

# HOW CAN WE IMPROVE CARE FOR PATIENTS WITH MULTIMORBIDITY IN THE EU?

JA-CHRODIS is a European collaboration that brings together over 70 partners from national and regional departments of health and research institutions, from 26 European countries. These partners work together to identify, validate, exchange and disseminate good practices on chronic diseases across Europe and to facilitate their uptake across local, regional and national borders.

This factsheet highlights findings relevant from the patient perspective regarding the model developed by the Joint Action to improve care for patients with multimorbidity – an issue that patients face across diseases.

#### What is multimorbidity?

Multimorbidity means the presence of two or more chronic or long lasting conditions in a patient. As the EU population is ageing, multimorbidity is becoming a crucial challenge for healthcare systems.



people in Europe live with multimorbidity





It can also affect younger adults

65 % of people over the age of 65 are affected by multimorbidity

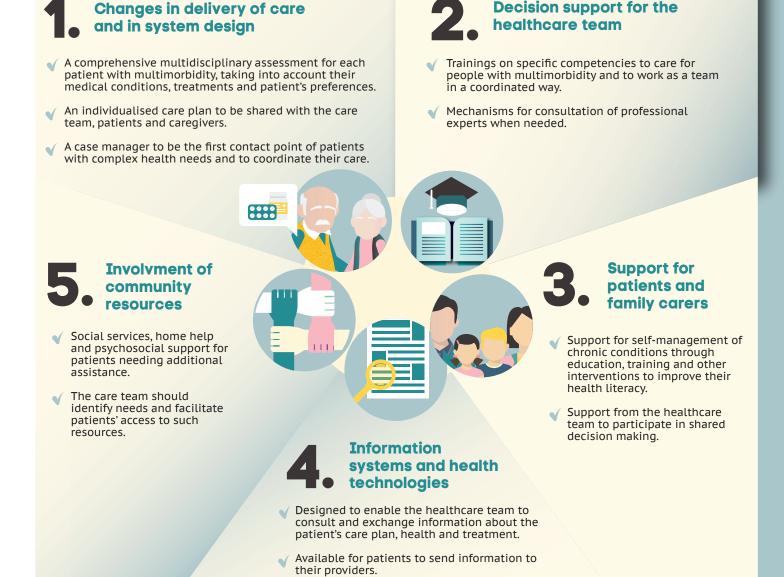
### Why do patients with multimorbidity need a different care model?

Patients with multimorbidity have more complex health needs. Current models of care – based on a single disease approach – respond only in a fragmented way to the challenges they face. This can lead to inappropriate prescribing and ineffective clinical intervention.

Patients with multimorbidity need tailored support because they are more likely to:



#### The JA-CHRODIS multimorbidity care model: improving care for patients in the EU



## How can different players ensure that this care model becomes a reality?



#### For more information about JA-CHRODIS visit the website: http://www.chrodis.eu/





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