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ÄLTER WERDEN



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Aufklärung



EU SUMMIT *ON* CHRONIC DISEASES

THE 2014 EU SUMMIT ON CHRONIC DISEASES

Addressing the medical, social and economic burden of chronic diseases in the EU

Brussels, 3 and 4 April 2014



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Quick overview on chronic diseases

- Major share of burden of disease in Europe
 - Responsible for 86% of all deaths
 - 80% of people aged over 65 affected
- Major challenge for health and social systems
- ! Around 80% of health care budgets in EU spent on treatment
- ! Only 3% for prevention





Objectives

- **Discuss medical, social and economic benefits of sustainable investments in health**
- **Explore ways to address chronic diseases effectively**
- **Strengthen the prevention and management of chronic diseases**
 - **With a focus on EU added value and action**





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First EU summit on chronic diseases

➤ Goal

**Jointly develop recommendations
to overcome the rising burden of chronic diseases**



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Participants

- **Representatives of Member States**
 - **Ministries of Health**
- **Non-governmental organizations**
- **Interest groups**
- **Stakeholders**
- **Professional groups**
- **Business operators**
- **Academics**
- **EU institutions**
 - **Almost 500 participants**





Workshops (3 April 2014) - I



- **Workshop 1:** Addressing major chronic diseases in Europe - added value through EU action
- **Workshop 2:** Healthy ageing strategies for active older people – from disease to functions
- **Workshop 3:** Effective frameworks for the prevention and management of major chronic diseases
 - ✓ Juan E. Riese: **A Joint Action to address chronic diseases: joining efforts at EU level**



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Workshops (3 April 2014) – II

- **Workshop 4:** Investing in health – economic and social aspects of chronic disease prevention and management
- **Workshop 5:** Acting more efficiently on risk factors and determinants - Innovation in prevention and rebalancing prevention and treatment



Plenary sessions (4 April 2014)

- **High level plenary session**
- **Attended by various Ministers of Health**
- **Opening and final remarks**
 - **Tonio Borg**
EU Commissioner for Health
European Commission





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Value of investing in health

Investing in health implies:

- Investing in sustainable health systems
 - Health as human capital
 - Investing in reducing health inequalities
- Through evidence based, targeted, outcome oriented actions



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Recommendations

- **Strengthen political leadership to address chronic diseases**
- **Target key societal challenges**
- **More efficient use of available resources**
- **Strengthen the role/involvement of citizens, patients, health/social sector**
 - **In policy development and implementation**
- **Strengthen evidence and information**





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First EU summit on chronic diseases



Calls for a coalition involving all relevant sectors across society, patients and citizens, to address chronic diseases.

By acting together, the needed reinforcement of resources and efforts is possible



**Do not only add years to life,
but also add life to years!**