Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)

Work Package 5

“Good practices in the field of health promotion and chronic disease prevention across the life cycle”

Study visit Young People at a Healthy Weight (JOGG), the Netherlands

Thursday 21 April

Location

National Institute for Public Health and the Environment (RIVM)

Bilthoven, the Netherlands

&

JOGG municipality of Amsterdam
Objectives

- To assess the applicability of the Dutch JOGG practice;
- To assess the transferability of the Dutch JOGG practice, using the ASTAIRE framework;
- To learn about the scalability of the Dutch JOGG practice;
- To learn about the success factors and challenges of the JOGG practice in the Netherlands;
- To learn about the driving forces of the JOGG practice in the Netherlands;
- To discuss the core elements of the Dutch JOGG practice

Questions we want to answer

[To be filled in by participants. Based on the questions, we may adapt the programme slightly]
**Provisional programme 21 April**

9:00-10:30  
An introduction to the JOGG project  
by Lideke Middelbeek (JOGG advisor, National JOGG Bureau)  

*Lideke Middelbeek will discuss the key elements of the JOGG strategy, the translation of the national strategy to a local strategy and the resources needed.*

10:30-11:00  
Coffee/tea break

11:00-11:45  
A brief history of JOGG in the Netherlands and its driving forces  
Presenter to be confirmed  

*This presentation will discuss the beginning of JOGG and how it developed into a national strategy. Furthermore, the presenter will discuss the driving forces of the success of JOGG and as well as the changes that had to be made during the years.*

11:45-12:30  
Results of the JOGG strategy in the Netherlands and its future  
Presenter to be confirmed  

*This presentation will discuss the evaluation framework of JOGG and the results so far. In addition, the presenter will discuss the challenges for the future of JOGG in the Netherlands.*

12:30-14:00  
Lunch and travel to JOGG municipality in the neighbourhood of Amsterdam  

*We will arrange the transportation from RIVM to the JOGG municipality*

14:00-16:00  
Side visit (location will be close to Amsterdam)  

*During the side visit, we will listen to a presentation of a local policy advisor and the local JOGG director. After these presentations, we will see some of the activities that implemented as part of JOGG.*  

*The side visit will take place in a municipality in Amsterdam.*