

# **Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle**

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## **Work Package 5**

“Good practices in the field of health promotion and  
chronic disease prevention across the life cycle”

**3rd Work Package Meeting in Cologne, Germany,  
May 26th 2015**



## Outcome Minutes

### Participants

21 participants (for detailed list, please see annex A)

### Chair and Meeting Minutes

Thomas Kunkel (BZgA, Germany)

Sibylle Gerstl (BZgA, Germany)

### Meeting Presentations

To keep email sizes low, all presentations are provided in a compressed .zip file attached to this email.

### Welcome and overview on recent activities in JA CHRODIS and WP5 in particular

The third work meeting of Work Package 5 ( WP5) took place in Cologne, Germany, on 26 May 2015. WP5 is led by BZgA in cooperation with EuroHealthNet.

Thomas Kunkel opened the meeting and welcomed the participants on behalf of BZgA. At the beginning, BZgA provided a short overview of the recent and past activities in the different WPs of JA-CHRODIS including meetings held and deliverables provided (overview presentation attached).

### Human resources and person-days

The coordination team provided an overview sheet for each WP with person-days adjusted for 2014 and the actual person-days taken in 2014 (person-day sheet attached). Some partners in WP5 still have a relatively high number of person-days that have not been allocated to specific tasks/activities and have not been used yet.

Thomas pointed out, that support is needed from all partners in activities of the near future such as the preparation of the conference in Vilnius, the work on reports (i. e. for task 3), to plan and organise the health promotion conference in November 2015 and to conceptualize the study visits in 2016.

### Next steps:

- Each partner should check its resources/person-days that are still available regarding JA-CHRODIS in its organization / institution and inform the WP5 lead for which activity they want to provide support.



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- WP5 lead will contact each partner individually to discuss the allocation of person days to WP5 tasks.

### WP5 - Task 3: Good Practice in Health Promotion

*Chair: Christina Dimitrakaki, YPE*

#### Procedure and remarks

- First criteria template to identify examples of good practices in the field of health promotion or primary prevention of cardiovascular diseases (including stroke) was sent to partners on April 10, 2015
- Second criteria template that has taken into account the results of the Delphi Panel rounds was sent to partners on May 10, 2015
- According to the “life cycle” approach GPs from all stages can be chosen
  - No equal distribution of GPs for all stages is needed
  - So far, most of the GPs are coming from the adulthood and ageing stages
- In case partners already started to fill in the first criteria template, they could continue with it and use the additional questions of the second criteria template as guidance
- The partners should decide by themselves if a practice is a GP, also when the proposed GP might not fit in all criteria listed in the templates
- It is important to think of the transferability of GPs to other countries
  - A focal point / person to be contacted could be added

#### Questions and remarks related to the Platform of knowledge exchange (PKE)

Overview given on interim report of WP 4 (report attached)

- Second criteria template very extensive and very complex, question arose on who will use it
  - Need of an evaluation guideline for future evaluators in the PKE  
(i.e. to explain the difference between descriptive and judging questions)
- Upload of GPs to PKE
  - WP leaders have to develop to a common concept on how to upload the GPs into the PKE
  - WP 5 lead will put this topic on the agenda of the next EB meeting on 10<sup>th</sup> and 11<sup>th</sup> June 2015

#### Next steps:

- Task 3 lead will send an email to explain the use of the criteria templates



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- **Deadline: ASAP**
- At least 3 GPs per country should be sent to task 3 lead
  - **New Deadline: 03.07.2015**
- Task 3 lead will have the lead on report writing
  - To discuss which support is needed (i.e. on outlining, proof reading) and which partner will take over an activity
- Final report on the identification of 3 good practices (GPs) per participating member state (MS)
  - **New deadline: 31.07.2015**
  - Extension of deadline in accordance with the coordination team

### Evaluation of Work Package 5 carried out by WP3

#### Procedures

- WP3 circulated a draft concept for the evaluation of the Joint Action including possible indicators to evaluate each WP
- WP5 leaders have worked on the draft and made adaptations and suggestions regarding possible output and outcome indicators for WP5 (draft on proposed indicators attached)

#### Next steps

- Partners should provide feedback, suggestion and comments on the draft on proposed indicators
  - **Deadline: 28.05.2015**
- On Friday, 29.05.2015 WP5 lead will have a TC with WP3 to discuss the proposed indicators and further procedure of the planned evaluation.
- The executive board (EB) needs to approve the final evaluation procedures at the meeting in June 2015



## WP5 - Task 4: Discussion of procedures for the health promotion conference in November 2015

*Chair: Ignas Keras, SMLPC*

Aim:	To achieve an impact on policy level on the importance of health promotion
Conference style:	Open conference on 1 to 1.5 days (public event)
Conference title:	Title should include chronic diseases in combination with health promotion
Date:	24.11.2015 (Tuesday) and 25.11.2015 (Wednesday)
Location:	Vilnius, Lithuania
Audience:	Open part: 80 - 100 participants (at least all partners and one representative/country)  Network part: around 60 participants
Budget:	6.000, - Euro  Among those 3.000, - Euro already planned for venue/catering of the conference  But: Many budget positions exist at various partner organizations that are suitable for conference support, like expert fees, translation, printing materials, etc.
Payment arrangements:	- Participation at the conference is for free  - Stakeholder need to pay for their own travel and accommodation arrangements  - Key note speakers' travel and accommodation arrangements will be covered by JA-CHRODIS, they will not receive any speakers' fees

### Possible key note speakers

- Vytenis Andriukaitis, Health and Food Safety commissioner
- Ilona Kickbusch, Director of the Global Health Programme at the Graduate Institute of International and Development Studies, Geneva.
- Michael Marmot, Professor of Epidemiology and Public Health at University College London
- Richard Ward, Professor of Epidemiology and Public Health at University College London
- Kristine Sorensen, Department of International Health Faculty of Health, Medicine and Life Sciences Maastricht University
- Speaker from Finland, as Finland is not part of JA-CHRODIS, however is very advanced in health promotion and might have interesting projects to share



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**Procedures and next steps:**

- Invitation letter already drafted
- According to the suggestions made on this meeting, 5-6 possible key note speakers will be identified
- Priority list will be established
- 2-3 possible key note speakers (highest priority) will be contacted and invited in a first round

**Invitation for conference***Policy makers*

- WP5 partners should invite at least one policy maker from their countries
- Draft agenda on conference send to partners to be used for invitation of policy makers (BZgA, EHN)  
Overview list of potential invitees provided by BZgA (via Google Sheets)

*Stakeholders*

- Conference need to be actively disseminated and promoted
- To discuss which partner will take care of the personal invitation of the stakeholders

**Presentation of draft concept of the conference**

- WP5 partners support the draft concept of the conference
- Ideas and suggestions:
  - Second conference day should still be a public event in the morning/half day
  - Proposed conference contributions need to be cut down, too many proposed
  - Policy makers should be more actively involved in the conference program
  - One major focus of the conference should be lively discussions between all participants present
  - Presentations should be presented/organized in a way, that not only experts and specialists on the very subject are able to follow
  - Marketplace in conference foyer
    - To discuss content (i.e. video interviews of project leaders of GPs, posters, round tables, etc.)
    - To discuss which partner will organize it (if marketplace will take place)
  - Need for conference documentation
    - To discuss who will take care of it



- Presentation of GPs should have a prominent role in the conference
  - Background documentation (Task 3 report including annexe with list of GPs) available at the conference
  - TED-style presentation of selected GPs
    - Guideline will be provide
  - To discuss the selection of GPs to be presented at the conference

**Next steps:**

- BZgA and EuroHealthNet will work on a revised concept of the conference
- Revised concept of the conference will be shared with all partners of WP5
- List of needed activities and task will be provided by Task 4 leader
- WP lead will contact partners individually to determine budget posts for the conference
- Task 4 lead and WP lead will approach partners to support the planning of the conference and to take over designated activities



## WP5 - Task 4: Outline of procedure for study visits in the second half of 2016

*Chair: Cristina Chiotan and Ingrid Stegemann, EuroHealthNet*

Task leaders Cristina and Ingrid (EuroHealthNet) presented first ideas on the concept of the study visits.

### Outline of procedure

- At least 2-3 study visits will be carried out
- 2-3 days are planned for each study visit
  - The idea is to visit not only the GPs identified by the country, but other topics of interest such as existing databases etc.
- Twinning possible
  - Flexibility of partners required
- Budget allocation through WP lead

### Next steps:

- Possible budget will be discussed among WP lead and task 5 lead
- Feedback on budget will be provided to all partners
- Early 09/2015 partners will be contacted by Task 5 lead to name their study visits' priorities (the most interesting subjects) among all topics identified from the country reviews (template will be provided for this exercise)
- Decision on how to select the GPs for study visits will be taken after the conference in November 2015
- Guideline on procedure will be provide by task 5 lead in November 2015
- Study visits will be carried out between April and May 2016
- Reports on study visits will be written in September 2016

## Task 1 – report on country reviews

- EuroHealthNet finalized the final draft on the comparative overview of 14 country reports in taking into account comments and suggestions provided by the partners involved
- Final draft will be sent out to partners to agree on comments
- After above mentioned feedback round the draft will be finalized
- Final report will be published on CHRODIS website



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### Next WP5 meeting

The next WP5 meeting will be held directly following the conference in Vilnius either on 25.11. or 26.11.2015.



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## Annex A

No.	Name	Partner	Acronym	Country
1	Esther González	MP	ISCIII	Spain
2	Ingrid Stegeman	AP2	EHNET	Belgium
3	Cristina Chiotan	AP2	EHNET	Belgium
4	Thomas Kunkel	AP5	BZgA	Germany
5	Katarzyna Mletzko	AP5	BZgA	Germany
6	Theresia Rohde	AP5	BZgA	Germany
7	Sibylle Gerstl	AP5	BZgA	Germany
8	Barbara De Mei	AP7	ISS	Italy
9	Paola Ragazzoni	AP7	DoRS	Italy
10	Astrid Nylenna	AP19	HOD	Norway
11	Maria Cortes	AP20	DGS	Portugal
12	Luciana Costa	AP21	INSA	Portugal
13	Ignas Keras	AP24	SMLPC	Lithuania
14	Gigja Gunnarsdottir	AP25	DOHI	Iceland
15	Maeve Cusack	AP26	EIWH	Ireland
16	Marieke Hendriksen	AP27	RIVM	Netherlands
17	Francisco Ruiz	AP31	FPS	Spain
18	Isabel Escalona	AP32	CISPS	Spain
19	Kenneth Eaton	CP15	Platform for Better Oral Health in Europe	Belgium+UK
20	Jamie Wilkinson	CP22	PGEU	Belgium
21	Christine Dimitrakaki	AP 15	YPE	Greece

