

JA-CHRODIS WORK PACKAGES 2015 SUMMARY

AN OVERVIEW FOR JA-CHRODIS IN
PREPARATION FOR 2016 MEETINGS



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Executive Summary/Abstract

JA-CHRODIS started in 2014. During 2015 there has been several milestones achieved. This reports provides an overview of the developments occurred during 2015, progress made and next actions for 2016. Information for all Work Packages is included, providing a list of relevant documents generated during 2015.

Authors

JA-CHRODIS Executive Board members.

Acknowledgments

JA-CHRODIS associated and collaborating partners.

1. WP1: Coordination of the Joint Action

1.1. Achievements and outputs during 2015

During 2015, the Coordination team has been involved in several key activities including the organisation of face-to-face meetings (1st General Assembly, 2nd Stakeholders Forum, 1st Governing Board meeting, 1st Advisory Board meeting, 5th and 6th Executive Board meeting) in addition to monthly Executive Board teleconferences. It has actively collaborated with WP leaders and partners in the achievement of their assigned tasks, problem-solving when required. The coordination team has also participated in internal Work Package meetings, supporting Work Package leaders and ensuring that a common global vision of the JA is shared amongst all partners involved in the action. WP1 has also been focused on consolidating the JA-CHRODIS Governing Board (work plan defined) and Advisory Board (work plan defined) and working towards the sustainability of the project. The coordinator team has been proactively involved in dissemination activities, networking with stakeholders and collaborating with WP leaders in the planning of upcoming events. Complying with EC requirements and with the valuable support from CHAFEA, the First technical and financial interim report was produced and an amendment to the Grant Agreement approved. WP1 has also produced the deliverable Annual Reports on Sustainability “Report on conclusions of the discussions of the MoH Forum on the future plans for making the activities of JA-CHRODIS sustainable in time”.

1.2. Objectives and plan activities for 2016

- Create common vision and strategy for sustainability of JA-CHRODIS
- Coordinate Work packages work and alignment of work across Work Packages
- Support work of Governing and Advisory Board, maximising their added value to the Action
- Complete technical and financial reports

1.3. Documents/ reports related to WP1 activity

First technical interim report: <http://www.chrodis.eu/wp-content/uploads/2015/07/First-Interim-Report-JA-CHRODIS.pdf>

Report on conclusions of the discussions of the MoH Forum on the future plans for making the activities of JA-CHRODIS sustainable in time. Annual Sustainability Report: Documents and Deliverables: <http://www.chrodis.eu/our-work/01-coordination/wp01-documents/>

Minutes from 2015 meetings:

1st General Assembly: <http://www.chrodis.eu/event/1st-general-assembly/>

2nd Stakeholders Forum: <http://www.chrodis.eu/event/2nd-stakeholder-forum-draft/>

1st Advisory Board meeting and 1st Governing Board:

[meetinghttp://www.chrodis.eu/event/1-advisory-board-draft/](http://www.chrodis.eu/event/1-advisory-board-draft/)

5th Executive Board meeting: <http://www.chrodis.eu/event/5th-eb-meeting/>

6th Executive Board meeting: <http://www.chrodis.eu/event/6th-eb-meeting/>

2. WP2: Dissemination of the Joint Action

2.1. Achievements and outputs during 2015

WP2 produced various print and online materials for the dissemination of the Joint Action, such as:

- 3 Newsletters (Introduction, Health Promotion, Diabetes) and 5 monthly updates
- Poster updates and brochure updates; the brochures were translated into eleven languages, in addition to English, depending on identified needs of partners.
- Website banner and intro text to be used by all JA-CHRODIS partners
- General presentations (long and short ppt versions) available for partners to use.
- Guidelines of authorship
- Press releases and several articles about JA-CHRODIS, which were published in the wider European and policy/project press, e.g. EP Magazine, two publications of the Pan-European Network.
- Constantly active on social media and increased frequency of updating the website with news items etc.

Together with the European Patients' Forum, we produced a promotional video for JA-CHRODIS, which introduces chronic diseases and the aims of the JA in an entertaining way. So far, the video has subtitles in Portuguese and Slovenian. More languages will be added in 2016.

In terms of cooperation, WP2:

- Gave overall support to WP leaders and partners (editing, layout of reports, etc), e.g. WP5 conference materials or WP7 policy brief.
- Achieved a stronger cooperation with WP2 partners and other stakeholders (e.g. communication team of the EIP-AHA, meeting with ECDA)
- Ensured the visibility of JA-CHRODIS at other conferences and events, such as a Poster presentation at EUPHA 2015; presentation at EPHA Conference,

Database contacts constantly grew in 2015. We have now about 2100 contacts who receive our newsletters, monthly updates and conference promotions (That is before the second round of the stakeholder mapping in December 2015/January 2016.)

2.2. Objectives and plan activities for 2016

- Increase dissemination: newsletters and monthly updates; regular website and social media updates; provision of updated promotional materials (general brochure, WP specific leaflets/brochures), resentations, video, webinars related to outcomes; Increase visibility / promote the Joint Action; in media (press releases related to outcomes, more articles in media; at conferences & events (EPHConference, EHF Gastein, EPHA,...));
- Promote the JA-CHRODIS Final Conference

2.3. Documents/ reports related to WP2 activity

- [Report of 2014 communication activities](#)
- [Report on first Stakeholder Mapping](#)
- [Guidelines for Authorship](#)
- [Style Guide](#)
- [Press Releases – EU collaboration on chronic diseases: One year on; Overview report of WP5;](#)
- [Newsletters and Monthly Updates](#)
- [Leaflets \(EN, BG, HR, FR, DE, EL, IE, IT, LT, MT, PT, ES\)](#)
- [Video](#)
- [JA-CHRODIS in the press](#)

3. WP3: Evaluation of the Joint Action

3.1. Achievements and outputs during 2015

In January 2015 AQuAS and APDP joined as leader and co-leader of the WP3. The main objective was the development of the Evaluation Plan, divided in the Monitoring Plan (assessment of the JA progress) and the Impact Plan (related to the sustainability of the project). The efforts were focused on the definition of the Monitoring Plan which consists in a set of indicators agreed with WP-leaders in order to best assess the development and quality of the tasks that was finally released in mid-October. The indicators were discussed throughout several rounds between WP3 and WP leaders to become consensual. Once finalized the Monitoring Plan the following step was to initiate the indicators data collection which finalized in mid-December and then started the preparation of the Mid Term Report (in progress).

Regarding the Impact Plan, a draft version was presented for discussing in the 6th EB meeting (Treviso, July 2015). It's planned to develop the final version during 2016 in collaboration with WP1.

Additionally WP3 was commissioned to evaluate the satisfaction with the CHRODIS big events (the report for the 1st General Assembly and the 1st and 2nd Stakeholders Forums was published on the website in December) and a global satisfaction survey with the JA addressed to AP and CP (in progress).

3.2. Objectives and plan activities for 2016

- Release the Mid Term Report (January)
- Development of the Impact Plan together with WP1 and the WP-leaders (1st semester 2016)
- Development of a global satisfaction survey of the project together with WP1 (1st semester 2016)
- Initiate data collection for the Evaluation Final Report (2nd semester 2016)

3.3. Documents/ reports related to WP3 activity

- **Evaluation Plan** –Evaluation plan (part I and annex): <http://www.chrodis.eu/our-work/03-evaluation/>
- **1st General Assembly and 1st and 2nd Stakeholders Forums satisfaction reports:**
<http://www.chrodis.eu/our-work/03-evaluation/>
<http://www.chrodis.eu/event/1st-general-assembly/>
<http://www.chrodis.eu/event/2nd-stakeholder-forum-draft/>
<http://www.chrodis.eu/event/1st-stakeholder-forum/>

4. WP4: Platform for knowledge exchange

4.1. Achievements and outputs during 2015

Two expert panels were asked to identify good practice criteria in relation to 1) health promotion and primary prevention, 2) organizational interventions (with particular emphasis in interventions on multimorbid patients), and completed the DELPHI process finding consensus on a list of criteria and their corresponding categories.

Agreement with CIII, WP4 and ExB on the scope and functionalities of the 'Platform for Knowledge Exchange' (PKE) was achieved in S1 2015. The design and programming of the PKE for 1st piloting ended in Q3 2015. The piloting of the Assessment tool by JA CHRODIS Community started in Q4 2015.

Agreement with the European Innovation Partnership on Active and Healthy Ageing (EIP AHA) inviting to evaluate practices in EIP AHA repository using Chrodis methodology and a number of convergence initiatives undertaken to favour both platforms compatibility.

4.2. Objectives and plan activities for 2016

Remaining two expert panels will take place in S1 2016 and will be asked to identify good practice criteria in relation to 1) patient-empowerment interventions 2) policies evaluation on diabetes at strategic level.

The PKE 2nd piloting that tests the clearinghouse DELPHI 1 criteria with good practices will end in February 2016. In S2 2016 all the 3 DELPHI criteria will be introduced into the PKE Clearinghouse. Additionally, both help-desk services and the digital library will be ready for piloting before summer 2016.

By the end of 2016 the PKE will be ready to start its operational phase. It will include a clearinghouse of excellent chronic disease practices and policies across Europe, selected on the basis of criteria agreed by experts across the EU will be ready for the operational phase as a repository of practices. This clearinghouse will include an online tool to allow users to evaluate practices, interventions and policies using assessment criteria established by JA-CHRODIS. The PKE will also include an on-line help-desk for users and a digital library containing contents of interest for stakeholders.

4.3. Documents/ reports related to WP4 activity

DELPHI Reports: on health promotion and primary prevention, [here!](#), on organizational interventions (with particular emphasis in interventions on multimorbid patients), [here!](#)

The analysis of requirements for the PKE is available in the CRHODIS "only members" section at http://www.chrodis.net/files/doc_details.aspx?d=192

5. WP5: Good practices in the field of health promotion and chronic disease prevention across the life cycle

5.1. Achievements and outputs during 2015

After completing 14 countries reviews during 2014 (1), WP5 has produced the summary report **“Health Promotion and Primary Prevention in 14 European countries: a comparative overview of key policies, approaches, gaps and needs”** (2) in June 2015. Also, with the input from Associated Partners and some Collaborating Partners, 41 good practices in health promotion and prevention have been collected in the report **“Good practices in health promotion & primary prevention of chronic diseases”** (3), with an executive summary available here: (4). WP5 organised on the 24th-25th November 2015 the conference **“Joining Forces to Prevent Chronic Diseases in Europe”** in Vilnius. The documentation is available here: (5). The key outcomes of WP5 are compiled in the document **“WP 5 outcomes at a glance”** (6).

Links to documents:

1. **Country reports:** <http://www.chrodis.eu/our-work/05-health-promotion/wp05-activities/country-reports/>
2. **Health Promotion and Primary Prevention in 14 European countries: a comparative overview of key policies, approaches, gaps and needs:** <http://www.chrodis.eu/wp-content/uploads/2015/07/FinalFinalSummaryofWP5CountryReports.pdf>
3. **Good practices in health promotion & primary prevention of chronic diseases:** <http://www.chrodis.eu/our-work/05-health-promotion/wp05-activities/selection/>
4. **Executive summary. Good practices:** http://www.chrodis.eu/wp-content/uploads/2015/10/CHRODIS-WP5-Task-3-Executive-Summary-V1_1.pdf
5. **Conference Nov 2015 “Joining Forces to Prevent Chronic Diseases in Europe”:** <http://www.chrodis.eu/event/joining-forces-in-health-promotion-to-tackle-the-burden-of-chronic-diseases-in-europe/>
6. **WP 5 Results at a glance:** http://www.chrodis.eu/wp-content/uploads/2016/01/CHRODIS-WP5-at-a-glance_web.pdf

5.2. Objectives and plan activities for 2016

- Study visits in selected interventions (February to June)
- Study visit to share knowledge on the design, concept and maintenance of national good practice databases in health promotion (1st semester 2016)
- Recommendations report (December 2016)

5.3. Documents/ reports related to WP5 activity

See 5.1

6. WP6: Development of common guidance and methodologies for care pathways for multimorbid patients

6.1. Achievements and outputs during 2015

The main achievement during 2015 was the development of a framework for care of multimorbidity patients that can be applied across Europe. First, we identified a list of twenty components across five domains from existing published comprehensive care programs for patients with multiple chronic conditions or frailty. An Expert meeting was held in Brussels on October 28, to discuss the components. Sixteen were selected after discussion. During the meeting the experts discussed the definition of the components, aims, key characteristics, target population and relevance for patients with multimorbidity in order to develop a framework for care of multimorbidity patients, including recommendations for delivery of system design, decision support, self-management support, clinical information systems, and community resources.

Output: An article has been produced to detail the results and conclusions of this meeting, and has been reviewed, edited and, coauthored by all the experts, entitled “Multimorbidity care model: Recommendations from the consensus meeting of the Joint Action on Chronic Diseases (CHRODIS)”.

6.2. Objectives and plan activities for 2016

TASK 4 title: Define multi-morbidity case management training programmes.

WP6 activities for this last year of Joint Action Chrodis aim to define multi-morbidity case management training programmes for care personnel. This task, in an early stage, expects a reviewing of existing training programmes implemented in different countries. Afterwards an expert meeting will be organized in order to identify professional skills and competencies needed for case management programmes. The experts will have the aim of identify a common curriculum by assessing skills and competencies needed for care of multi-morbid patients. This process will lead to guidelines for the development of multi-morbidity training programmes which could be implementable in different countries and settings.

6.3. Documents/ reports related to WP6 activity

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WP7: Diabetes: a case study on strengthening health care for people with chronic diseases

7.1 Achievements and outputs during 2015

WP7 team conducted two surveys: a structured overview about practices on diabetes prevention and care, and a mapping of National Diabetes Plans across Europe. Moreover, the partners reported potential good practices on prevention, management, health promotion, education and training, and conducted a SWOT analysis to give a qualitative overview, by Country, of the current policies and programs, including successful strategies. The results have been published in scientific papers and reports. Two meetings were organized to improve the collaboration among all the partners towards achieving the objectives of the WP7 (www.chrodis.eu/event/wp7-meeting/). All the activities aimed to provide opportunities to share expertise and experiences among a wide range of European countries. Implicit in all the activities is the assumption that the description of experiences is an effective means to make own experience available to others, and to create a capital of knowledge that can be shared and used in the future

7.2 Objectives and plan activities for 2016

- Development of National Diabetes Plan guidelines including the essential elements of any diabetes plan, with enough room for adaptation to local implementation conditions
- Finalisation of Policy brief on National Diabetes Plans.
- Delphi procedure (in collaboration with WP4) on quality criteria for diabetes prevention and care.
- Definition of recommendations to improve early detection and preventive interventions to improve the quality of care for people with diabetes.
- Dissemination of results.

7.3 Documents/ reports related to WP7 activity

- A **monograph** on diabetes, realised with the contribution of JA-CHRODIS partners, published on Annali, an indexed, peer reviewed, open access journal (www.chrodis.eu/our-work/07-type-2-diabetes/publications/)
- **Report** on the survey on practices for prevention and management of diabetes (www.chrodis.eu/wp-content/uploads/2016/01/Report-prevention-and-management-diabetes-Final.pdf)
- **Report on the SWOT analysis relative to the successful strategies and the strengths as described by WP7 partners and experts** (<http://www.chrodis.eu/our-work/07-type-2-diabetes/wp07-activities/>)
- **Policy Brief** on National Diabetes Plans in collaboration with WHO Europe's European Observatory on Health Systems and Policies (<http://www.chrodis.eu/our-work/07-type-2-diabetes/wp07-activities/national-plans/>)