini
National Institute of Health, Italy

Jelka Zaletel
National Institute of Public Health, Slovenia

Work Package 7

Work Package presentation

Advisory Board meeting

JA-CHRODIS

Madrid, 3rd February 2016

Achievements and outputs during 2015

Structured overview about practices on diabetes prevention and care

Report on the survey (chrodis.eu/wp-content/uploads/2016/01/Report-prevention-and-management-diabetes-Final.pdf)

Definition of preliminary lists of quality criteria for good practices on prevention, management, health promotion, education and training

Publication of a Monograph on Annali ISS (chrodis.eu/our-work/07-type-2-diabetes/publications/)

Collection of potential good practices on prevention, management, health promotion, education and training

SWOT analysis to give a qualitative overview, by Country, of the current policies and programs, including successful strategies

Report on the SWOT analysis (<http://www.chrodis.eu/our-work/07-type-2-diabetes/wp07-activities/>)

Achievements and outputs during 2015

Mapping of National Diabetes Plans across Europe
Policy Brief on National Diabetes Plans

3rd WP7 meeting
July, 2-3, Rome

4th WP7 meeting
Expert policymaker meeting – October, 20-21, Ljubljana

Objectives and plan activities for 2016

- ✓ Development of National Diabetes Plan guidelines including the essential elements of any diabetes plan, with enough room for adaptation to local implementation conditions
- ✓ Finalization of Policy brief on National Diabetes Plans
- ✓ Delphi procedure (in collaboration with WP4) on quality criteria for diabetes prevention and care
- ✓ Definition of recommendations to improve early detection and preventive interventions, and to improve the quality of care for people with diabetes
- ✓ Dissemination of results

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AB meeting: Organising the flow of good practices Discussion points



Carlos Segovia ISCIII
2nd Advisory Board meeting
JA-CHRODIS
Madrid, 3rd February 2016

AB meeting: Organising the flow of good practices

Discussion points

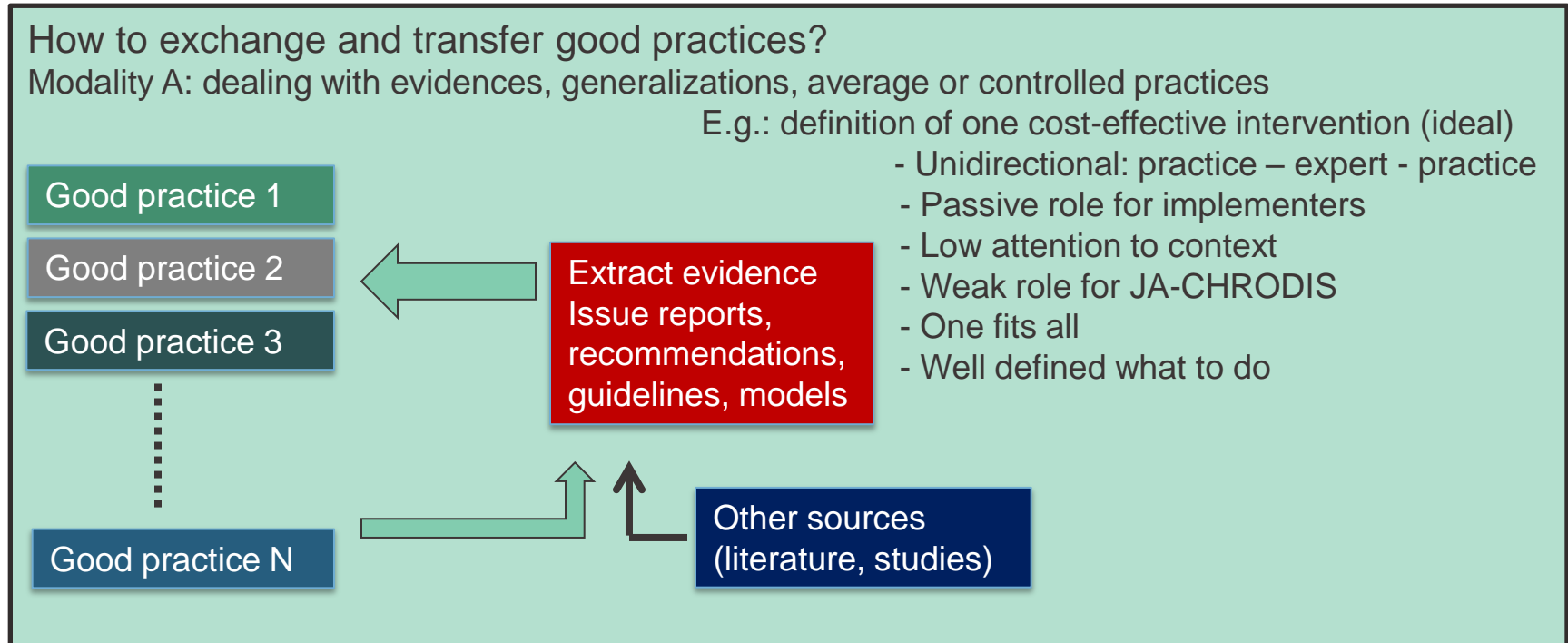
Objectives of the session:

1. Get feedback from the AB on “*The sewing thread of JA CHRODIS*” and its contribution to the general objective
2. Provide advice on:
 - How to promote the use of the PKE
 - How to facilitate the transfer and scaling-up of good practices
 - How to organise and benefit from the collaboration with other initiatives
3. Any other advice to improve the performance of JA CHRODIS

AB meeting: Organising the flow of good practices

Discussion points

The general and strategic goal: **Good Practices**



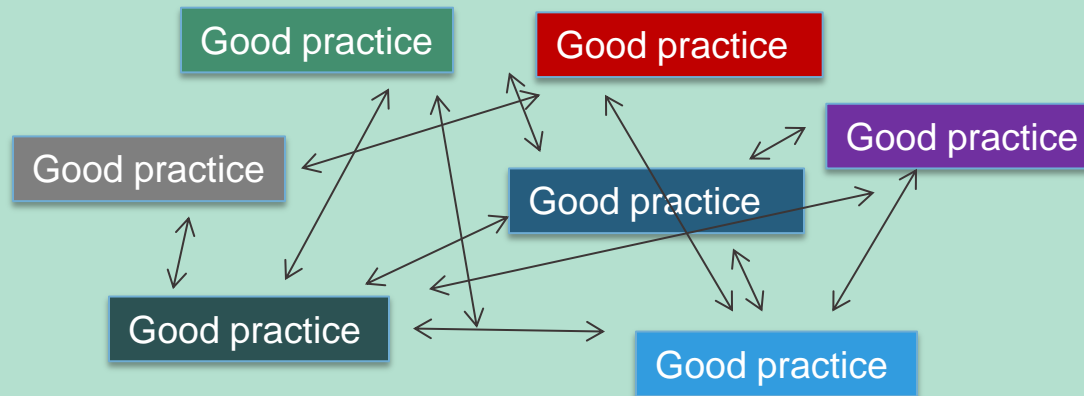
AB meeting: Organising the flow of good practices

Discussion points

The general and strategic goal: **Good Practices**

How to exchange and transfer good practices?

Modality B: dealing with particular modalities of implementation of the ideal recommended intervention



- Multidirectional
- Implementers protagonists
- High attention to context
- Many different possibilities
- Strong role for CHRODIS
- Well defined what to do & how

Real implemented interventions less cost-effective - less effective or more expensive than the ideal
Learn from each other how to implement it better or diminish costs

AB meeting: Organising the flow of good practices

Discussion points

- How to promote the use of the PKE
e.g.: clients, needs, collaborators, attractive functionalities, dissemination
- How to facilitate the transfer and scaling-up of good practices
e.g.: type of practices, support needed, priority topics, know-how
- How to benefit from the collaboration with other initiatives
e.g.: potential collaborators, strategic alliances, complementarities

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