



Patient empowerment, let's discuss the concept



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HbA1C

Acute care model

knowledge

knowledge

control

knowledge

control

responsibility

Aha moment

respect

information

informed consent

informed decision

collaboration

empathy

self-esteem

shared decision making

respect

listening

non-judgmental

active partner

autonomy

support

patient centeredness

freedom

information

informed consent

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patient empowerment

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active partner

support

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freedom

Diabetes Educators:

Use this book to
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education
credit.

American
Diabetes
Association.
Share • Care • Commitment

The Art of Empowerment



EMPOWERMENT
CD
ROM
Included
WORKBOOK

Stories and Strategies for Diabetes Educators
2nd Edition

Bob Anderson, EdD • Martha Funnell, MS, RN, CDE

WWW.CHRODIS.EU

 **CHRODIS**
ADDRESSING CHRONIC DISEASES & HEALTHY AGEING ACROSS THE LIFE CYCLE

Definition

Patient empowerment is a process that enables people to gain control over their own lives and increases the capacity of people to act on issues that they themselves define as important.

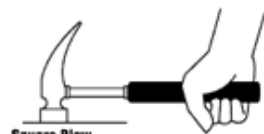
Consortium EMPATHiE

WWW.CHRODIS.EU

Which tools to use for empowerment?

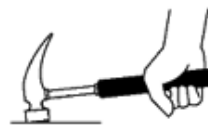


Applying the Hammer



Square Blow

Most Effective



Glancing Blow
(occasionally bends nails)

Better than a Rock



GOOD



LESS EFFECTIVE



VIRTUALLY USELESS



DESTRUCTIVE !



Invitation

Ways to participate

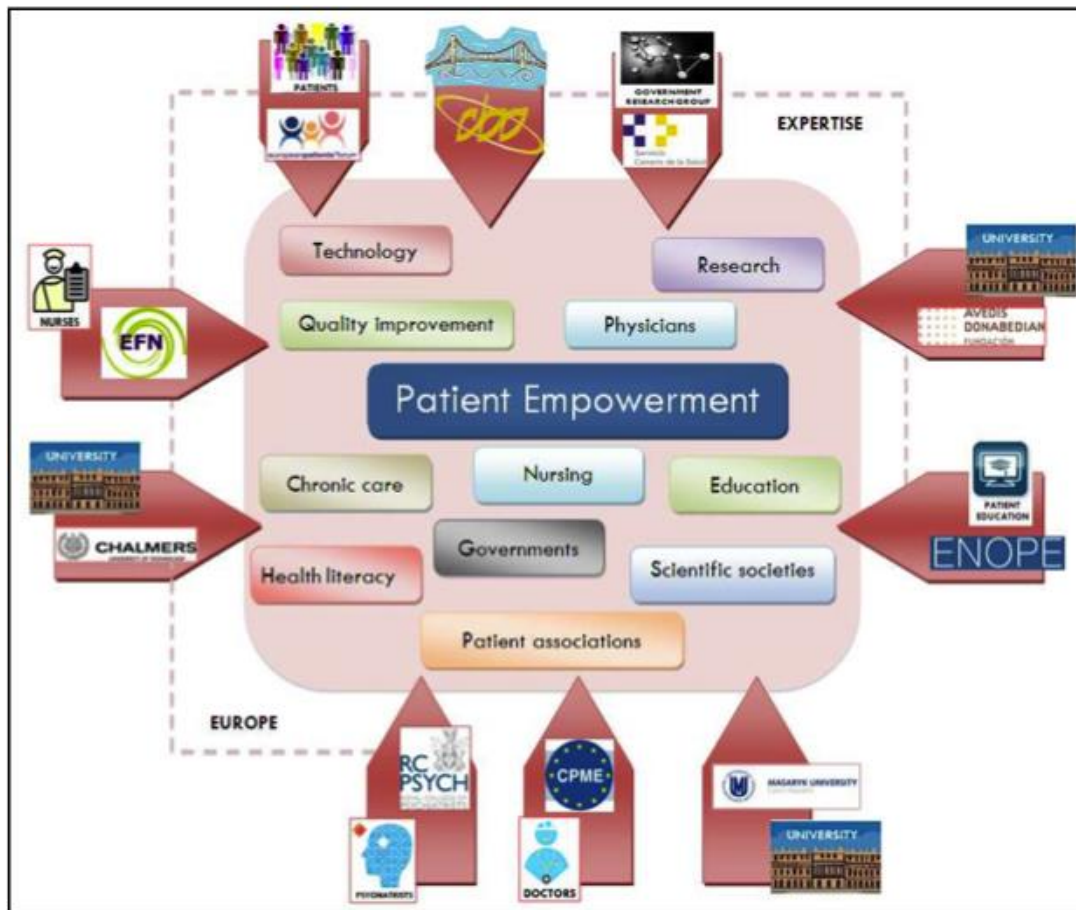
- Be a participant – registration deadline marts 2012
- Make a session – abstract Submission deadline 3 February 2012
- Bring a poster – abstract Submission deadline 3 February 2012

Go to our webpage to see more about the different opportunities
www.enope.eu

Patient Empowerment: Responding to the NCD challenge

1st European Conference on Patient Empowerment
Copenhagen, 11th-12th April 2012

**Title of the tender:
EMPOWERING PATIENTS IN THE
MANAGEMENT OF CHRONIC DISEASES**



EMPATHiE project

- **WP1.** To identify models of best practices for patient empowerment;
- **WP2.** To perform an analysis of the models of patient empowerment and present a clear identification of advantages and barriers to empowering patients;
- **WP3.** To develop a method to validate transferability of good practices, taken into account the context of other diseases, patient characteristics and specificities of health systems; and
- **WP4.** To develop scenarios of EU future collaboration on this subject.

JA - CHRODIS

What we can do?

The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (JA-CHRODIS)*

*** THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (JA-CHRODIS) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**

