

IMPROVE PREVENTION AND QUALITY OF CARE FOR PEOPLE WITH DIABETES

Recommendations



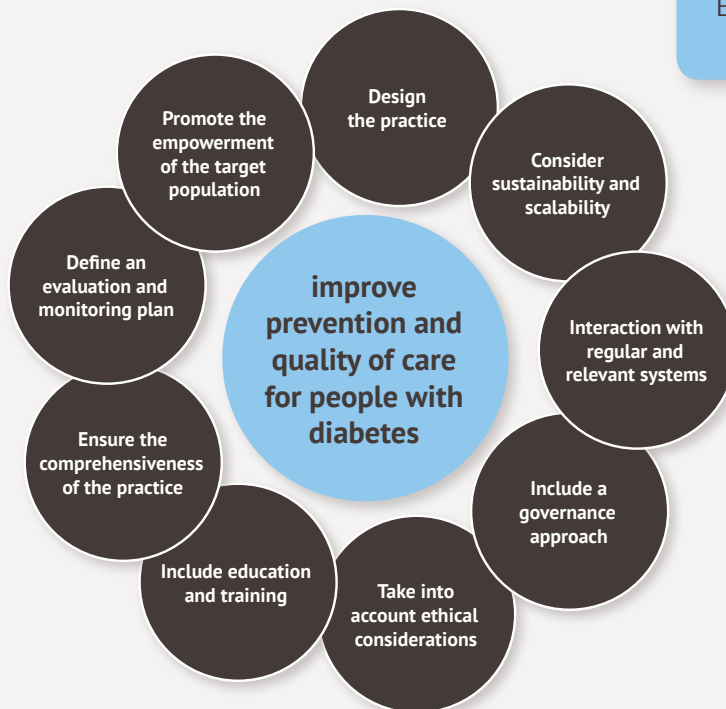
? What is it about?

The rising burden of diabetes poses important public health challenges to health systems today. This challenge has been recognised at the global level, with diabetes featuring high on national and international agendas.

JA-CHRODIS put forth recommendations to improve prevention and quality of care for people with diabetes:



The adoption of an agreed core set of quality criteria should help to **decrease inequalities** in health and to improve diabetes prevention and care within and across European countries.



The recommendations are based on an extensive process carried out to identify quality criteria. The process followed a structured methodology involving the partners of JA-CHRODIS' work on diabetes and experts from a wide number of organisations across Europe and from a variety of professional backgrounds. The consultation with the expert panel followed the Delphi methodology.

Using in practice

How can the recommendations be used?

The quality criteria and the recommendations will be of use in implementing practices or interventions on prevention, health promotion, care management, education and training and ultimately to improve prevention and quality of care for people with diabetes.

They are general enough to be applied in countries with different political, administrative, social and healthcare organisation and could potentially be used in other chronic diseases.

Who needs to be involved?

The quality criteria and the recommendations constitute a tool for decision makers, healthcare providers, healthcare personnel and patients to support the implementation of good practices as well as to improve, monitor and evaluate the quality of diabetes prevention and care.

What is required?

- The resources required also heavily depend on the kind of practice chosen and on the context.



The use and implementation of quality criteria and recommendations will contribute to the **cultural shift** needed to **redesign the care systems** to ensure seamless care coordinated with and around the **needs of people with chronic diseases**.



Useful links

Monograph on diabetes published on Annali, the journal of the Italian National Institute of Health
www.iss.it/publ/index.php?lang=1&id=2887&tipo=3

Report on the European consensus for the assessment of good practices on diabetes
https://drive.google.com/file/d/0B8Xu4R_n0-nzT3R4RVRDSnZ1UGc/view?pref=2&pli=1

Results of the survey on practices for prevention and management of diabetes
www.chrodis.eu/wp-content/uploads/2016/01/Report-prevention-and-management-diabetes-Final.pdf

