

# Joint Action on Addressing Chronic Diseases and Healthy Ageing Across the Life-Cycle (JA-CHRODIS)

## *An Overview*



# Some figures

- Chronic diseases are the leading cause of mortality and morbidity in Europe and their incidence is rising.
- Cancer, diabetes, cardiovascular disease, chronic respiratory diseases and mental disorders account for 86% of deaths in Europe. They affect 8 out of 10 of people aged over 65 in Europe.
- 65% of people over 65 are affected by more than one chronic disease (multimorbidity). This number rises to 85% for the 85-year-old group.

# The challenge

- 70% to 80% of healthcare budgets are spent on chronic diseases  
→ Unsustainable
- Chronic diseases undermine the quality of life of millions of Europeans
- Biggest challenge to the EU's Innovation Partnership on Active and Healthy Ageing (EIP-AHA) target of 2 more healthy life years (HLY) by 2020
- The majority of chronic diseases is preventable
- The management and treatment of chronic diseases can be more efficient and effective

# There are answers across Europe

## Objective of JA-CHRODIS:

To promote and facilitate a process of exchange and transfer of good practices between European countries and regions

To pave the way for better health policies and interventions to improve the well-being of citizens.

# JA-CHRODIS: Our focus

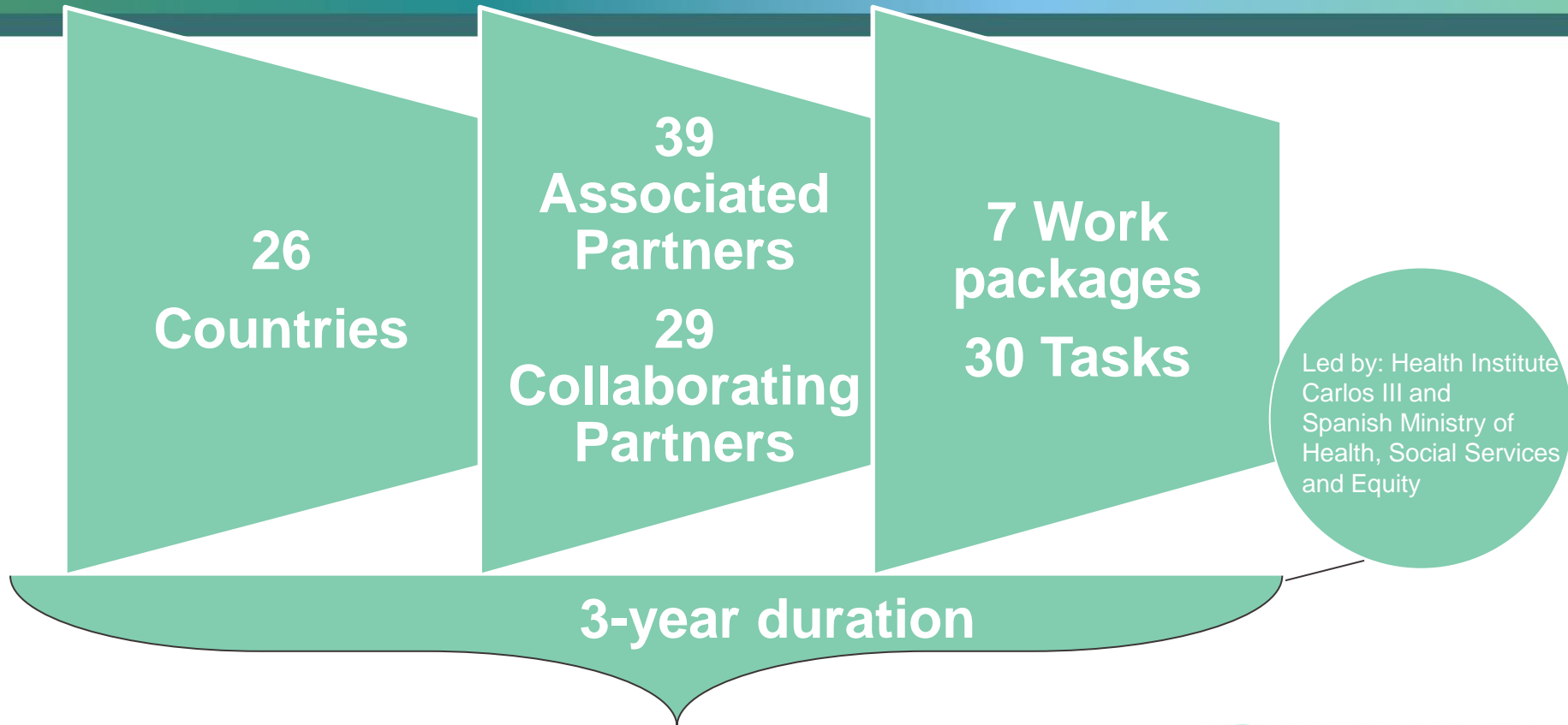
HEALTH  
PROMOTION  
AND  
PREVENTION

MULTIMORBIDITY

**JA-  
CHRODIS**

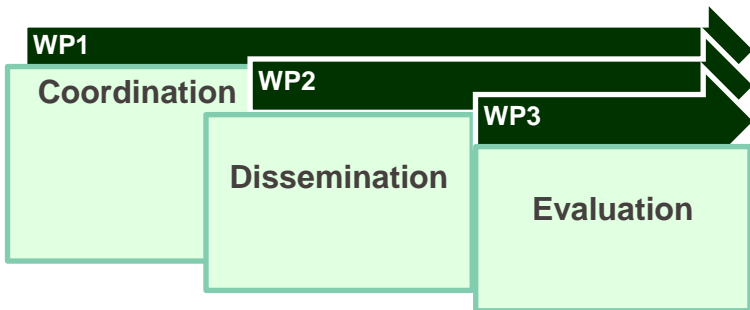
DIABETES, A  
CASE STUDY

# JA-CHRODIS: Structure



# JA-CHRODIS: Approach

## Horizontal work



**WP4**

Platform for knowledge exchange

**WP5**

Good practices in the field of health promotion and chronic disease prevention across the life cycle

**WP6**

Development of common guidance and methodologies for care pathways for multimorbid patients

**WP7**

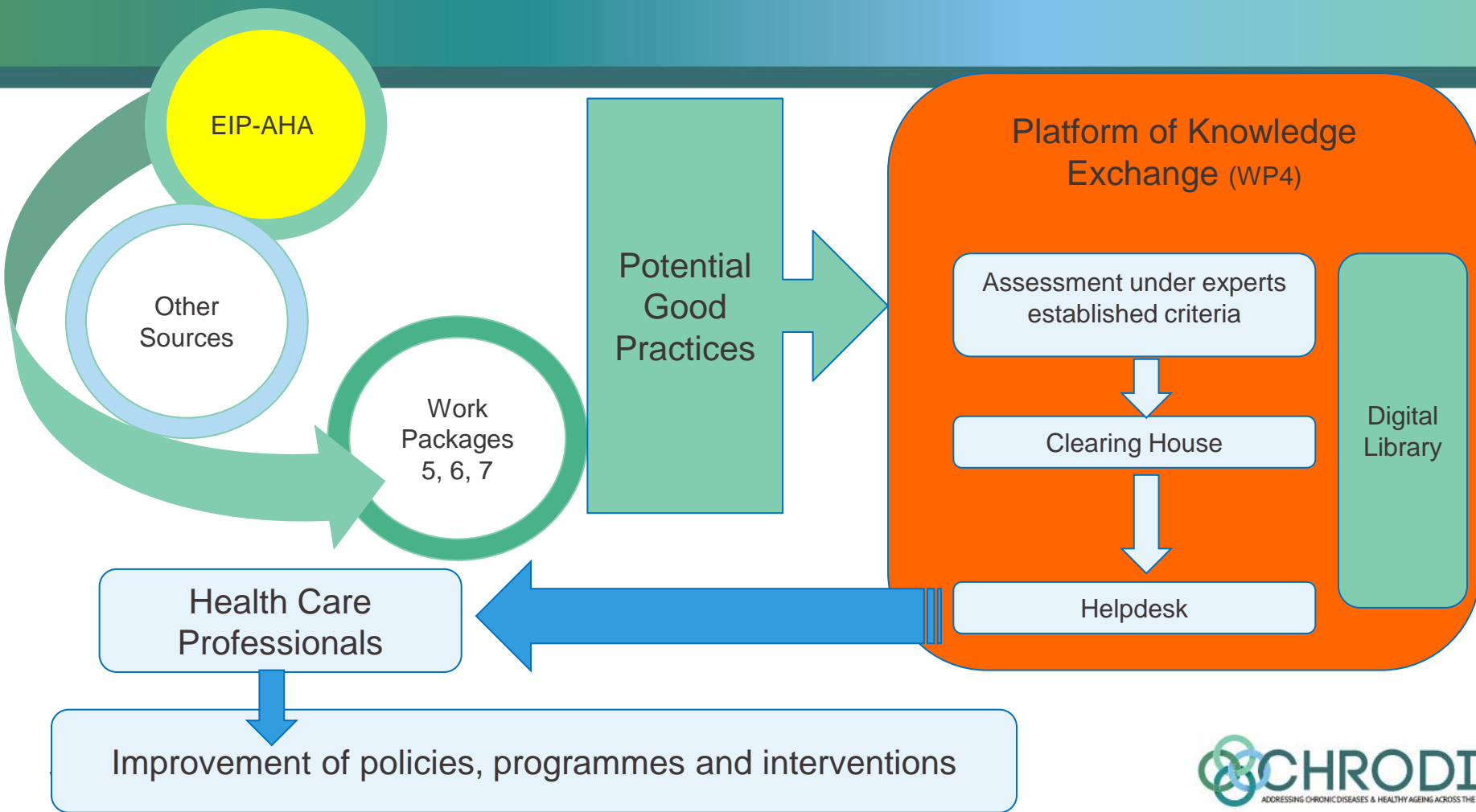
Diabetes: a case study on strengthening health care for people with chronic diseases

**Core work**

Governing Board (Ministries of Health)

Advisory Board

# General flow of good practices





# Steps for the workflow of practices in JA-CHRODIS





JA-CHRODIS Executive Board



WWW.CHRODIS.EU



JA-CHRODIS GA Meeting



# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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