

# Work Package 6

## Task1 RESULTS



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# TIME TO FACE THE CHALLENGE OF MULTIMORBIDITY. An European perspective from the joint action on chronic diseases and promoting healthy ageing across the life cycle (JA-CHRODIS)

WHICH ARE MAIN FEATURES OF SUBJECTS WITH  
MULTIMORBIDITY?

WHICH ARE THE TARGETS OF POTENTIAL INTERVENTION?

# WHO ARE THE SUBJECTS AFFECTED BY MULTIMORBIDITY?



Frail individuals

Complex care needs

High rate resources  
consumption

Poor outcomes

# WHICH ARE THE TARGETS OF POTENTIAL INTERVENTION?

Disease patterns

Physical function

Mental health

Socioeconomic status

- Tailored interventions to uncommon specific diseases patterns
- Interventions of secondary prevention
- Global interventions
- Social interventions

# CONCLUSIONS



RADICAL  
CHANGE OF  
CLINICAL  
PERSPECTIVE

GLOBAL ASSESSMENT/  
COMPREHENSIVE  
APPROACH

# The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS)\*



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