

Joint Action on Addressing Chronic Diseases and Healthy Ageing Across the Life-Cycle (JA-CHRODIS)

An Overview



Overview on topics

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3. Some figures
4. The challenge
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What is a Joint Action (JA)?

- JAs are initiatives jointly designed and financed by EU Member States authorities and the EC
- They address common challenges and take forward specific priorities under the third EU Public Health Programme (2014-2020)
http://ec.europa.eu/health/programme/policy/2008-2013/index_en.htm
- They are conducted by national competent authorities (e.g. Ministry of Health) and other public bodies or non-governmental organisations nominated by the EU Member States or other participating countries.
- They must have clear EU added value

Some figures

- Chronic diseases are the leading cause of mortality and morbidity in Europe and their incidence is rising.
- Cancer, diabetes, cardiovascular disease, chronic respiratory diseases and mental disorders account for 86% of deaths in Europe. They affect 8 out of 10 of people aged over 65 in Europe.
- 65% of people over 65 are affected by more than one chronic disease (multimorbidity). This number rises to 85% for the 85-year-old group.

The challenge

- 70% to 80% of healthcare budgets are spent on chronic diseases
→ Unsustainable
- Chronic diseases undermine the quality of life of millions of Europeans
- Biggest challenge to the EU's Innovation Partnership on Active and Healthy Ageing (EIP-AHA) target of 2 more healthy life years (HLY) by 2020
- The majority of the chronic diseases is preventable
- The management and treatment of chronic diseases can be more efficient and effective

There are answers across Europe

Objective of JA-CHRODIS:

To promote and facilitate a process of exchange and transfer of good practices between European countries and regions

To pave the way for better health policies and interventions to improve the well-being of citizens.

JA-CHRODIS: Our focus

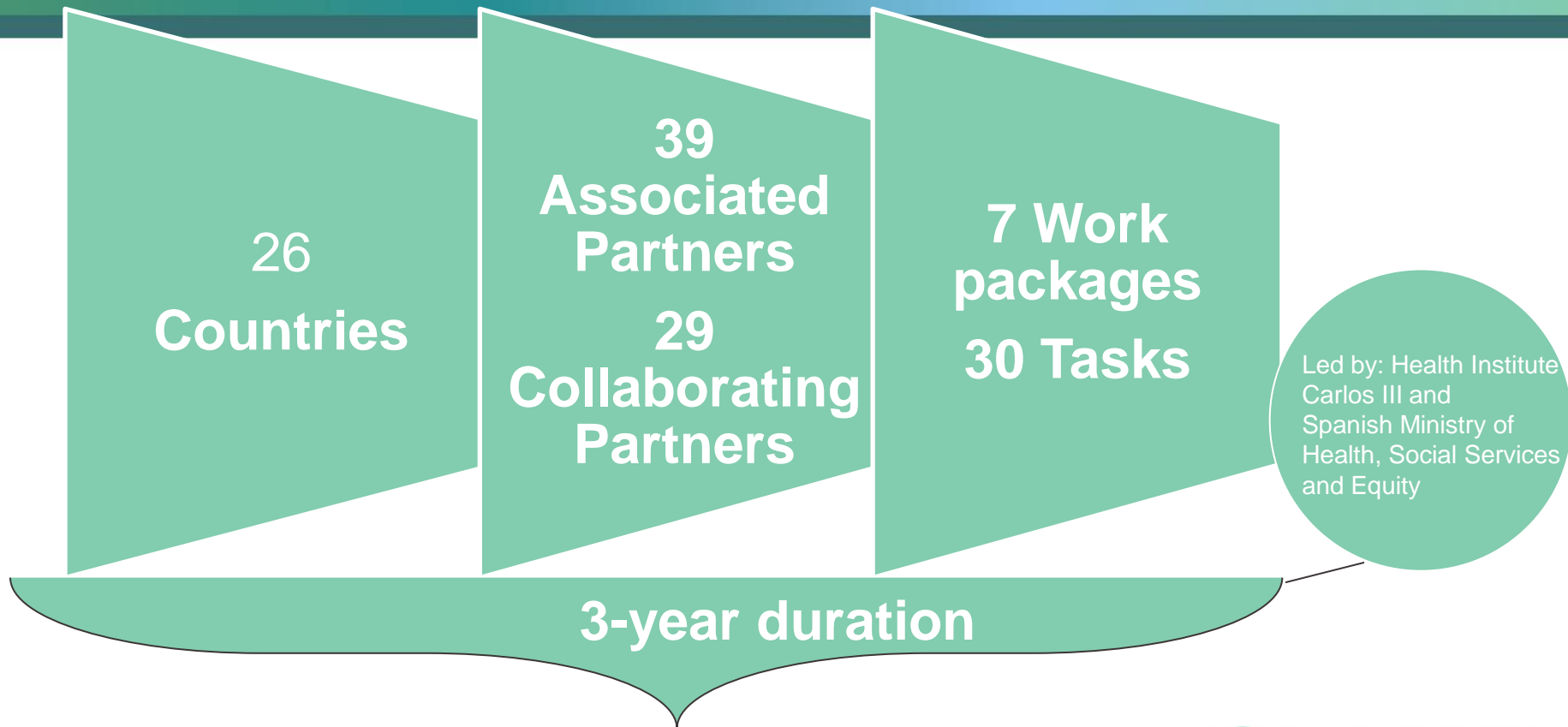
HEALTH
PROMOTION
AND
PREVENTION

MULTIMORBIDITY

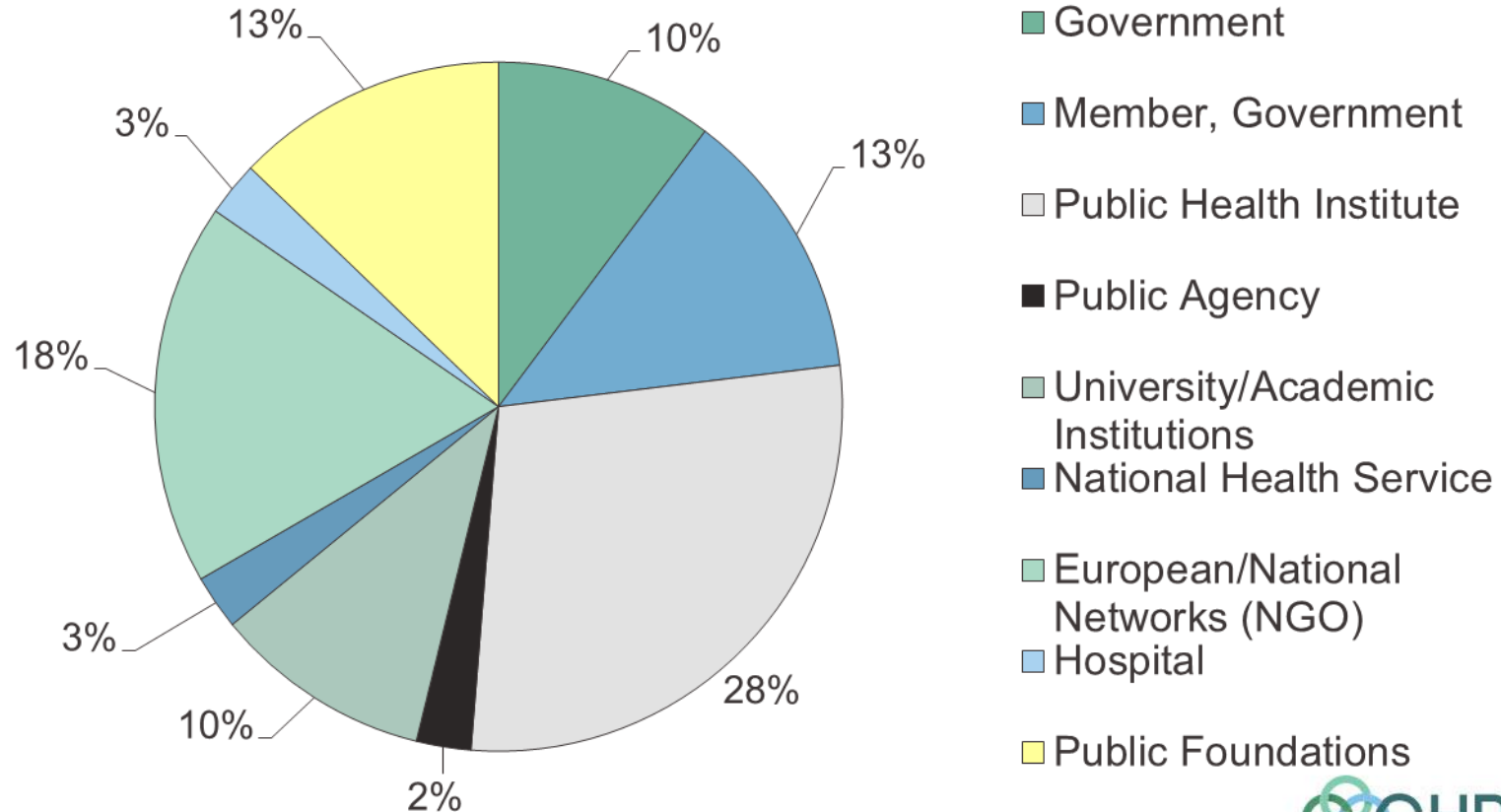
**JA-
CHRODIS**

DIABETES, A
CASE STUDY

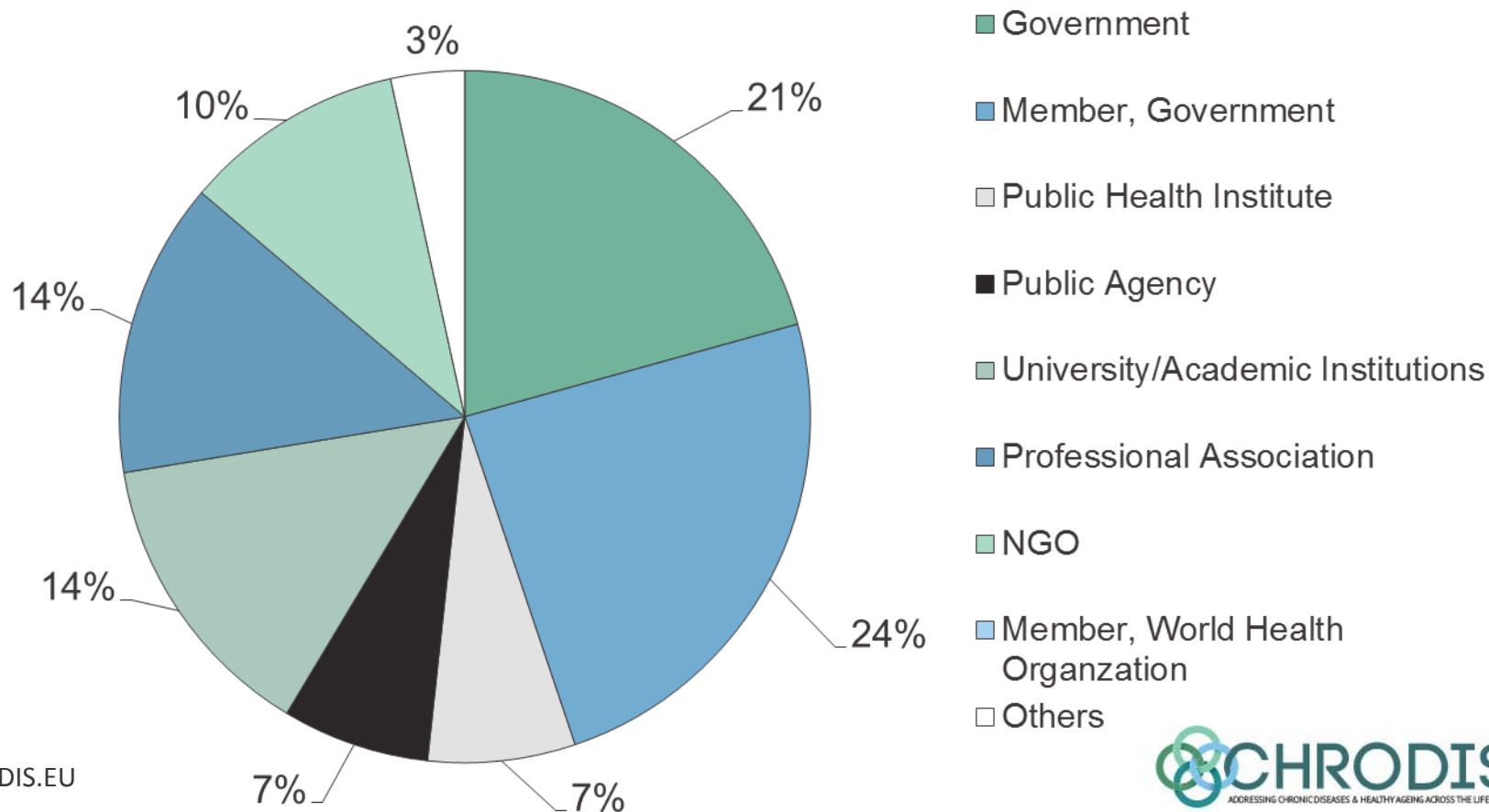
JA-CHRODIS: Structure



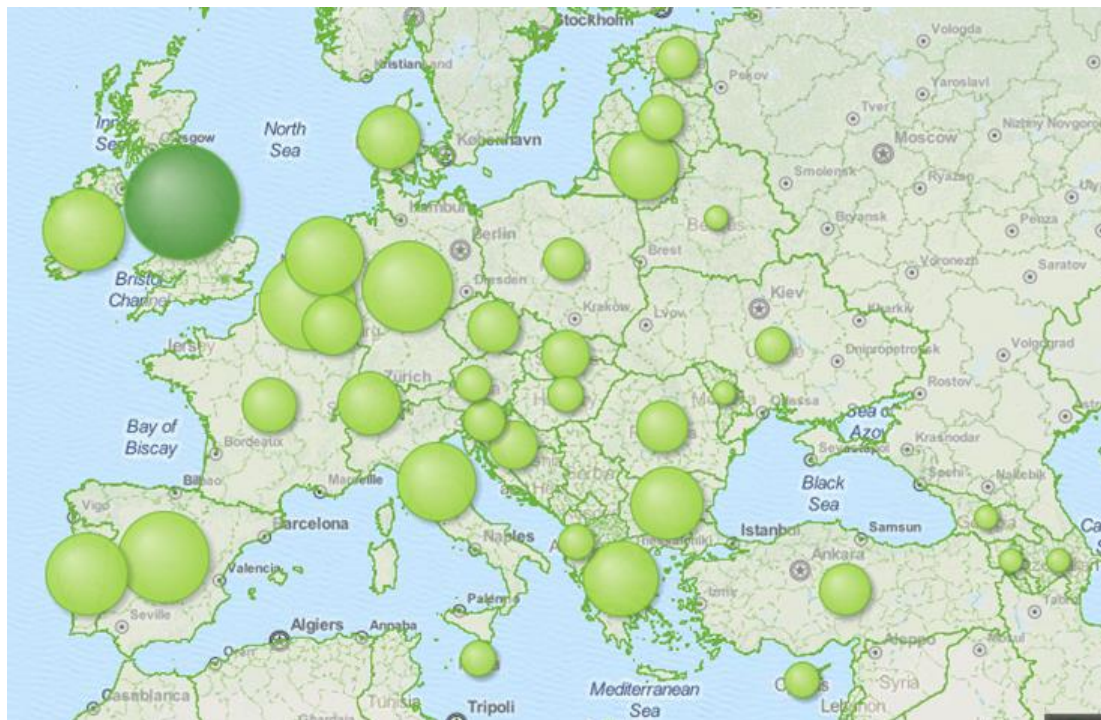
Associated partners: strong participation of Public Health Institutes, Governments, Networks and Academia



Collaborating Partners: strong involvement from Governments, Professional Associations and Academia.

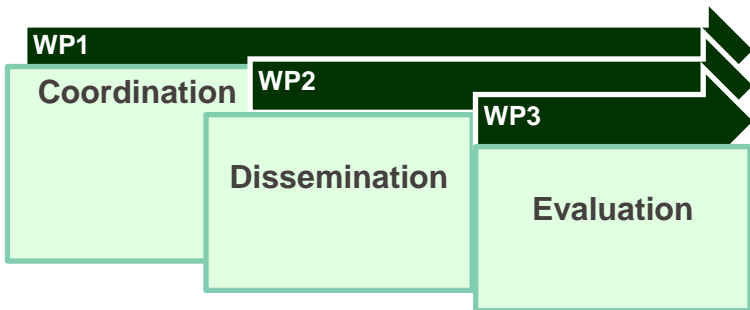


Stakeholder distribution



JA-CHRODIS: Approach

Horizontal work



WP4

Platform for knowledge exchange

WP5

Good practices in the field of health promotion and chronic disease prevention across the life cycle

WP6

Development of common guidance and methodologies for care pathways for multimorbid patients

WP7

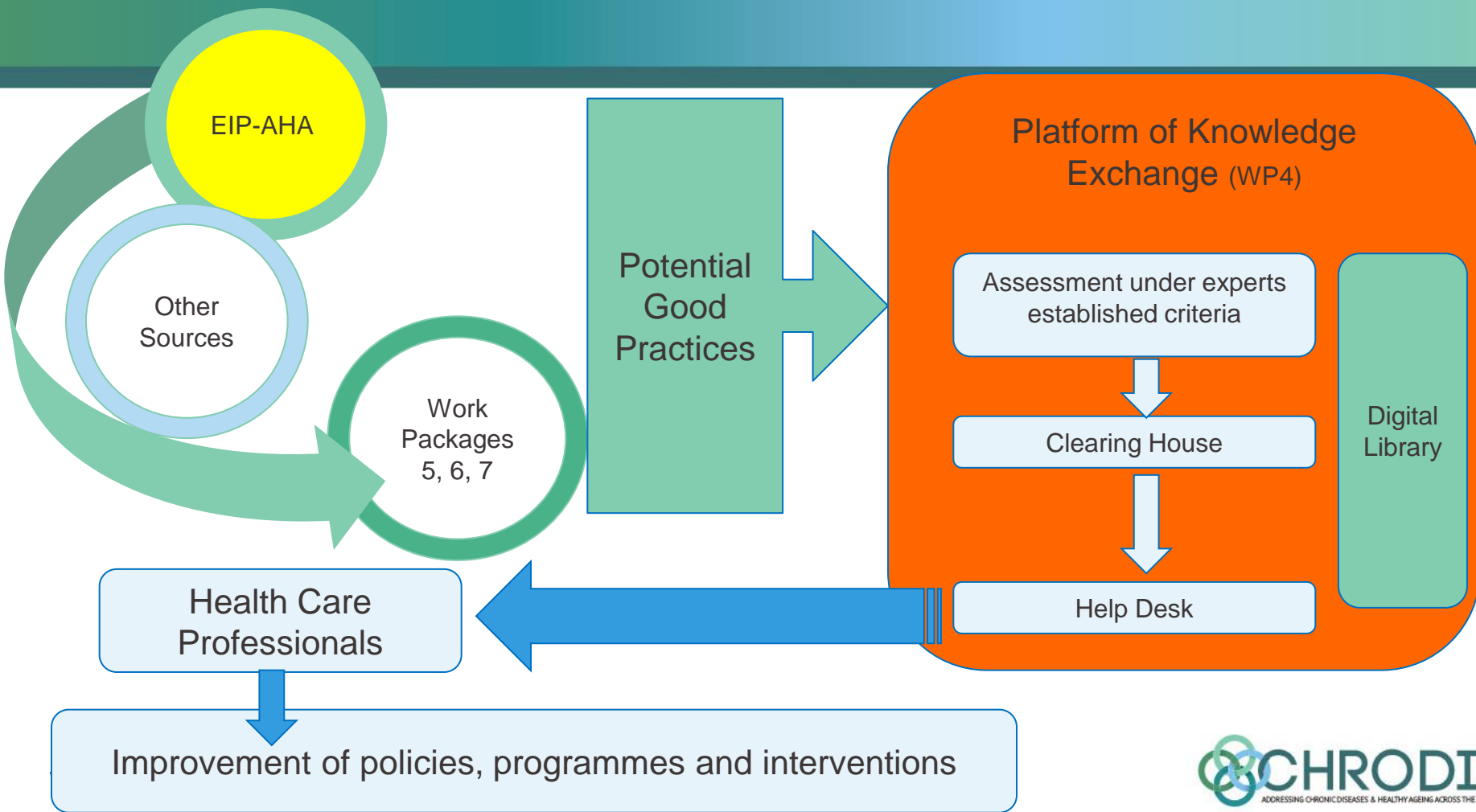
Diabetes: a case study on strengthening health care for people with chronic diseases

Core work

Governing Board (Ministries of Health)

Advisory Board

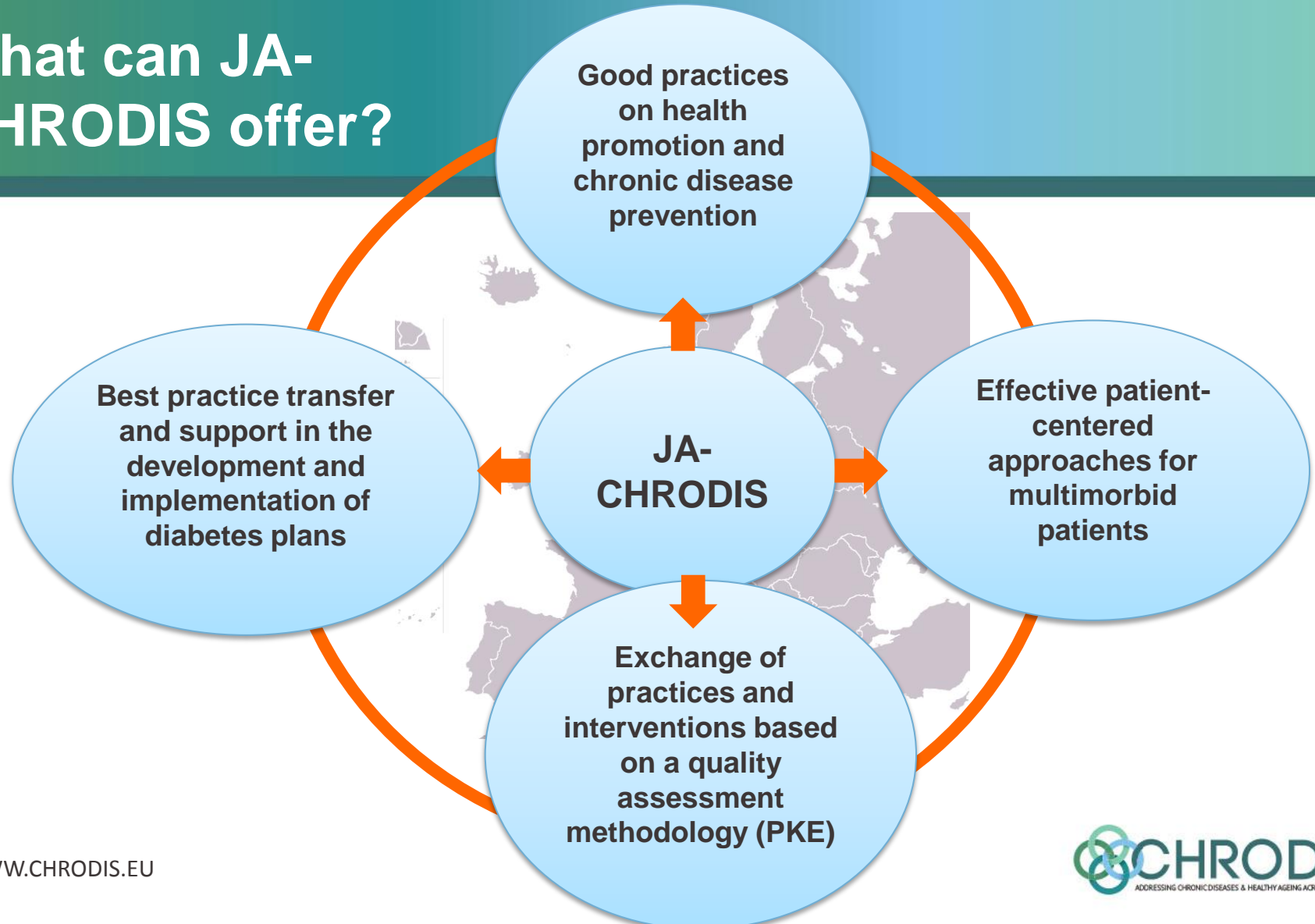
General flow of good practices



Steps for the workflow of practices in JA-CHRODIS



What can JA-CHRODIS offer?



Latest achievements

**14 country reviews
+ an overview report**

- What is happening and needed in the areas of health promotion and primary prevention

**Criteria agreed to identify
good practices**

(identified through Delphi
processes)

- In relation to:
- Health promotion and primary prevention
- Organisational interventions, with a focus on multimorbid patients

**Factors influencing care
outcomes identified**

- For multimorbid patients
- *(Special Issue on Multimorbidity in the Elderly, European Journal of Internal Medicine, Volume 26, Issue 3, Pages 157-216)*

Latest achievements

Collection and review

- Of existing care (pathway) approaches for multimorbid patients
- Of National Diabetes Plans (NDP)

Data on strategies, programmes and interventions gathered

- For the secondary prevention and management of diabetes
- Incl. preliminary identification of good practice criteria

Ongoing development of ICT-based Platform of Knowledge Exchange (PKE)

- For decision-makers, researchers, health care professionals and patients to share knowledge on the prevention and care of chronic diseases in Europe.



JA-CHRODIS Executive Board



WWW.CHRODIS.EU



JA-CHRODIS GA Meeting

The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)*



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