



1st WP7 meeting
Istituto Superiore di Sanità, Roma
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Diabetes: a case study on strengthening health care for people with chronic diseases



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WP7 Diabetes: a case study on strengthening health care for people with chronic diseases.

Objective

The principal objective is to improve coordination and cooperation among Member States to act on diabetes, including the exchange of good practices across the EU

WP7 - Tasks

- 1. Prevention of diabetes: focus on people at high risk**
Task Leader: Jaana Lindström, Finland
- 2. Secondary prevention of type 2 diabetes**
Task Leader: Ulrike Rothe, Germany
- 3. Non-pharmacologic interventions - Health promotion interventions**
Task Leader: Monica Sørensen, Norway
- 4. Education strategies and approaches**
Task Leader: Andrea Icks, Germany
- 5. National diabetes plans**
Task Leader: Jelka Zaletel, Slovenia

Methods

A collaborative working method was adopted based on:

- consensual decisions made by the task leaders, WP leader and co-leader
- task coherent work plans
- use of the WP7 platform as a tool for supporting all the activities
- creation of a community of practice

WP7 Web-based Platform

The ISS team has developed a web environment to support the WP activities

This **platform** is aimed to enhance the development of a Community of Practice within WP7, in order to promote exchanges, discussion, sharing of resources and experiences.



Diachronics
Diabetes: a case study on strengthening health care for people with chronic diseases

WP7 Diachronics

Task1 Prevention of diabetes. Focus on people at high risk

Task2 Secondary prevention of type 2 diabetes

Task3 Non-pharmacological interventions - Health promotion

Task4 Education strategies and approaches

Task5 National diabetes plans

This is a working area dedicated to Work Package 7 Diachronics: Diabetes: a case study on strengthening health care for people with chronic diseases.

The European Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (CHRODIS-JA) aims to promote and facilitate a process of exchange and transfer of good practices between European countries and regions, addressing chronic conditions, with a specific focus on health promotion and prevention of chronic conditions, multi-morbidity and diabetes.

This Joint Action is part of the EU Health program 2008-2013 aiming to include projects that aim to contribute to increase healthy life years and to promote healthy ageing. For more information about the European Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (CHRODIS-JA), see [EuroHealthNet website](#).

Respond to the WP7 goals



WP7 Questionnaires

- One questionnaire for tasks 1- 4
- One for task 5

WP7 Identification of existing strategies

- Literature review
- Definition of questionnaires for the collection of data
- Identification of participants
- Identification of existing strategies, programs, interventions, ...
- Web based semi-structured interviews
- Map data/good practises

WP7 Questionnaire Task 1-4

The tasks 1- 4 have the common aim to map national/regional strategies on four essential topics:

- identification of high-risk people, and primary prevention of type 2 diabetes
- secondary prevention, including models of care delivery
- health promotion interventions
- educational intervention for persons with diabetes, and training for health professionals

WP7 Questionnaire

A combined **questionnaire** with four sections was developed to collect the data.

- Web-based (on CHRODIS web site)
- English language
- Target: national health agencies, individual health care providers, patient organizations, organizations of health care professionals.

WP7 Questionnaire

The responses to the questionnaire will not be used to examine the performance of policies or programs in any given country, to rank countries according to their policies and programs or as a benchmarking tool.

Next steps

- final version of the questionnaires
- web based questionnaire (Task 1-4)
- list of participants for each Country (Task 1-4, Task 5)
- data collection
- based on the questionnaire answers, a subgroup of respondents will be contacted for a more detailed and in-depth data collection (2015)
- WP7 general meeting in Autumn 2015 (date to be defined)

Deliverables

Recommendations to improve early detection and preventive interventions, to strengthen health literacy, patient empowerment and training for health professionals especially, and to develop National Diabetes Plans. Definition and agreement on a common minimum set of indicators.

WP7 Diabetes: a case study on strengthening health care for people with chronic diseases.

Thank you for your collaboration

The Joint Action on Chronic Diseases and promoting healthy ageing across the life cycle (JA CHRODIS)*

*** THIS PRESENTATION ARISES FROM THE JOINT ACTION ON CHRONIC DISEASES AND PROMOTING HEALTHY AGEING ACROSS THE LIFE CYCLE (JA CHRODIS) WHICH HAS RECEIVED FUNDING FROM THE EUROPEAN UNION, IN THE FRAMEWORK OF THE HEALTH PROGRAMME (2008-2013)**

