



Partners and Stakeholders discuss the way forward in the final year of JA-CHRODIS

On 4th February, JA-CHRODIS held its 2nd General Assembly to which all Associated and Collaborating Partners of the Joint Action were invited. Partners heard how two mechanisms were needed in order to collect information on one hand, and implement the practices in every day work on the other. Coordinator Carlos Segovia from ISCIII also introduced the partners to the concept of communities of practice. People come together both face-to-face and virtually, within a structure that facilitates sharing of information and new ideas. Later, the General Assembly was joined by external stakeholders and in total more than 100 participants discussed JA-CHRODIS and outputs like the Platform for Knowledge Exchange (PKE). The afternoon sessions saw group discussions around various topics concerning the promotion, use and sustainability of the PKE. Finally, participants discussed the transferability and scaling up of practices in the areas of health promotion, multimorbidity and Type 2 Diabetes.

> [Find the agenda and presentations of the 2nd General Assembly and 3rd Stakeholders' Forum here.](#)

Work package leaders get valuable input from Advisory and Governing Boards

The **Advisory Board** highlighted the importance for policy makers to know how to transfer practices, from their design to their implementation in a new context. They encouraged JA-CHRODIS to go global with its outputs. The **Governing Board** discussed the multimorbidity care model and recommended that common risk factors in high-risk patients are addressed. Secondary prevention should be another key area of work, in which patients can more easily be involved.

Health promotion study visits in organising phase

Last year, JA-CHRODIS work package 5 partners have identified 41 good practices in the area of health promotion and primary prevention as well as criteria to evaluate good practices. During the last year, we will be venturing out to six selected good practices in different countries to both learn more about the programmes themselves as well as discuss transferability across communities, regions and countries. More information about registering for JA-CHRODIS WP5 partners will be available soon.

JA-CHRODIS multimorbidity care model ready to be launched in March

Work package 6 leaders and their partners are in the final stages of delivering the report on the newly proposed care model for multimorbid patients. Based on the Chronic Care Model and various other care models, a selected group of European experts has identified 16 components for the new multimorbidity care model to be implemented in the care and treatment of multimorbid patients. Background was the identification of populations with a high care demand, which is summarised in these **published scientific articles**.

On the inside...

... of the Platform for Knowledge Exchange

How can you upload a good practice? What is the difference between the clearinghouse and the digital library? What is the role of the helpdesk manager? Enrique Bernal and his team of engineers answered these and other questions during two workshops on the practicalities and functions of the PKE in Madrid.

The main brains and muscles behind the PKE explained the current version of the Platform to Executive, Advisory and Governing Board members. Once the final version of the PKE is launched, JA-CHRODIS is planning various information activities and training sessions for interested users. Keep an eye on this space!

Events

- **16th March:** Interactive workshop on patient engagement in healthcare by the European Society of Cardiology (Brussels, Belgium)
- **31st March: Active Ageing Going Local final conference** (Brussels, Belgium)
- **7th April:** WHO World Health Day focusing on Diabetes this year
- **21st April: Chronic Disease Conference** by the European Commission (Brussels, Belgium)
- **23rd-25th May:** 1-hour JA-CHRODIS workshop at the **International Conference on Integrated Care, ICIC**, (Barcelona, Spain)

Publications

- Multimorbidity: What do we know? Scientific article in the Journal of Co-Morbidity.
> [Read more](#)
- JA-CHRODIS WP5 Health Promotion at a Glance
> [Read more](#)

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