

Joint Action on Chronic Diseases and Healthy Ageing Across the Life Cycle

18th International Nursing Research Conference

Vitoria, Spain
12-14 November 2014

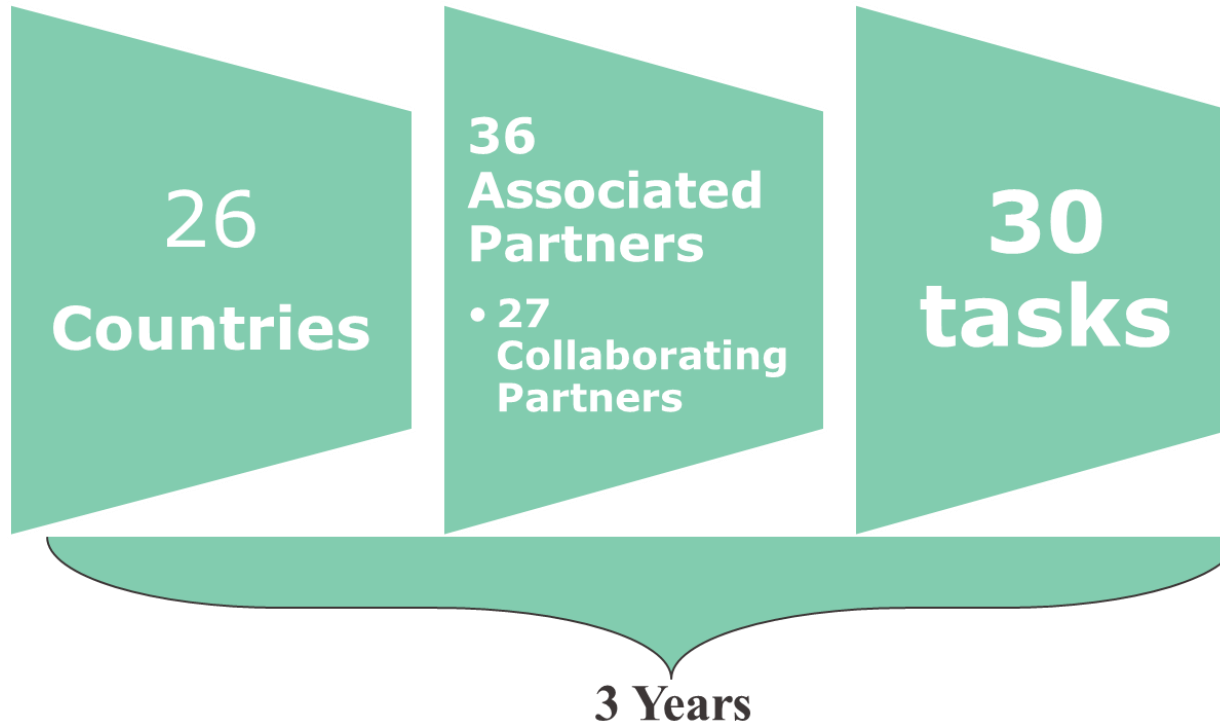


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Institute of Health Carlos III, Spain

Principal objective

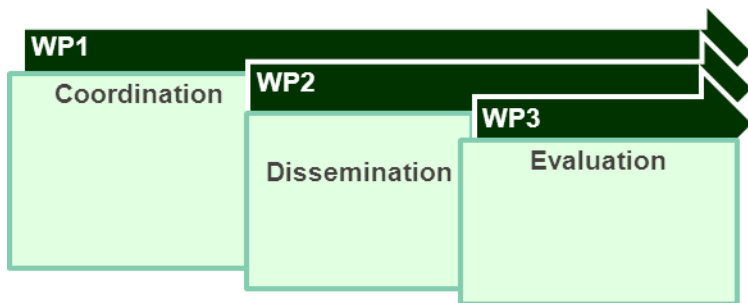
To promote and facilitate a process of exchange and transfer of good practices between European countries and regions, addressing chronic conditions, with a specific focus on health promotion and prevention of chronic conditions, multi-morbidity and diabetes.

Structure of JA-CHRODIS



structure of JA-CHRODIS

Horizontal work



WP4

Platform for knowledge Exchange

WP5

Good practices in the field of health promotion and chronic disease prevention across the life cycle

WP6

Development of common guidance and methodologies for care pathways for multi-morbid patients

WP7

Diabetes: a case study on strengthening health care for people with chronic diseases

Core work

Work Package – 1: Coordination



**Leader: Institute of Health Carlos III (ISCIII),
Spain**

**Co-leader: Ministry of Health, Social Services and
Equality (MSSSI), Spain**

Our activities – managing the Joint Action



1. Organization of meetings and related issues
2. Coordination of activities of WPs
 1. Timeline check according to the Work Plan
 2. Set up of the management tool
 3. Set up of the internal coordination structure
 4. Financial Follow up
 5. Technical reports
3. Set up and functioning of the Governing Board
4. Support on dissemination and evaluation.
5. Representing JA-CHRODIS in conferences and workshops

Work Package – 2: Dissemination



Leader:
EuroHealthNet

Objectives

- To **raise awareness** about the issue of chronic diseases in Europe, and the existence of the JA-CHRODIS;
- To **build knowledge** about the situation relating to the prevention, management and treatment of chronic diseases in EU Member States and how the work of the Joint Action can contribute to solutions;
- To **involve stakeholders** in the process of identifying solutions;
- To **encourage stakeholders to apply JA-CHRODIS outputs** and to thereby influence changes in life style.

WHO are we communicating to?

Main Target Audiences and Key Stakeholders:

- **Policy makers;**
- **Healthcare professionals and managers;**
- **The general public and other interested stakeholders like caregivers, patients and researchers**

WHAT are we communicating? (1)

Rationale for JA-CHRODIS:

There is a wealth of knowledge within EU Member States on effective and efficient ways to prevent and manage cardiovascular disease, stroke and diabetes type-2.

There is great potential in making better use of this knowledge by identifying the most promising approaches and facilitating the exchange of information.

WHAT are we communicating?

All JA-CHRODIS outputs:

e.g.

- Reports
- Scientific articles
- Guidelines
- Training programmes
- JA-CHRODIS website

Platform for Knowledge Exchange



- Clearing house
- Evaluation tool
- Help desk

Main resource to validate, find and share the best knowledge on the prevention and management of chronic diseases in the EU

How are we communicating?

- Visual Identity & logo
- Promotional Materials
- Electronic Newsletter
- Publications in professional or academic journals, external newsletters, magazines

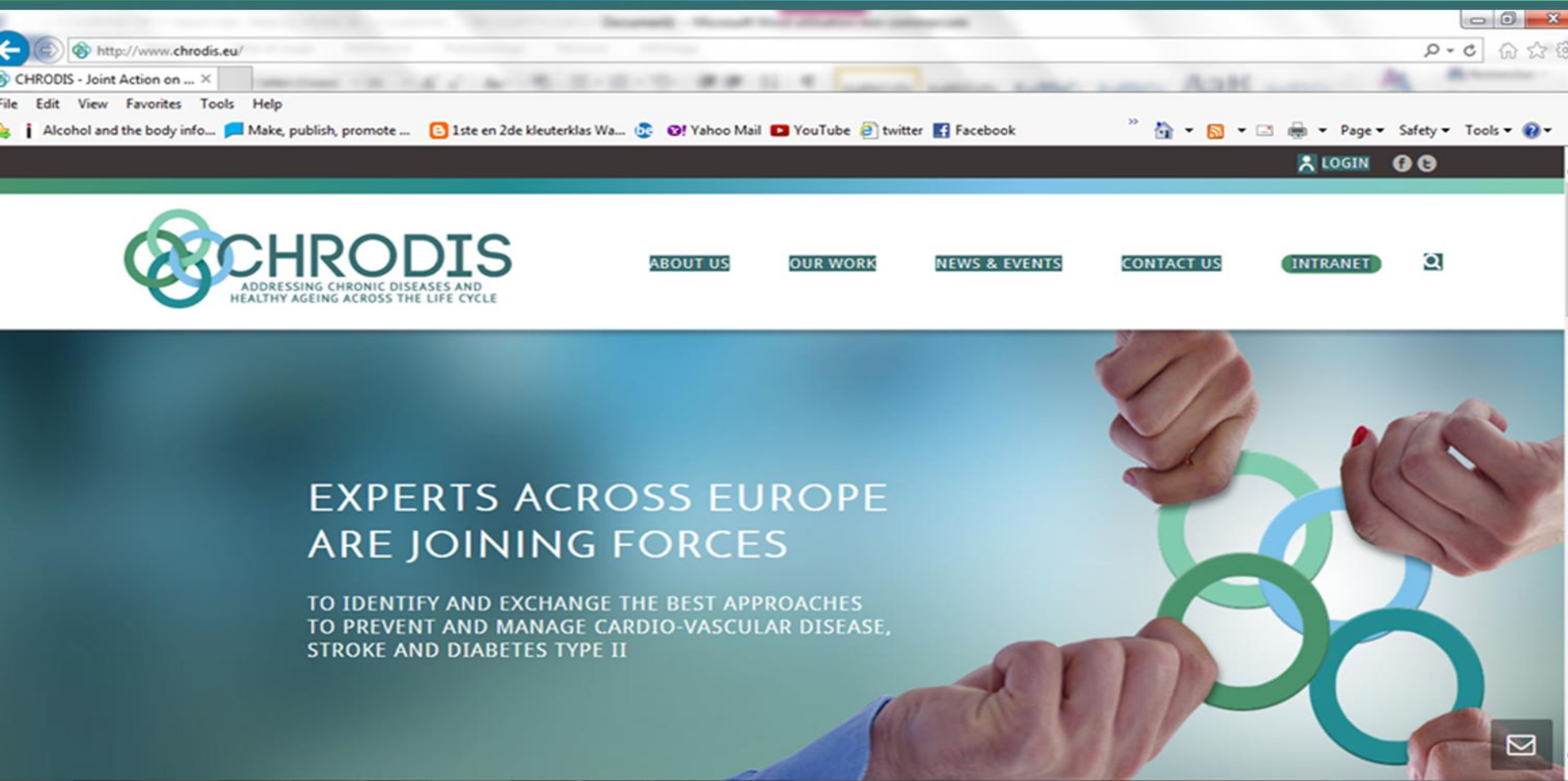


HOW are we communicating?

- Conferences and events
- Print Media/Press Releases
- Visual Promotional materials (poster, leaflets, videos, etc.)
- Webinars



www.chrodis.eu



http://www.chrodis.eu/our-work/

Our Work - CHRODIS

File Edit View Favorites Tools Help

Alcohol and the body info... Make, publish, promote ... 1ste en 2de kleuterklas Wa... Yahoo Mail YouTube twitter Facebook

LOGIN

CHRODIS
ADDRESSING CHRONIC DISEASES AND
HEALTHY AGEING ACROSS THE LIFE CYCLE

ABOUT US OUR WORK NEWS & EVENTS CONTACT US **INTRANET** Q

Cross-cutting Packages	04 Knowledge Platform	05 Health Promotion	06 Multimorbidity	07 Diabetes Type II
01 Coordination	Background	Background	Background	Background
• Documents	Activities	Activities	Activities	Activities
• Meetings	• Delphi Process	• Country Reports	• Patients	• High Risk
02 Communication	• Knowledge Platform	• Criteria	• Care Approaches	• Secondary Prevention
03 Evaluation	Meetings	• Selection	• Interventions	• Health Promotion
	Partners	• Conferences	• Implementation	• Training
		• Transfer	• Training Programme	• National Plans
		Meetings	Meetings	Meetings
		Partners	Partners	Partners

http://www.chrodis.eu/our-work/

			
KNOWLEDGE PLATFORM	HEALTH PROMOTION	MULTI-MORBIDITY	DIABETES TYPE II
Repository of validated good practice to prevent and manage chronic disease.	Good practice in health promotion and primary prevention of chronic disease, and their transferability.	Guidelines on innovative and effective care for multi-morbid patients.	European cooperation in diabetes as a case study for tackling chronic disease.
READ MORE	READ MORE	READ MORE	READ MORE



ABOUT US

OUR WORK

NEWS & EVENTS

CONTACT US

INTRANET



EVENTS

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ALL

UPCOMING

COORDINATION

KNOWLEDGE PLATFORM

HEALTH PROMOTION

MULTIMORBIDITY

DIABETES TYPE II

EXTERNAL



LATEST NEWS



UNITED NATIONS REVIEW OF SITUATION ON NON-COMMUNICABLE DISEASES

July 12, 2014



CHRODIS GOES SOCIAL!

May 28, 2014



NEW EC PROPOSAL FOR ACTIONS ON HEALTH SYSTEMS

April 24, 2014

NEWSLETTER



THE FIRST CHRODIS NEWSLETTER WILL BE AVAILABLE SOON

RESOURCES

[KNOWLEDGE PLATFORM](#)

[INTRANET](#)

[EIP-AHA](#)



Work Package – 3: Evaluation



OBJECTIVES OF WP3

- To ensure that JA is implemented as in the JA Agreement and is on “right track” to achieve its objectives
- Evaluation of JA as a whole and of individual Work Packages. Each WP will be evaluated: objectives, indicators and deliverables established at the onset of JA-CHRODIS

KEY DELIVERABLES

- Evaluation Strategy –will include a baseline evaluation; success criteria, indicator, metrics, timing and responsibilities
- Interim evaluation reports –will assess the intended outcomes, outputs and the success indicator
- Final evaluation report –will be based on the registry of milestones and deliverables achievement

WP4: Platform for knowledge exchange



Leader:
IACS-IIS Aragón, Spain

WP4

PLATFORM FOR KNOWLEDGE EXCHANGE

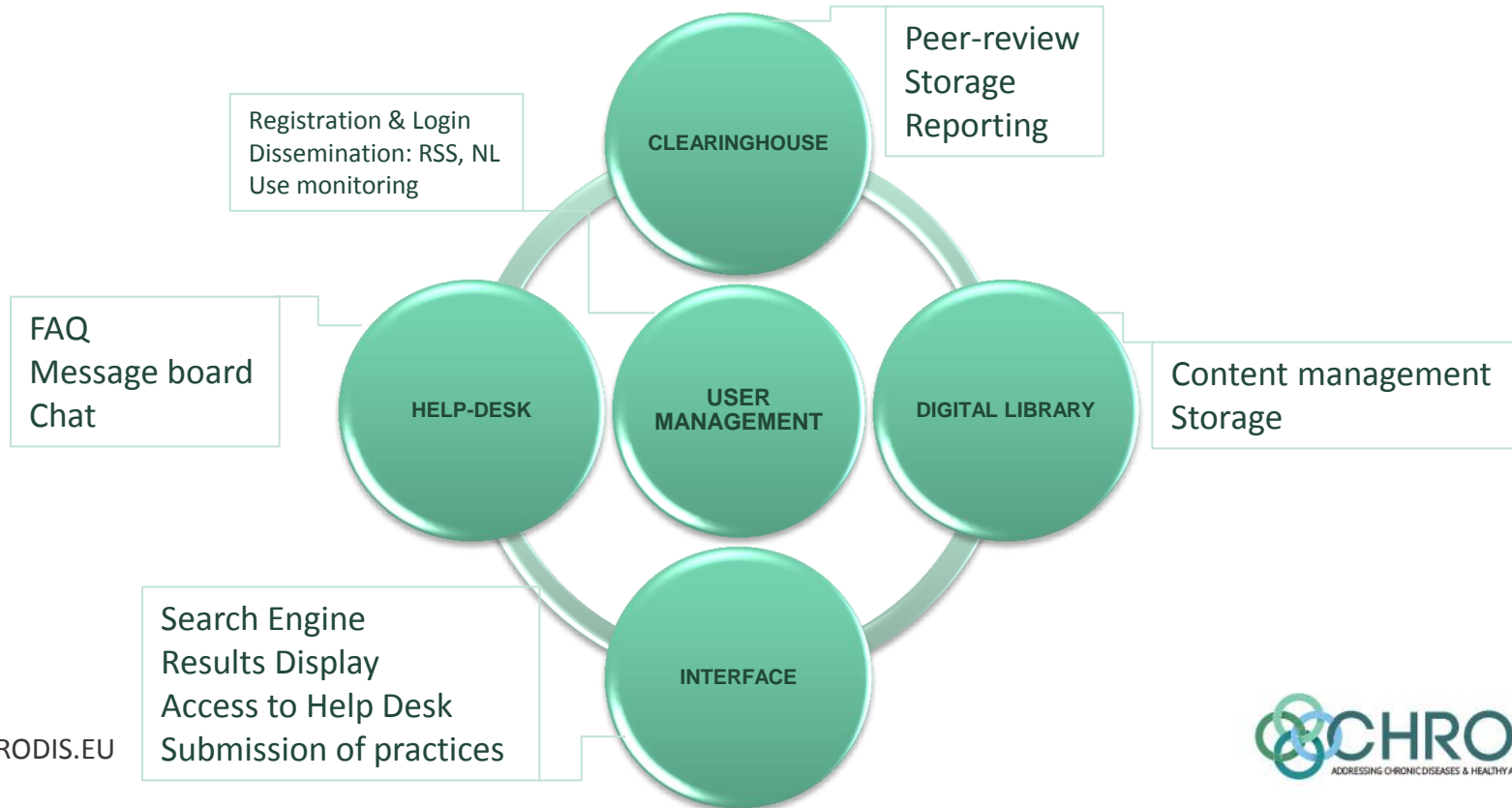
In the **Platform for Knowledge Exchange (PKE)** decision-makers, caregivers, patients, and researchers across the EU will find and share the best knowledge on “chronic care”. The PKE will include:

- **On line tools** to allow users to **evaluate** practices, interventions and policies using assessment criteria agreed by EU experts
- A **clearinghouse** of excellent chronic disease practices and policies across Europe, selected on those criteria;
- A **digital library** collecting a variety of contents associated to chronic care
- An **online helpdesk** with **expert consultants** to advise users on the development, implementation and evaluation of chronic disease practices.

Experts

- Up to 30 – reputation draws legitimacy
- Expert profiles: structural representation of the **range of views** on the **key elements to assess a practice**
 - **Area of expertise:** clinical, epidemiology, social intervention, management, economics, policy;
 - **Type of stakeholder:** health professionals, patients, decision-makers, academics;
 - **Type of health system:** gate-keeping/free navigation, community anchored/individual patient anchored, in-patient oriented/outpatient and home care oriented, integrated with social care/ coordinated with social care, intensity of cost-sharing, etc.
- Country and gender balance

Platform development



Work Package 5 – Good practices in the field of health promotion and chronic disease prevention across the life cycle



Leader: Federal Centre for
Health Promotion and Prevention
(BZgA)

Co-leader: EuroHealthNet

Aim of Work Package 5

- To identify highly promising, cost-effective and evaluated health promotion and chronic disease prevention practices with a special focus on older people
- To promote the exchange, scaling up, and transfer of effective approaches to different regions and countries
- To address major risk factors: poor diets, physical inactivity, smoking and alcohol abuse
- To address the wider determinants that influence the development of chronic diseases - particularly diabetes type II and cardiovascular diseases
- To focus on the elimination of health inequalities

Outcome and Deliverables of WP5

1. Identification of **three good practices per participating member state** (M18)
2. Recommendations Report on applicability and transferability of practices into different settings and countries

(JA CHRODIS Grant Agreement, p.56)

Tasks in Work Package 5

Task 1: Review of existing work, situation and needs

Task-leader: EuroHealthNet, in cooperation with BZgA

Task 2: Defining an approach

Task-leader: BZgA, in cooperation with EuroHealthNet

Task 3: Identification of good practices

Task-leader: YPE (GR), in collaboration with BZgA and EuroHealthNet

Task 4: Conference seminars

Task-Leader: SMLPC (LT), in collaboration with BZgA and EuroHealthNet

Task 5: Peer Reviews/ Study visits

Task-Leader: EuroHealthNet, in collaboration with BZgA

Selected Examples of Good Practice Criteria

Country	Spain	Italy	Germany	The Netherlands	Portugal
Criteria	<ul style="list-style-type: none"> Evaluation Sustainability Alignment (with national strategy) Quality Transferability Participative Approach Multi-Stakeholder Approach Appropriate Budget Adequacy (Alignment) Relevance (Target group orientation) Evidence based Evaluation possible (registry system in place) Sustainability Comprehensiveness Ethical considerations Efficiency Equity 	<ul style="list-style-type: none"> Composition of the Working group (multidisciplinary, multi-sectoral, target group included) Equity Empowerment Involvement/Participation Setting approach Theoretical models of behaviour change Evidence of effectiveness and good practice examples Context analysis Determinants analysis Resources, time and limits Partnerships and alliances Objectives Process evaluation Interventions/activities description Output and outcome evaluation Sustainability Communication Documentation 	<ul style="list-style-type: none"> Concept and Statement of Purpose Target Group Orientation Innovation and Sustainability Intermediary Concept Low Threshold Participation Empowerment Setting Approach Integrated Action Concept and Networking Quality Management Documentation and Evaluation Cost-Benefit Ratio 	<ul style="list-style-type: none"> Inclusion criteria: Manual of intervention available Process evaluation Material for the next 2 years available Contact person Two-way assessment: Description of the project / ,well described‘ Theoretical basis of the project Transferability (‘Feasibility‘) Effectiveness Ranked by Strong indications Good indications First indications 	<ul style="list-style-type: none"> Project area facing health strategies and objectives (Relevance) Quality of methods Process evaluation Sustainability Transferability Participation Cost-effectiveness

WP6 - Multimorbidity



Leader: AIFA, Italy
Co-leader: VULSK, Lithuania

Objective of WP6

To design and develop innovative, cost-efficient and patient centered approaches for multimorbid patients with chronic conditions, including secondary prevention interventions, early diagnosis and adherence to treatment and medicine regimens (to address polypharmacy)

Task 1

Title: Identify targets of potential interventions for management of multi-morbid patients

Leader: IT

Aim: Identify population(s) at high and very high care demand (utilization of resources, of negative health outcomes, complexity of their chronic conditions), by a analysis of existing national databases and literature review

Deliverables: Report from data analysis and evidence from literature to identify high care demanding population

Task 2

Title: Review existing care pathway approaches for multi-morbid patients

Leader: NL

Aim: To provide an overview of care pathway approaches for multi-morbidity patients in Europe, description of their characteristics and analysis of their efficacy to improve patient outcomes, healthcare use, cost-effectiveness, applicability and replication in other regions/settings

Deliverables: 7-12

Task 3

Title: Assess and select good practices on management of multi-morbid patients

Leader: LT

Months: 13-24

Aim: Developing a common model for multimorbidity management, based on identified good practices which are easy to apply and replicate in different settings

Task 4

Title: Identify targets of potential interventions for management of multi-morbid patients

Leader: IT

Aims: Review of existing training programmes on the multimorbidity management for care personnel, and development of the relevant common training programme to be easily used in different settings and regions

Deliverables

D6.1 Report from data analysis and evidence from literature to identify high care demanding population (**months 12**)

D6.2 Report on care pathways approaches for multimorbid chronic patients, including existing good practices (**month 24**)

Work Package – 7: Diabetes type 2



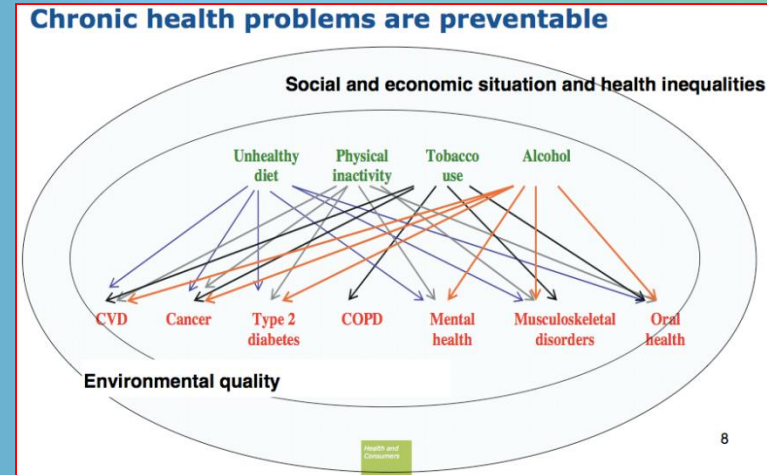
Leader: ISS, Italy
Co-leader: NIJZ, Slovenia

Why a work package on diabetes?

Diabetes is considered a paradigm of chronic disease, and is often the first focus of many changes in disease management

Chronic diseases can be prevented and controlled using available knowledge

Taking care of lessons learnt through experiences and suggestions by Member States, WHO, international organizations,...



Diabetes: a case study on strengthening health care for people with chronic diseases

Objective

The principal objective is to improve coordination and cooperation among Member States to act on diabetes, including the exchange of good practices across the EU

WP7 - Tasks

1. Prevention of diabetes: focus on people at high risk

Task Leader: Jaana Lindström, Finland

2. Secondary prevention of type 2 diabetes

Task Leader: Ulrike Rothe, Germany

3. Non-pharmacologic interventions - Health promotion interventions

Task Leader: Monica Sørensen, Norway

4. Education strategies and approaches

Task Leader: Andrea Icks, Germany

5. National diabetes plans

Task Leader: Jelka Zaletel, Slovenia

Respond to the WP7 goals



Questionnaire on practices for prevention and management of diabetes in EU member states

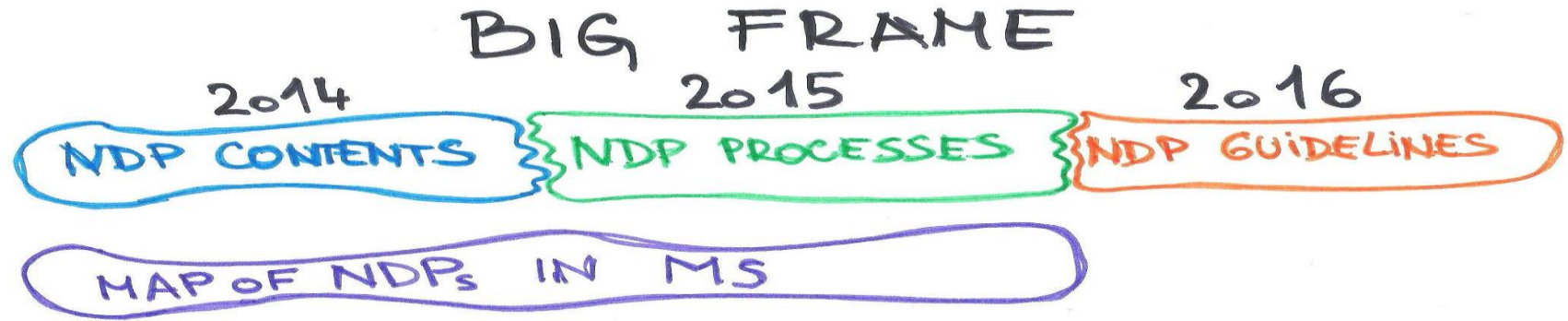
First phase

to provide a structured overview about current programs (interventions, initiatives, approaches or equivalents) that focus on aspects of primary prevention of diabetes, identification of people at high risk, early diagnosis, prevention of complications of diabetes, comprehensive multifactorial care, education programs for persons with diabetes and training for professionals

Second phase

in-depth analysis of the programs identified in the first one.

National Diabetes Plans



The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (JA CHRODIS)*

*** THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (CHRODIS-JA) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**



Thank you!

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