

Press Release

Better use of existing knowledge to fight chronic diseases

JA-CHRODIS Workshop at the European Parliament to showcase the CHRODIS Platform and highlight JA-CHRODIS activities in the field of diabetes prevention and management

Brussels, 28th November 2016

The EU Joint Action on Addressing Chronic Diseases and Healthy Ageing across the Life-Cycle (JA-CHRODIS) gathers policy makers from European and national level for a workshop to discuss how good practices and existing knowledge can be best used to fight chronic diseases more efficiently. The event, organised by EUREGHA and EuroHealthNet, is hosted by MEP Therese Comodini Cachia, and supported by MEP Marisa Matias, both co-chairs of the EP Diabetes Working Group.

JA-CHRODIS calls for action to prevent and reduce the burden of chronic disease by making better use of existing knowledge within EU Member States on effective and efficient ways to promote health and manage cardiovascular disease, stroke and type-2 diabetes. The Joint Action's Coordinator Carlos Segovia said: "JA-CHRODIS put forward recommendations and exchange of good practices to improve prevention and quality of care for people with diabetes and other chronic diseases including multimorbidity. The recommendations and exchange of good practices will be of use in implementing practices or interventions on prevention, health promotion, care management, education and training that will ultimately support countries' efforts to build a successful strategy for prevention and care of people with diabetes and, more broadly, chronic diseases."

During the two-hour workshop, participants learn about the JA-CHRODIS's work and outcomes with a particular focus on good practices in diabetes management collected by JA-CHRODIS partners and the launch of the CHRODIS Platform. Additionally, Jelka Zaletel from the Slovenian National Institute of Public Health is presenting the lessons learnt from the implementation of the Slovenian National Diabetes Plan, which was presented and debated at the European Parliament Diabetes Working Group in 2011.

Participants also have an overview of the whole CHRODIS Platform, which is the first EU-wide collection of practices that are evaluated against broadly agreed assessment criteria. It includes good practices related to health promotion and disease prevention, management of multimorbidity and prevention and management of diabetes.





Notes to editors:

- 1. The Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-CHRODIS) has received funding from the European Union, in the framework of the Health Programme (2008-2013). This European collaboration brings together over 72 associated and collaborating partners from e.g. national and regional departments of health, research institutions and other organisations from 23 EU Member States as well as Norway and Iceland. Please see: <u>www.chrodis.eu</u>
- 2. JA-CHRODIS selected diabetes as an example and 'tracer' in order to demonstrate the importance of the holistic approaches to the prevention and care of chronic diseases and the potential for intersectoral working.
- 3. EUREGHA is a network of local and regional health authorities. Our mission is to bring regional and local health authorities together, as a means to improve health policy in Europe.
- 4. EuroHealthNet is a not-for-profit partnership of public bodies working from local to regional, national and international levels across Europe. Our mission is to help build healthier communities and tackle health inequalities within and between European States.

For more information:

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* This press release arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS) which has received funding from the European Union, under the framework of the Health Programme (2008-2013).