



Work Package 5: Good practices in health promotion and prevention of chronicity

Task 3: Identification of good practices

Work package 5_review of main goal

This WP aims to:

identify highly promising, cost-effective and evaluated health promotion and CD prevention practices mainly for diabetes type II, CVD & stroke.

The focus will be:

on activities that address major risk factors such as **poor diets, physical inactivity, smoking and alcohol abuse** as well as the wider determinants that influence the development of chronic diseases (particularly diabetes type II, cardiovascular diseases and stroke).

A central focus will be put on:

eliminating health inequalities, and a specific focus on addressing the needs of elderly and disadvantaged groups such as migrants, lower socio-economic groups, and unemployed people.

3 practices will be selected by each MS

Task 3. Identification of good practices

TIME LINE: January 2015 – June 2015

Task. 3.1. Each partner involved in this WP will identify 3 good practices from their country that match the agreed criteria/standards (send by the Task 2 leaders). All three good practices will be entered in the provided template and send to YPE GR.

January 2015 - end of April 2015

Task. 3.2. YPE GR will collect all the above templates and develop an English summary (according to a given template) for each of the practices identified.

May 2015 – end of June 2015

- exchange feedback with partners for additions or changes to the good practices summaries and finalize summaries of good practices descriptions in agreement with partners

GR in collaboration with WP4 partners

Things to consider

- Is the timeline January 2015 - end of June 2015 feasible ?
- Where/how to look for good practices at a national level ?
- Be sure to follow the agreed standards of good practices!
- Many good practices to choose from ?
- Few or none ? (Do we bend the criteria?)