









CHRODIS-JA

Joint Action addressing chronic diseases and promoting healthy ageing across the life cycle

WP 5

Lead: Federal Centre for Health Education (BZgA)

Dr. Monika Köster and Theresia Rohde

Co-lead: EuroHealthNet











Content

About BZgA

National Programme "Healthy and Active Ageing"

CHRODIS WP 5







Federal Centre for Health Education (BZgA)

- Specialist authority in the portfolio of the German Federal Ministry of Health
- Located in Cologne
- Responsible for health promotion and prevention at national and international level









Federal Centre for Health Education (BZgA)

Communication

Planning, implementation and evaluation of national prevention campaigns and programmes on health promotion

Quality assurance and research

- Effectivity and efficiency in prevention
- Evaluation of measures and campaigns

National and international cooperation/coordination

Intersectoral cooperation with governmental/non-governmental organisations of the health sector with science and other policy sectors













Key Topics of BZgA

- AIDS and STI Prevention
- Drug Prevention
- Prevention of nutritional Diseases, Health Promotion
- Child and Youth Health
- National Centre on Early Prevention
- Sexual Abuse Prevention
- Sex Education and Family Planning
- Women's Health and Men's Health
- Equality in Health
- Healthy and Active Ageing
- Organ and Tissue Donation
- Vaccination and personal Protection against Infections











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CHRODIS WP 5







National Programme "Healthy and Active Ageing"

- Surveys of activities and interests of elderly population
- Interdisciplinary Cooperation (e.g. Health Care System, Sport Associations, Education System, Social Work, Care System, Self-help groups, Local Authorities, Universities)
- The Health Information Portal
 - to provide quality assured health information
 - to inform about organisations, services, addresses, contact persons
 - to transfer good practices and innovative strategies
 - to work as a communication platform for professionals



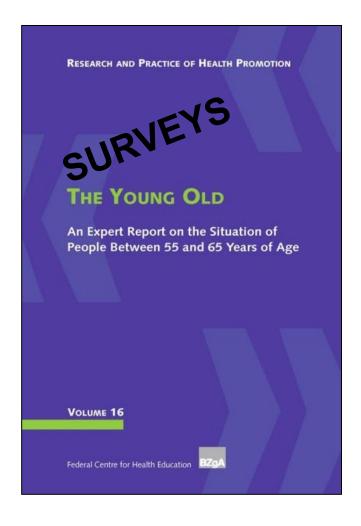






Bundeszentrale für gesundheitliche Aufklärung

Publications

















National and Regional conferences

Awareness raising

Networking and collaboration

Bringing forward partnerships















What they discuss, clear up and agree upon

- Report and situation analysis
- Structures, responsibilities, resources, competences, local needs
- Agreements on main topics and appropriate good practice projects
- Communication about networking possibilities, cross-sectoral cooperation
- Clarifying benefit for specific areas
- Checking internal/external financing possibilities
- Developing of guidelines, criteria
- Ongoing quality assurance

regional transparency, workshops, pilot projects, qualification, manuals, tools, internet-portal

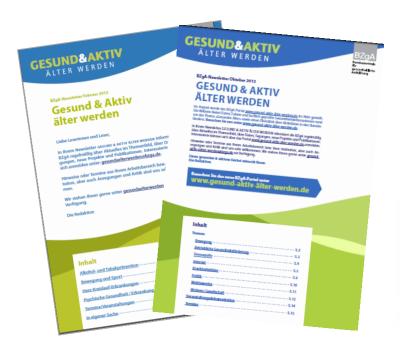






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Newsletter and Website















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CHRODIS WP 5







WP 5: Good practices in the field of health promotion and chronic disease prevention across the life cycle

Lead

BZgA

Co-lead EuroHealthNet

20 associated partners involved













Partners in WP 5

- Instituto de Salud Carlos III (ISC III), Spain
- EuroHealthNet, Belgium
- Bundeszentrale für gesundheitliche Aufklärung (BZgA), Germany
- Istituto Superiore di Sanita (ISS), Italy
- Technische Universität Dresden (TUD), Germany
- The National Center of Public Health and Analyses (NCPHA), Bulgaria
- Ministry of Health (MINSAL), Italy
- Regional Health Authority of Attica (YPE), Greece
- Health Service Executive (HSE), Ireland
- Institute of Public Health (IPH), Ireland
- Helse- og omsorgsdepartementet (HOD), Norway
- Direcção-Geral da Saúde (DGS), Portugal
- Instituto Nacional de Saúde Doutor Ricardo Jorge, I.P. (INSA), Portugal
- Tervise Arengu Instituut (NIHD), Estonia
- Sveikatos mokymo ir ligu prevencijos centras (SMLPC), Lithuania
- Embætti landlæknis (DOHI), Ireland
- Rijksinsitituut voor Volksgezondheid en Milieu (RIVM), The Netherlands
- European Institute of Women's Health Limited (EIWH), Ireland
- Consejería de Salud y Bienestar Social de la Junta de Andalucía (CSBSJA), Spain
- Fundación Progreso y Salud (FPS), Spain









WP 5 – Aims and Focus

- WP aims to identify highly promising, cost-effective and evaluated health promotion and chronic disease prevention practices (among the elderly) and to promote the exchange, scaling up and transfer of effective approaches to different regions and countries
- Focus will be on activities that address major risk factors such as poor diets, physical inactivity, smoking and alcohol abuse as well as the wider determinants that influence the development of chronic diseases, particularly diabetes type II and cardiovascular diseases
- Central focus will be put on eliminating health inequalities and a specific focus on addressing the needs of elderly and disadvantaged groups such as migrants, lower socio-economic groups, and unemployed people









Deliverables

- Identification of 3 good practices per participating MS (M18)
- Series of conference seminars (M24)
- Recommendations Report on applicability and transferability of practices into different settings and countries (M36)













Milestones

- Country Reviews on health promotion and chronic disease prevention approaches (existing work, current situation, gaps and needs) (M8)
- Agreement on selection criteria of good practices + template (M10)
- Peer Reviews/Study Visits (M36)









Task 1: Review of existing work, situation, and needs

Task-leader EuroHealthNet

Task 1.1

Conduct a review of existing work (incl. (grey) literature reviews and health-forecasting studies) and existing databases of good practices and policies in the field of health promotion and chronic disease prevention (among elderly)

Task 1.2

Collect evidence and data on cost-effectiveness of disease prevention interventions

Task 1.3

Conduct a 'situation analysis' and a 'needs assessment' to identify gaps and needs within Member States that could be addressed by CHRODIS-JA









Task 1: Review of existing work, situation, and needs

Review objective: to identify highly promising, cost-effective and evaluated health promotion and chronic disease prevention practices

To be discussed:

Definition of chronic diseases

Definition of interventions (intensity, frequency, duration); definition of "good" in good practices

Which outcomes will be prioritised in the review

Consideration of the context

Which type of studies are eligible for inclusion; use of AMSTAR

First step: EuroHealthNet + BZgA to develop timeline/draft approach, and circulate this on-line to WP participants for comment (end of February)







Task 2: Defining an approach

Task-leader BZgA

Task 2.1

Agree on inclusion and exclusion criteria to identify and assess good practices

Task 2.2

Agree on a template for the description of good practices









Task 3: Identification of good practices

Task-leader Regional Health Authority of Attica/Sotiria

Task 3.1

Each associated partner involved in this WP will identify three good practices from their countries that match the selection criteria

Task 3.2

Develop an English summary (according to the template that will be provided by the WP Leader in close collaboration with WP4) for each of the practices identified









Task 4: Conference seminars

Task-leader SMLPC Health Education and Diseases Prevention Centre

Task 4.1

Participate actively in the conference seminar that will be organised for the cluster your country belongs to and present on your outcomes and results

Task 4.2

Identify opportunities for learning for your organisation and country, based on the selected practices and that will be presented by the participants from other Member States









Task 5: Peer Reviews/Study visits

Task-leader EuroHealthNet

Task 5.1

Contribute to the selection process of 2-3 practices that could be subject to peer reviews/study visits

Task 5.2

Participate in the study visits to either share learning of a practice you selected or to identify how a practice could be successfully transferred to your country/region

Task 5.3

Provide input into the recommendations report, including learning from good practices and describing both success factors and barriers for transferring or scaling up a promising practice into a new context











Thank you for your attention!

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