

PRACTICAL RECOMMENDATIONS TO TRANSFER AND ADAPT GOOD PRACTICES

A report of study visits



? What is it about?



Health promotion policies and interventions are suitable and **adaptable** to various contexts.

How can good practices be adapted and transferred to different countries and settings? JA-CHRODIS partners in health promotion and disease prevention discussed this central question during study visits to selected good practices where they shared their learnings and experiences. The study visits were chosen from a set of 41 good practices collected by partners. They covered a broad range of different settings, target groups, countries and regions, as well as policies, strategies and programmes to prevent or delay the onset of chronic diseases.

The report's aim is not only to shed some light on how to successfully implement but also to provide some **practical recommendations on how to transfer and adapt good practices**.

👥 Using in practice

How can the reports be used?

- The report highlights what key elements need to be taken into account for a practice to be successfully transferred and adapted to the new context.
- The report is a rich and comprehensive source of **key elements and enabling factors**, both formal and informal. The study visits' good practices have been seen through the eyes of external visitors with different backgrounds - and not only from the practice owner or implementer's point of view. The report reflects and takes into account these different perspectives and a wide number of aspects.

Success factors identified for the scaling up and transfer of good practices

- **Bottom-up approach** with inclusion of target population and strong commitment at highest level;
- **Intersectoral, multi-level and multi-professional** approach;
- Qualified and highly committed human resources, detailed documentation, monitoring and evaluation;
- **Long-term engagement** with stable funding.

For each category, questions have been formulated to simplify the assessment of the transferability or scalability. They can be used to support the transfer of an entire practice or elements thereof, adapted to the needs in the area to be implemented in.



Transferable elements of successful interventions can facilitate quality **improvement** in new and existing health promotion approaches.



The transfer of proven and well-described interventions contributes to a **responsible use of resources**.

Stakeholders - who needs to be involved?

- The report can be used as a tool in the decision-making process of transferring or scaling up a good practice in health promotion and primary prevention. It is aimed at **policy makers, practitioners, healthcare personnel, social workers, etc.**
- The type of stakeholders, who needs to be involved to scale up or transfer a good practice, heavily depends on the kind of practice chosen and on the context. However, the report recommends to consult the opinion of local stakeholders and practitioners who know what works best in a given context.

Resources - what is required?

- The resources required also heavily depend on the kind of practice chosen and on the context.



Selection of Good Practices:

<http://www.chrodis.eu/our-work/05-health-promotion/wp05-activities/selection>

Study visits:

<http://chrodis.eu/our-work/05-health-promotion/wp05-activities/transfer>

