

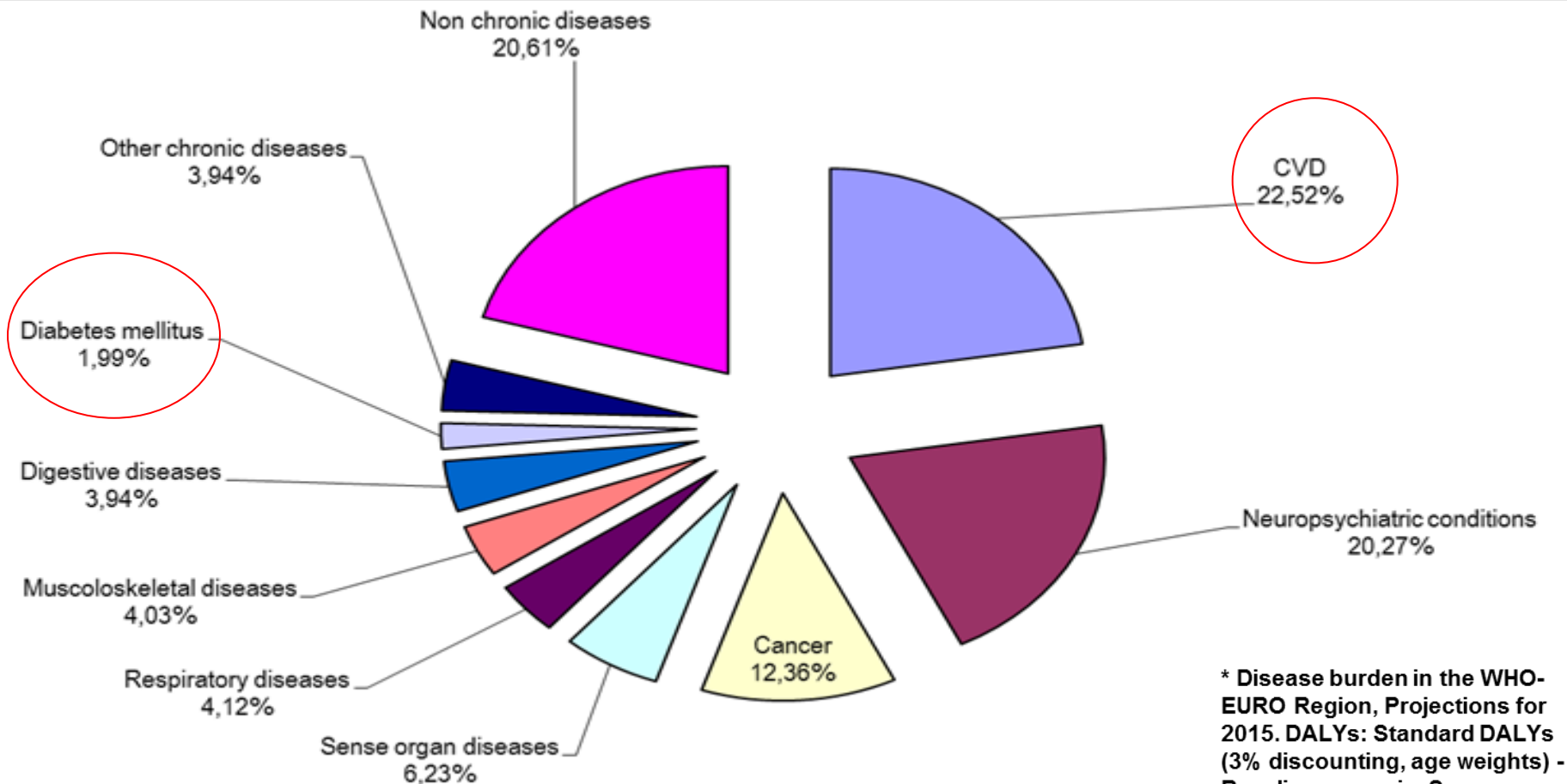
# **CHRODIS - JA. Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle: the vision of patient empowerment**

**WORKSHOP ON CHRONIC DISEASE MANAGEMENT**  
**International Association of Mutual Benefit Societies (AIM)**  
**Bruges – Belgium**  
**27th June, 2014**



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# Justification of CHRODIS-JA



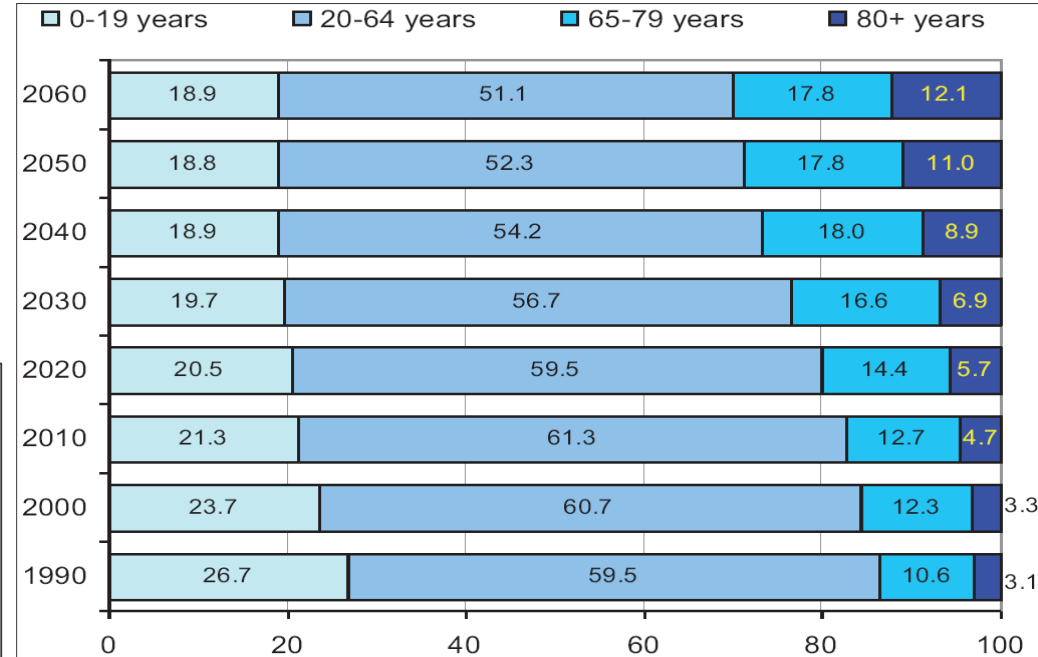
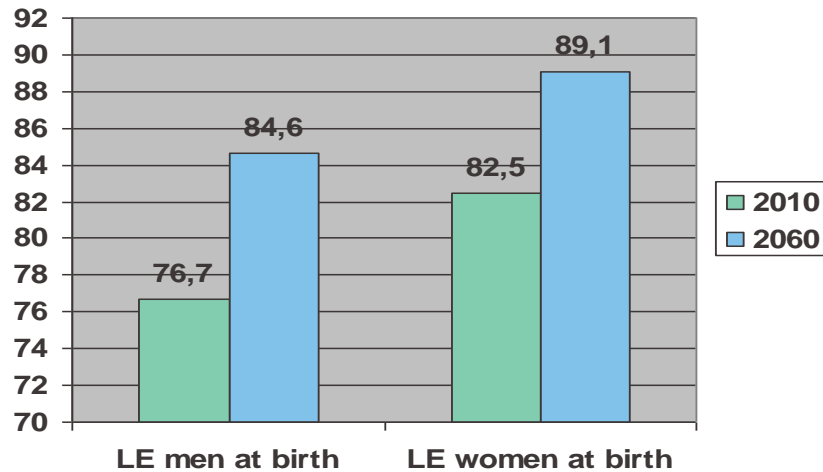
\* Disease burden in the WHO-EURO Region, Projections for 2015. DALYs: Standard DALYs (3% discounting, age weights) - Baseline scenario. Source: WHO

# Demographic change in Europe

## Population age structure 2010-2060 (EU27)

**65+: increase of 71.8 %**  
**80+: increase of 157.4 %**

## Life expectancy at birth 2010-2060



Source: Demography report 2010.

Source: Data based on  
Ageing Report 2012.

# Chronic conditions & multimorbidity evidence & challenges

- ❑ **80% of people >65 affected with chronic conditions i.e. heart failure, diabetes, depression, hypertension, osteoarthritis, osteoporosis etc.**

⇒ *these NCDs are in majority preventable*

- ❑ **multimorbid patients register: ↑ mortality rate, ↑ healthcare costs, & have: ↑ risk of hospital admissions, ↓ perception of physical & mental health, ↓ quality of life, ↓ functional capacity**

⇒ *treating patients rather than specific diseases – care models of disease management rather than chronic conditions programmes*

- ❑ **interactions among medications, among treatments**

⇒ *risk of polypharmacy & adverse medicines events*

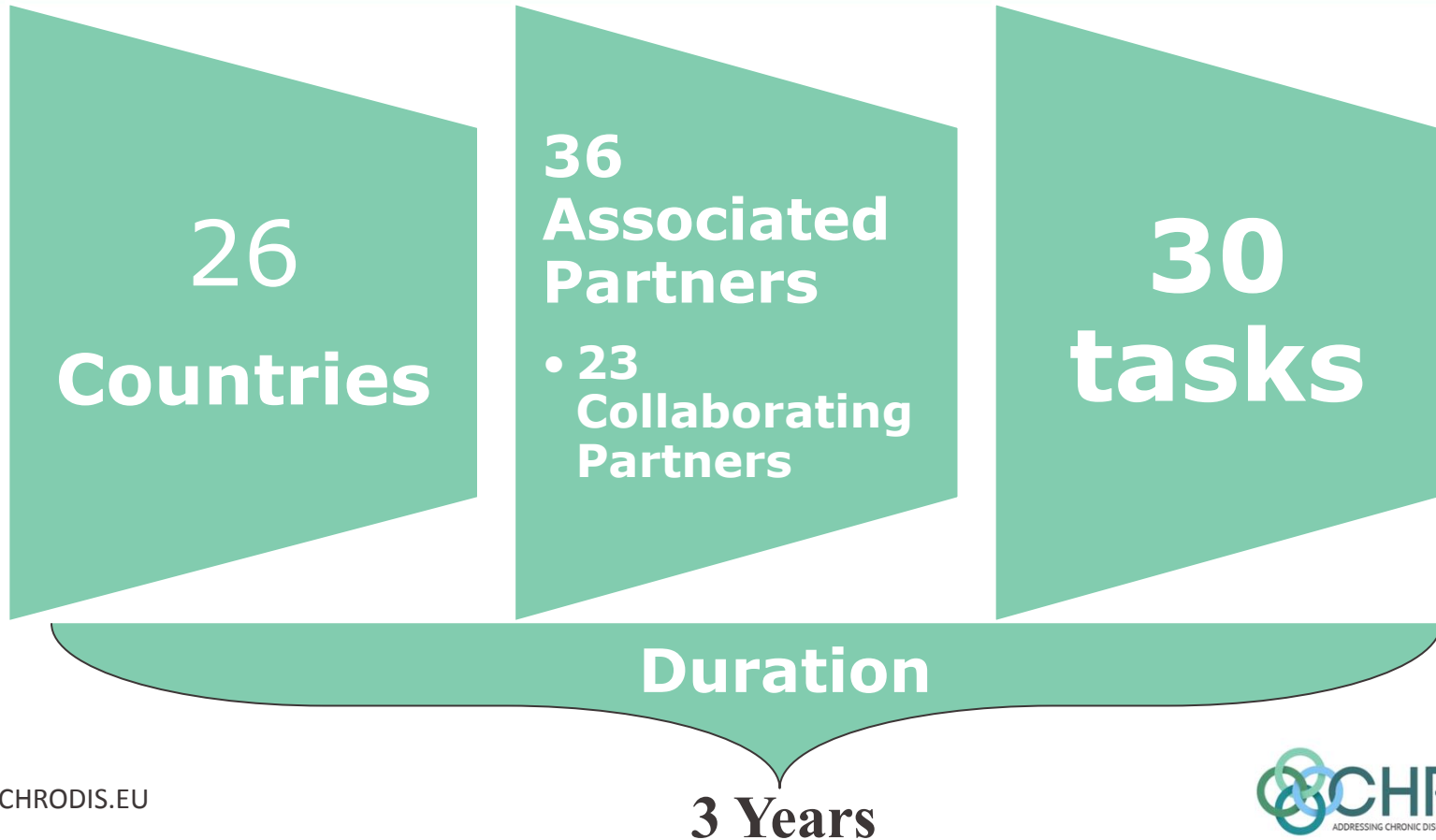
# *Objective of CHRODIS-JA*

to promote and facilitate a process of exchange and transfer of good practices between European countries and regions, addressing chronic conditions, with a specific focus on health promotion and prevention of chronic conditions, multi-morbidity and diabetes.

# *What is CHRODIS-JA?*

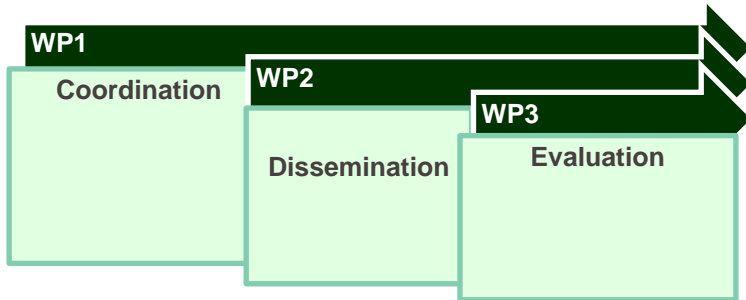
- **Networking effort of the participation of National Governments**
- **Linkage and exchange methodology, based on the current policy agenda and existing experiences across Europe**
- **Initiative using scientific methodology –sound and replicable- to inform about the best policies and practices about the target diseases**
- **In summary, it is an initiative meant to yield an EXCHANGE KNOWLEDGE SYSTEM focused on informing on the best policies and practices as well managers and practitioners on how to act when implementing policies and practices on chronicity.**

# *Partners CHRODIS-JA*



# The structure of CHRODIS-JA

## Horizontal work



**WP4**

**Platform for knowledge Exchange**

**WP5**

**Good practices in the field of health promotion and chronic disease prevention across the life cycle**

**WP6**

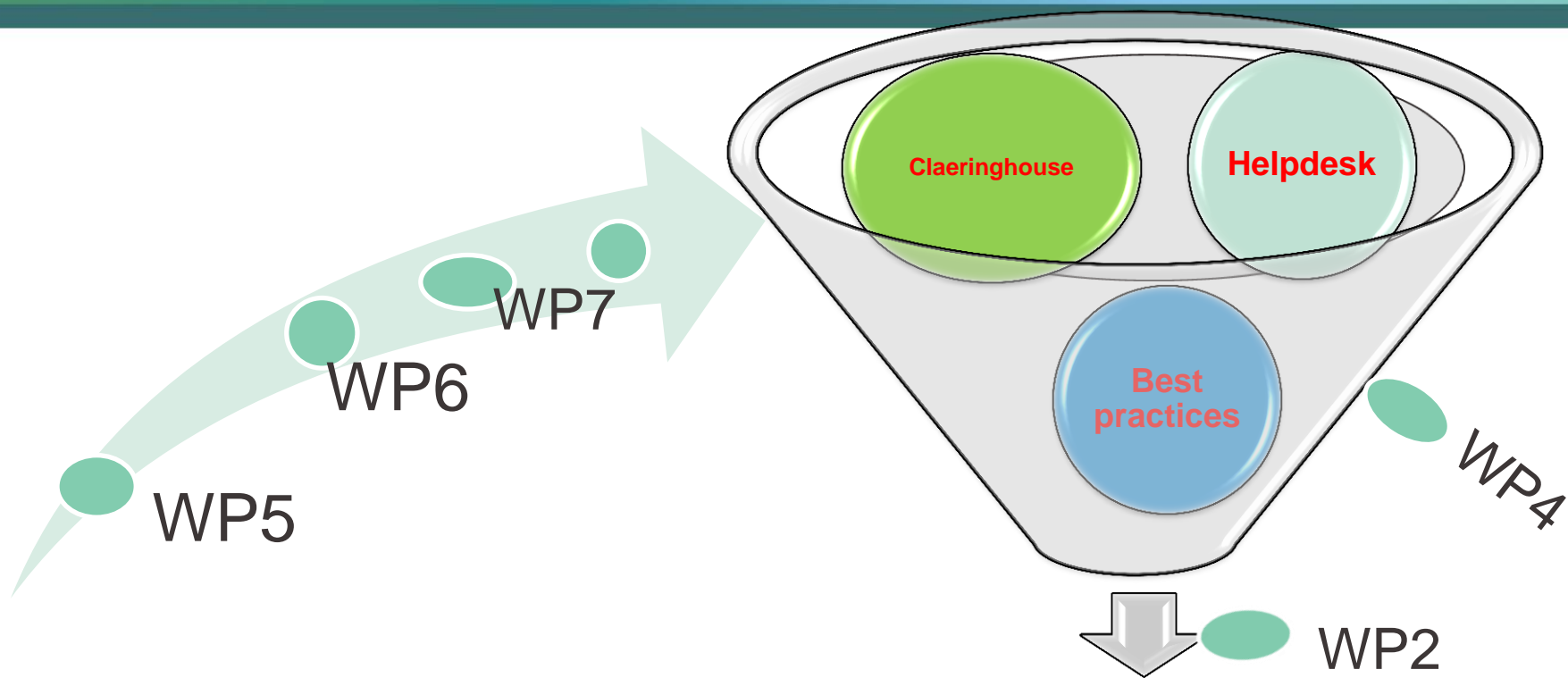
**Development of common guidance and methodologies for care pathways for multi-morbid patients**

**WP7**

**Diabetes: a case study on strengthening health care for people with chronic diseases**

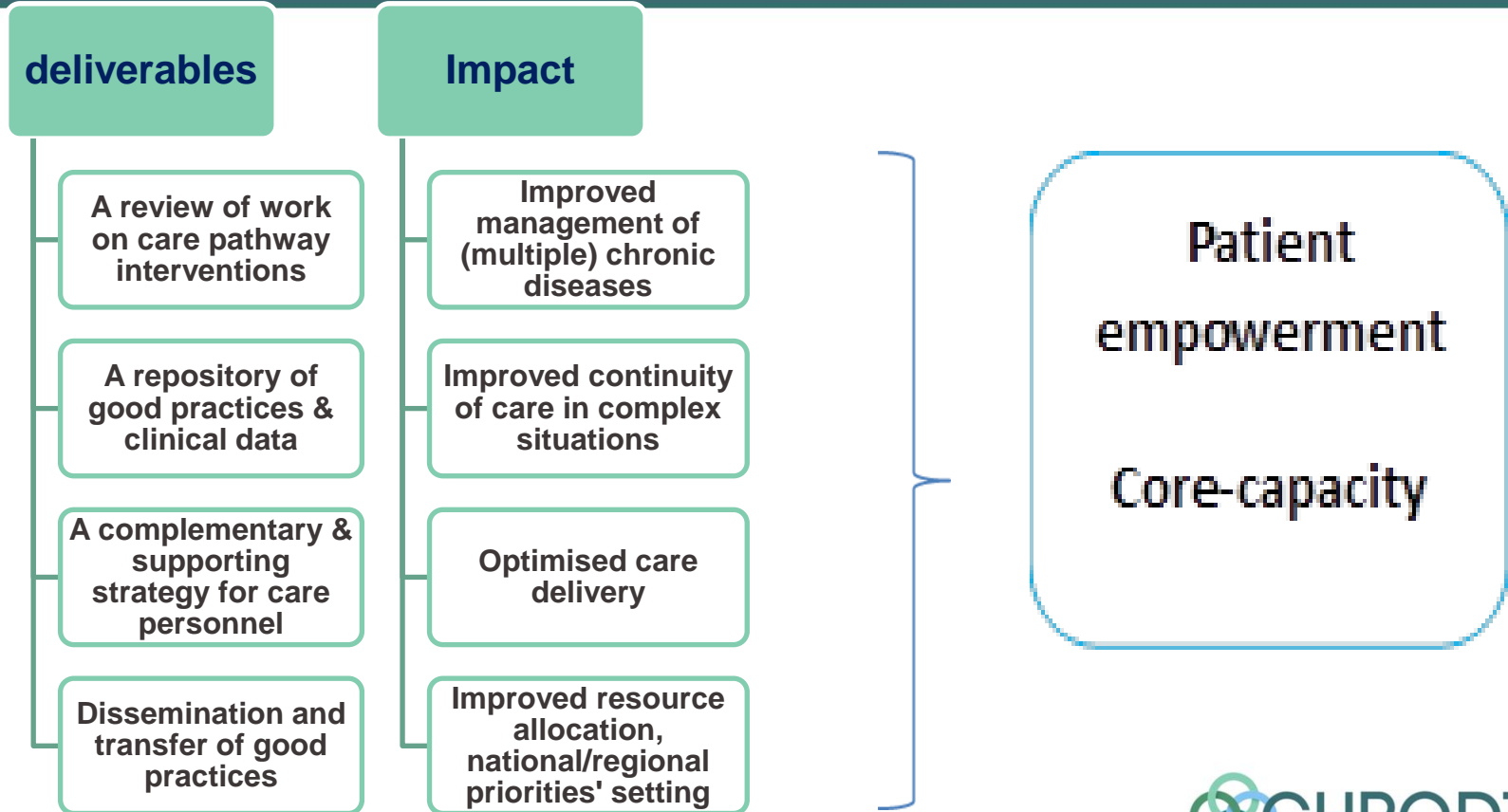
## Core work

# Interaction in CHRODIS-JA



**Patient empowerment**

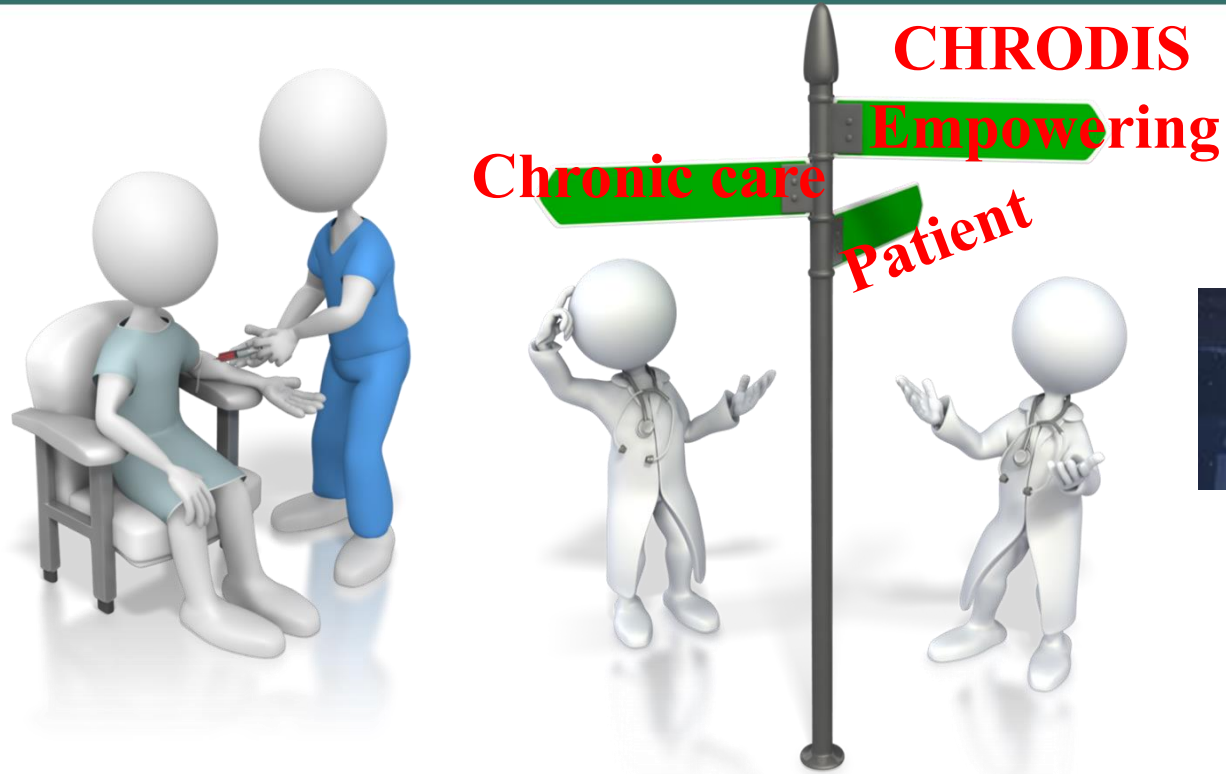
# *Principal tasks of CHRODIS-JA*



# ***CHRODIS-JA Activities update***

- **Kick-off (30.01.2014), 2 EB meetings organized, SOP delivered**
- **Coordination management team completed**
- **Governing Board on sustainability being set up (MSSSI)**
- **Advisory Board being set up**
- **Dissemination strategy almost ready. Web to be fully operative in July 2014**
- **WP4: Assessment tools and criteria for Delphi consultations being developed**
- **WP5: Questionnaire on Good Practices in the Field of Health Promotion and Primary Prevention being filled by partners**
- **WP7: Mapping questionnaire on National Diabetes Plans being drafted**

# *CHRODIS-JA: The vision of patient empowerment*



# *CHRODIS-JA & patient empowerment*

A **set of best practices** on primary prevention, early detection, secondary prevention, management of diabetes and **patient empowerment programmes**, and the methods for transferring them.

**Patient empowerment and inequalities** mainly related to the referred chronic diseases will be analysed.

# *CHRODIS-JA & patient empowerment*

**Training strategies and interventions for diabetic patient empowerment** will be designed and recommended.

WP 7 (Diabetes: a case study) will **map good practices** for detection of high risk people for **diabetes**, primary prevention, secondary prevention and management, non-pharmacologic interventions, **patient empowerment**, and national policies.

**Active patient participation** in decisions regarding their health.

# *CHRODIS-JA & patient empowerment*

to **improve early detection** and preventive interventions, strengthen health literacy, **patient empowerment**, training for health professionals especially, develop National Diabetes Plans.

To develop recommendations on appropriate **education materials** to strengthen **patient empowerment core- capacity**.

# The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (CHRODIS-JA)\*

**\* THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (CHRODIS-JA) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**





**Thank you very much  
for your attention**

