



Health Promotion Conference in Vilnius: A raging success

JA-CHRODIS partners and local, national and EU level policy makers and practitioners met in Vilnius to discuss the state of health promotion and primary prevention in Europe. They highlighted, amongst other things, that investing in healthy people pays off and that lifestyle changes represent a huge gain.

Participants agreed that the collaboration of many partners and funding from other sectors (e.g. housing, traffic, employers, safety and media) were crucial in order to implement these measures. They highlighted the need to target health inequalities and to improve monitoring and evaluation as well as funding. They agreed that policies and strategies should adopt a “health in all policies” vision taking into account all social strata and gender equality. Strategies should also focus on national policy frameworks, acknowledge the local context and increase communication.

> [Click here for the presentations, photos and outcomes of the conference!](#)

Policy Brief on National Diabetes Plans

Partners from the JA-CHRODIS work on type 2 diabetes launched a [policy brief on National Diabetes Plans](#) (NDPs), together with the WHO Europe’s European Observatory on Health Systems and Policies. The launch coincided with World Diabetes Day on 14 November 2015.

The policy brief recognises that countries in Europe have made progress towards developing a systematic policy response to the diabetes burden, but that the investment in and implementation of comprehensive strategies for the prevention and treatment of diabetes varies across the states. It also identifies a range of factors that appear to facilitate the development, implementation and sustainability of NDPs. However, the key challenge for the future is ensuring that NDPs can be monitored and evaluated and interventions’ health outcomes can be adequately measured.

> [You can find more information here.](#)

JA-CHRODIS brochure translated to 12 languages

We are happy to report that the promotional brochure of JA-CHRODIS is now available in 12 languages. [Click here for an overview!](#) Interested parties can now find information about JA-CHRODIS in Bulgarian, Croatian, English, French, German, Greek, Irish, Italian, Lithuanian, Maltese, Portuguese and Spanish. Thanks to [EUREGHA](#) for the coordination of this task and all partners who helped with translating the original English version!

> [Access the brochures here.](#)

On the inside...



... a message from the new JA-CHRODIS coordinator Carlos Segovia

"Two years ago JA-CHRODIS was still only an idea! Since then we decided to accept the challenge of addressing the burden of chronic diseases together and I was very positively impressed by the number of countries and institutions wanting to contribute. At the same time I felt the responsibility of delivering outstanding work. And at this point I believe I can say we are doing our jobs better than well. We embarked upon an innovative and exciting endeavour from which we are seeing the first results.

Now that I take over the role of coordinating JA-CHRODIS I have to thank Juan Riese and Teresa Chavarría for their great work. But more importantly, I want to thank all partners for their dedication, commitment and imagination to unfold the huge potential of JA-CHRODIS. Let us completely develop our unique joint undertaking."

(The previous JA-CHRODIS coordinator Teresa Chavarría will leave ISCIII. Carlos Segovia, who has been involved in JA-CHRODIS since its development, is taking over her tasks as coordinator as of December 2015.)

Events

- **27th October:** Conclusions and final report of **"Which Priorities for a European Policy on Multimorbidity?"** Conference by the European Commission (Brussels, Belgium)
- **24th-25th November:** Outcomes published of **JA-CHRODIS conference: Joining Forces in Health Promotion to Tackle the Burden of Chronic Diseases in Europe** (Vilnius, Lithuania)
- **2nd February 2016:** JA-CHRODIS Executive Board Meeting (Madrid, Spain)
- **3rd February 2016:** Advisory Board and Governing Board Meetings (Madrid, Spain)
- **4th February 2016:** General Assembly and

Publications

- JA-CHRODIS Policy Brief on National Diabetes Plans.
> [Read more](#)
- JA-CHRODIS patients' testimonials on multimorbidity.
> [Read more](#)
- JA-CHRODIS Newsletter on Diabetes
> [Read more](#)

Stakeholder Meeting (Madrid, Spain)

- **5th February 2016:** specific Work Package meetings, tbc (Madrid, Spain)

On a final note...

We want to thank Teresa Chavarria for her hard work and dedication to drive JA-CHRODIS forward and make its process and outcomes impactful. Her working style often inspired us to go the extra mile and get the best possible results for JA-CHRODIS. We are sure that this Teresa's leaving will be well compensated by Carlos Segovia, who has extensive experience in the EU-project field and has been with the JA-CHRODIS team from the beginning. We wish Teresa all the best for the future and her new post and Carlos: good luck in driving forward the JA-CHRODIS Executive Board!

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