



Ministry of Health

ccm

The commitment of the MoH in counteracting NCDs and diabetes in Italy

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Welcome



The Italian Ministry of Health

- represents the central level of the Italian National Health Service
- is responsible for overall planning and control
- establishes the Italian NHS targets



The Directorate General of Prevention

- has a general task in the coordination of diseases prevention and health promotion activities
- in the role of Italian Center for Diseases Control and prevention (CCM), promotes and supports projects, also in the field of NCDs
- is responsible for the coordination of the **National Prevention Plan**, which shares many objectives with the CHRODIS-JA



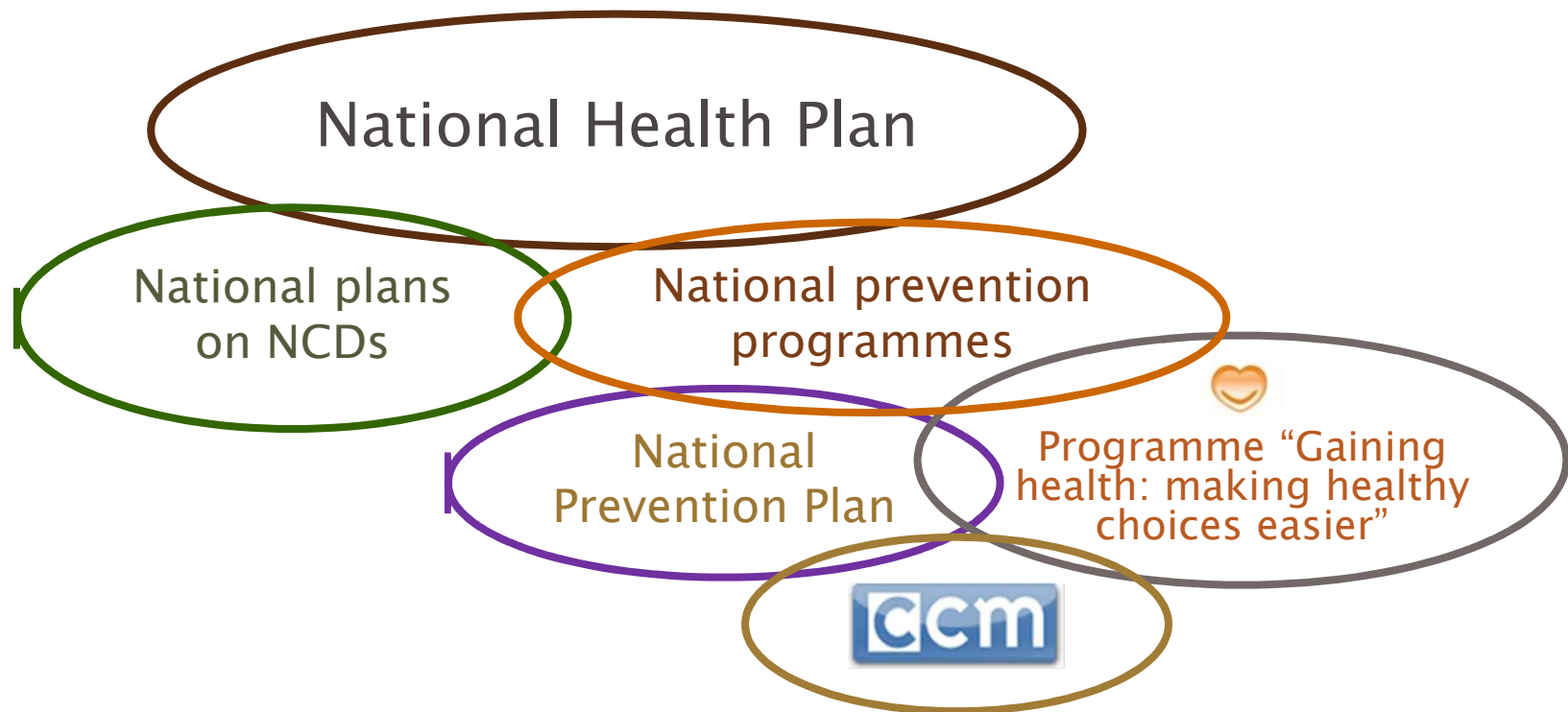
MoH as Associated partner in the CHRODIS-JA

Co-operation with the responsible partners in:

- Work Package 5 – Good practices in the field of health promotion and chronic disease prevention across the life cycle
- Work Package 7 – Diabetes: a case study on strengthening health care for people with chronic diseases



Counteracting NCDs: the Italian strategy



- ❑ strengthen health promotion and NCDs prevention
- ❑ improve early detection, assistance and management of NCDs



Counteracting diabetes in Italy

Main lines of action:

- National Diabetes Plan
- National Prevention programmes (GH and NPP)
- IGEA Project



National Diabetes Plan

A global plan, approved with an Agreement between State and Regions on December 6th 2012, that outlines:

- common objectives and recommendations for the Regions
- strategic approaches to specific actions
- models to improve the assistance
- specific areas of development



Thanks to Paola Pisanti (MoH) for the content of this slide

National Diabetes Plan

MoH and Regions will concur to:

- improve the assistance
- optimise the resources
- reduce the impact of the disease
- increase efficiency and effectiveness of health services in terms of prevention and assistance
- ensure equality in access and decrease social inequalities
- homogenize the diagnostic–therapeutic process
- move the system towards the integrated management of the disease



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Gaining Health

making healthy choices easier

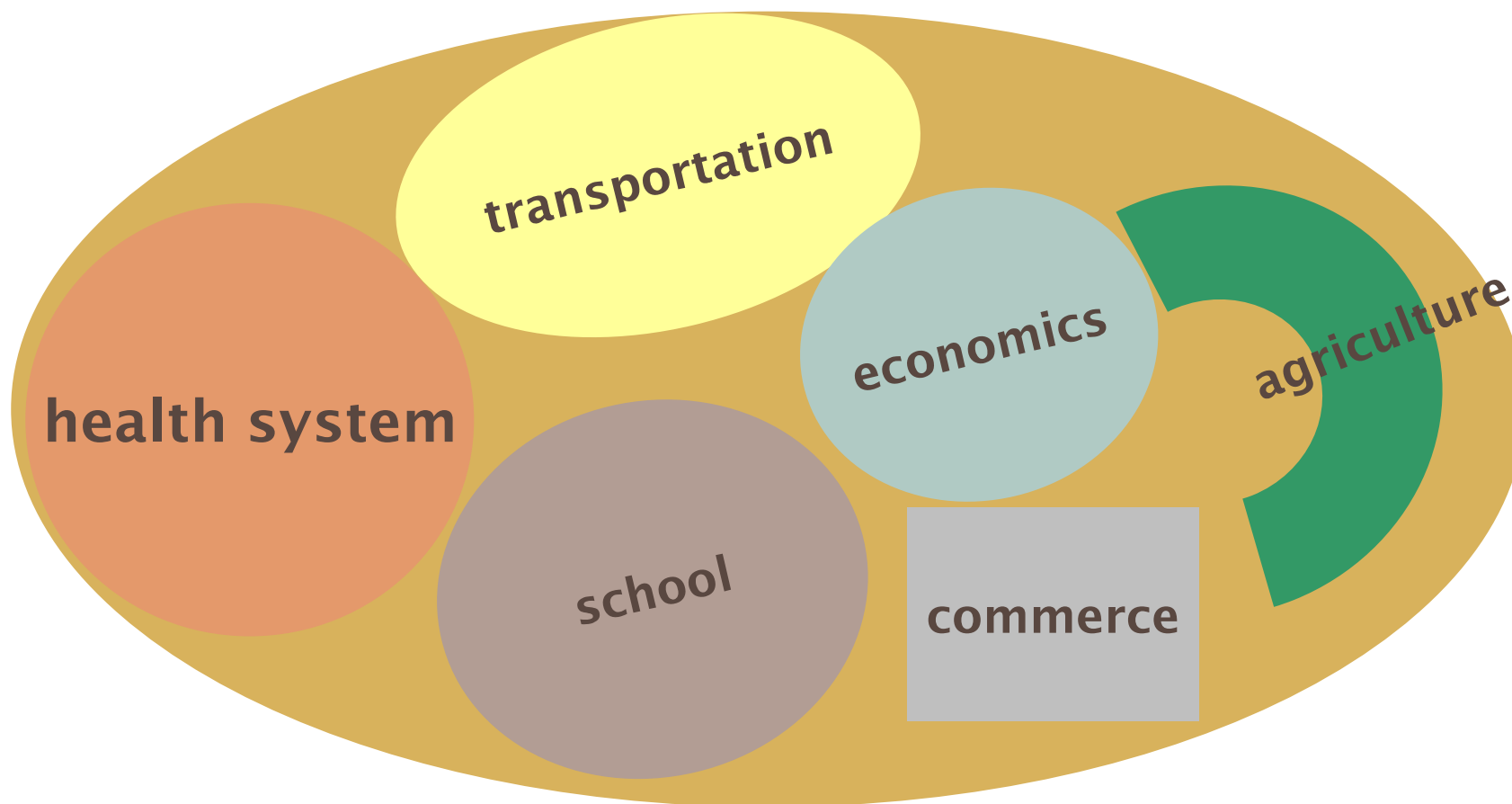
An intersectoral strategy:

- aimed to counteract leading risk factors for NCDs (unhealthy diet, physical inactivity, alcohol abuse, tobacco)
- led by the Ministry of Health
- based on:
 - ✓ institutional alliances with Ministries, Regions and Municipalities
 - ✓ partnerships with food industry, distribution networks, civil society, consumers associations





Gaining Health



intersectoral policies



The National Prevention Plan (2005–2009 and 2010–2013)

The NPP is aimed to:

- reduce differences in quality of prevention programs among Regions
- reduce inequalities among citizens
- develop management skills of health operators
- afford emerging health problems



The NPP: from planning to action

- Italian Regions have to develop their plans both on primary and secondary prevention issues
- Italian Regions bind a part of their funds to the achievement of prevention goals
- MoH has tasks of coordination, monitoring and certification



Prevention of diabetes in the NPP

Regional objectives

- promotion of healthy lifestyles

- ✓ unhealthy diet
- ✓ physical inactivity
- ✓ alcohol abuse
- ✓ tobacco



Gaining Health

- management of T2D

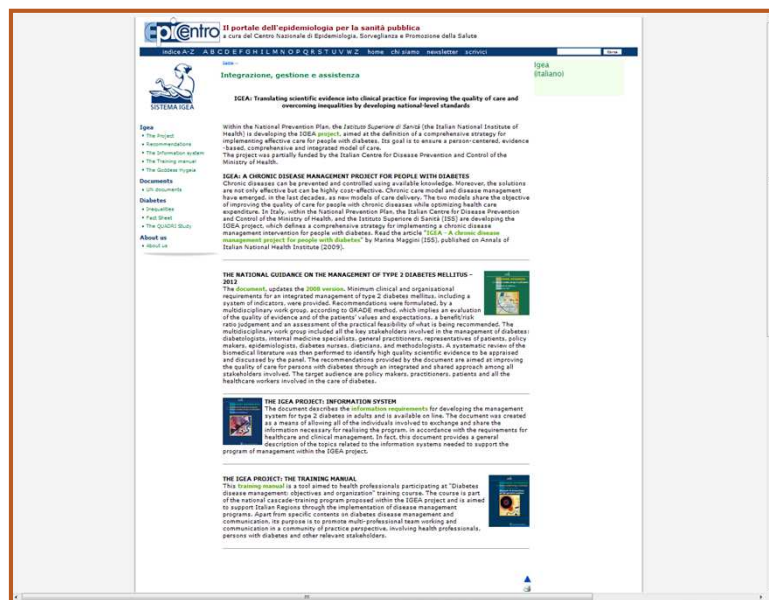
- ✓ evidence-based guidelines
- ✓ clinical pathways for diabetes
- ✓ informative systems
- ✓ therapeutic education of patients
- ✓ training of operators



IGEA Project



The IGEA Project



Website

(www.epicentro.iss.it/igea/en)



- Guidelines on organisational requirements for management of T2D
- Guidelines on requirements of an informative system for management of T2D
- Training manual and training courses for operators
- Document on clinical pathways



Present and near future

- IGEA from Project to System for the integration of treatment and care for people with NCDs
- NPP 2014–2018
 - prevention of diabetes will be addressed in the context of chronicity prevention
 - prevention of NCDs will be concentrated on
 - ✓ health promotion
 - ✓ primary prevention
 - ✓ early detection of the diseases



*Thanks
for your attention!*

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