

3rd WP7 meeting
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Health Promotion in diabetes

Quality criteria



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This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS) which has received funding from the European Union, under the framework of the Health Programme (2008-2013).

Questionnaire

Three sections:

- Prevention of diabetes, focus on people at high risk
- Management of diabetes
- Education programmes for persons with diabetes and training for professional

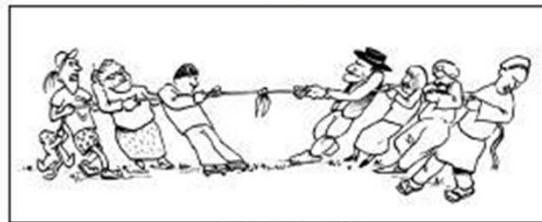
**Health
Promotion**

Health Promotion in type 2 diabetes

- health- and dietary education
- self-management
- psychological support
- initiatives targeting health care professionals or community stakeholders

AND

- **have an intention to increase partnership across sectors**



Detect indicators of health promotion in diabetes

- Systematic literature search I; review of the most common:
 - health promotion interventions in diabetes
 - target groups of the interventions
- Systematic literature search II;
 - evaluation methods and indicators
- WHO Regional Publications: *Evaluation in health promotion Principles and perspectives* (Rootman I. et al., 2001)
- WP 5; *Questionnaire to Assess Good Practices in the Field of Health Promotion and Primary Prevention of Chronic Diseases*

Study selection and eligibility criteria

- Studies:
 - Qualitative, quantitative or mixed method systematic reviews, meta-analyses, guidelines, review articles, narrative syntheses, HTAs and policy statements
- Participants:
 - Studies that evaluated non-pharmacological health promotion interventions where the majority, or all of the patients had T2DM (age ≥ 18 years)
- Type:
 - interventions, initiatives, strategies, programs, activities and projects that could be defined as health promotion according to the Ottawa Charter for Health Promotion

Study selection and eligibility criteria

- Interventions:
 - **Dietary** or **physical activity** education, **self-management** education, **psychological** and **behavioural** support, restructuring or **re-education** of health care professionals, initiatives that increased **quality of health care systems** or health professionals' care, new and intelligent use of **clinical information systems**, regular publication and revision of **local health promotion strategies** and **quality indicators**, increased usage of **community resources** and **cooperation** to promote health where patients live, and interventions that aim for an **increased partnership across local sectors** to promote health.
- **Studies had to define a practice that incorporated environmental, organizational, social, economical, educational, individual, and/or local context of the target population**

Ottawa Charter for Health Promotion (1986)



Joint responsibility:

- governments
- social and economic sectors
- nongovernmental and voluntary organizations
- local authorities
- industry
- media

Quality indicators

Description of concept and design (transparency):

- methods, aims, objectives, activities in a chain of causation and time frame, the interactions between stakeholders and processes

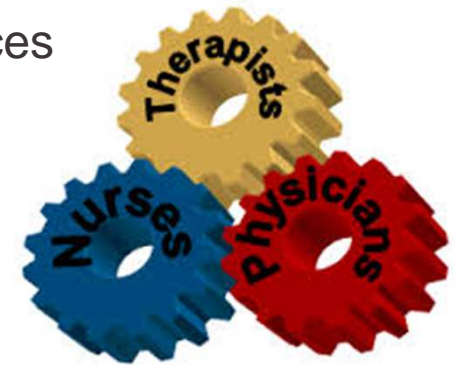
Relevancy:

- socioeconomy, ethnicity, culture, gender, rural/urban, vulnerable groups, promote self-management skills, healthy benefit-burden balance

Quality indicators

Dimensions:

- multidisciplinary, multi-/inter-sectorial, partnerships and alliances



Evaluation:

- evaluation framework encompassing structure, process and outcome data, type of evaluation methods and tools, monitoring system

One example from the survey

- language
- lack of relevant information on websites

Patient education programme for Type 2 Diabetes

- describes content
- interaction management and processes?
- not multidisciplinary
- no alliances or intersectorial partnerships
- no process or structure outcomes

Key message

**If its not creating
healthy environments
its not health promotion**

The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (JA-CHRODIS)*

*** THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (JA-CHRODIS) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**

