

Discussion group 3: Patient empowerment and active living with chronic diseases

1st General Assembly meeting

Brussels, 19th February 2015



Jelka Zaletel
National Institute of Public Health, Slovenia

EMPOWERMENT

... is a process that enables people to gain control over their own lives and increases the capacity of people to act on issues that they themselves define as important.

“EMPATHiE Consortium”

EMPOWERMENT

Who should have the power?

1. The person/patient
2. Family/carers
3. Doctor
4. Nurse
5. Pharmacist

EMPOWERMENT

Who has the power now?

1. The person/patient
2. Family/carers
3. Doctor
4. Nurse
5. Pharmacist

EMPOWERMENT

How can we create awareness among the different groups (citizens, health professionals) of the need for self-empowerment in health promotion?

EMPOWERMENT

How can patients and families interact **effectively** with health services and be active partners in managing diseases?



Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-Chrodis)*



Co-funded by
the Health Programme
of the European Union

* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).