

# Diabetes: a case study on strengthening health care for people with chronic diseases

## Web-based version of the Questionnaire

on practices for prevention and management of diabetes in EU member states



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# Web version of the questionnaire – practical aspects

- **It will be posted in the CHRODIS website**
- **It will provide the country overview, filled in with the contribute of a team of experts**
- **The experts identified by the participants will be contacted in the second phase of the survey**

# Structure of the Questionnaire

**Section A** - Prevention of diabetes: focus on people at high risk

**Section B** - Management of diabetes

**Section C** - Education programs for persons with diabetes and training for professionals

Every section is divided in three parts to provide:

a structured description of the main program (intervention, initiative, approach or equivalent) at national, sub-national or local level

a short description of other plans, programs, interventions, strategies, experiences that are worth to be reported

# Introduction



## CHRODIS-JA, WP7 questionnaire

### Diabetes: a case study on strengthening health care for people with chronic diseases

The European Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (CHRODIS-JA) aims to promote and facilitate a process of exchange and transfer of good practices between European countries and regions, addressing chronic conditions, with a specific focus on health promotion and prevention of chronic conditions, multi-morbidity and diabetes.

This survey is part of the activity of the work package 7: Diabetes: a case study on strengthening health care for people with chronic diseases. The principal objective of the work package 7 is to improve coordination and cooperation among Member States to act on diabetes, including the exchange of good practices across the EU, and to create ground for innovative approaches to reduce the burden of chronic diseases. All the activities are targeted to type 2 diabetes in adults.

The survey is organized in two phases: the first has the objective to provide a structured overview about current programs (interventions, initiatives, approaches or equivalents) that focus on aspects of primary prevention of diabetes, identification of people at high risk, early diagnosis, prevention of complications of diabetes, comprehensive multifactorial care, education programs for persons with diabetes and training for professionals; the second phase will be devoted to an in-depth analysis of the programs identified in the first one.

Your response to the questionnaire will constitute your Country review, and will provide excellent opportunities to share expertise and experience regarding the care for people with diabetes among a wide range of European countries. Based on the results of this questionnaire, good practices will be identified and studied in more detail.

We kindly suggest you to identify and invite experts working in this area (e.g. experts from national, regional and local health institutes or public authorities, associations of persons with diabetes, professionals involved in the care of persons with diabetes) to contribute in filling the questionnaire.

The responses to this questionnaire will not be used to examine the performance of policies or programs in any given country, to rank countries according to their policies and programs or as a benchmarking tool.

The results of the survey will be communicated to all the participants, and disseminated by all the means of the CHRODIS-JA (website, newsletter, ...).

# Instructions

- Answer by ticking one box or all boxes that apply. The answers do not include a "do not know/no" option.
- Sometimes is asked to "specify", providing a short answer in a few words.
- There are some open questions that can be answered with a maximum of 300 characters.

## 1. Participan Information

|                                      |                      |
|--------------------------------------|----------------------|
| Contact Person:                      | <input type="text"/> |
| Position:                            | <input type="text"/> |
| Name of the Institution/Association: | <input type="text"/> |
| Type of Institution/Association:     | <input type="text"/> |
| Street:                              | <input type="text"/> |
| Zip Code / Town:                     | <input type="text"/> |
| Country:                             | <input type="text"/> |
| Telephone:                           | <input type="text"/> |
| E-mail Address:                      | <input type="text"/> |

## 2. Please list the experts that have contributed to the compilation of the questionnaire. These experts will be contacted to help in the second phase of the survey.

|                                    |                      |
|------------------------------------|----------------------|
| Name                               | <input type="text"/> |
| Name of the Istitution/Association | <input type="text"/> |
| Name                               | <input type="text"/> |
| Name of the Istitution/Association | <input type="text"/> |
| Name                               | <input type="text"/> |
| Name of the Istitution/Association | <input type="text"/> |
| Name                               | <input type="text"/> |
| Name of the Istitution/Association | <input type="text"/> |

Please, do not hesitate to seek assistance by writing to the following contacts at the National Institute of Health, Rome (Italy):

Marina Maggini - [marina.maggini@iss.it](mailto:marina.maggini@iss.it)

Flavia Lombardo - [flavia.lombardo@iss.it](mailto:flavia.lombardo@iss.it)

For more information about the CHRODIS-JA: [www.chrodis.eu](http://www.chrodis.eu)



## CHRODIS-JA, WP7 questionnaire

### Diabetes: a case study on strengthening health care for people with chronic diseases

#### GENERAL INFORMATION

##### 1. In your Country, national policies and legislation support:

Please tick all boxes that apply

a. diabetes prevention

b. early identification of people at risk of diabetes

c. diabetes care

d. education for persons with diabetes

e. training for professionals

##### 2. In your Country, if a national program, plan or any written national policy on diabetes exist, please specify:

title (in original Language):

title (English translation):

website (if available):

##### 3. In your Country a national information system provides data on:

Please tick all boxes that apply

a. diabetes incidence

b. diabetes prevalence

# Section A

## Section A - PREVENTION OF DIABETES: FOCUS ON PEOPLE AT HIGH RISK

### A1. PREVENTION STRATEGIES

1. In your Country, national diabetes policies with specific prevention targets exists:

Please tick all boxes that apply

a. it's a stand-alone national program

b. it's included in a more comprehensive national plan (i.e.chronic diseases program, ...)

c. there is no national policy but program at sub-national/local government level

Please reply to the questions 2-7 describing the national program, or if it is not available, a sub-national/local program that you think worth to be described.

2. The (official) name of the plan is:

3. The plan is available at (website, reference, ...):

4. The leading organization of the plan is:

Organization:

Contact person, name:

... (questions 1 to 7)

WP7



# Section A

## A2. PREVENTION OF DIABETES IN HIGH RISK INDIVIDUALS

### 8. Screening protocols/guidelines to identify high risk persons

Please tick all boxes that apply

- are available
- they have been evaluated at population level

### 9. Validated diabetes risk assessment tools are available to healthcare professionals

Please, tick

- Yes
- No

### 10. Information technology systems (e.g. computerized decision support, electronic medical records, ...) supporting the implementation of screening for diabetes are available at healthcare provider level

Please, tick

- Yes
- No

### 11. Defined care pathways exist to deal with individuals at risk for diabetes

Please, tick

- Yes
- No

... (questions 8 to 15)

WP7

# Section A

## A3. OTHER PROGRAM/ EXPERIENCE ON DIABETES PREVENTION

IN YOUR COUNTRY IS THERE ANY OTHER PROGRAM/ EXPERIENCE ON DIABETES PREVENTION (focused on people at high risk) YOU WANT TO REPORT?

If yes, please describe briefly the most relevant ones.

### 1. a) Name of the program/experience

|                        |                      |
|------------------------|----------------------|
| Name                   | <input type="text"/> |
| - available at         | <input type="text"/> |
| - leading organization | <input type="text"/> |
| -contact person        | <input type="text"/> |
| Comments               | <input type="text"/> |

### 2. b) Name of the program/experience

|              |                      |
|--------------|----------------------|
| Name         | <input type="text"/> |
| available at | <input type="text"/> |
| the leading  | <input type="text"/> |

### 3. c) Name of the program/experience

|                      |                      |
|----------------------|----------------------|
| Name                 | <input type="text"/> |
| available at         | <input type="text"/> |
| leading organization | <input type="text"/> |
| contact person       | <input type="text"/> |
| comments             | <input type="text"/> |
| (row2)               | <input type="text"/> |
| (row3)               | <input type="text"/> |

Prec.

Succ.

- **Section B - MANAGEMENT OF DIABETES**
  - B1. Diabetes management program
  - B2. Management of diabetes
  - B3. Other program or experience
- **SECTION C - EDUCATION PROGRAMS FOR PERSONS WITH DIABETES AND TRAINING FOR PROFESSIONALS**
  - C1. Education programs for person with diabetes
  - C2. Training programs for professionals
  - C3. Other program or experience

The two sections have the same structure of Section A (for a total of 81 questions)

# The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (JA-CHRODIS)\*

**\* THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (JA-CHRODIS) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**

